

Everyday Theology of the Body
and
Spirit of Truth

Standards for Christian Anthropology Correlations Guide



Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
K	Lesson 2: Jesus has a Heavenly Father	Mini-Lesson 1: Father, Son, Holy Spirit and Me	K.2.2 TOB Recognize that the human person has a special relationship with God in comparison to animals. (TOB 5-6; CCC 356, 358, 380)
K	Lesson 3: Jesus Is Mary's Son	Mini-Lesson 4: God Made Me a Boy or a Girl	K.5.1 TOB Discuss how man images the communion of God; three persons in one God. (TOB 5-7, 9:2-9:3, 19:1; CCC 299, 343, 355-357)
K	Lesson 9: Jesus Loves and Heals the Sick	Mini-Lesson 6: God Wants Me to Love Others	K.1.1 TOB Express that creation is a gift from God who is loving. (TOB 13:2-3; CCC 301, 356)
K	Lesson 15: Jesus Was Baptized	Mini-Lesson 5: I am Loved—Knowing God's Love for Me Helps Me Know Myself	K.1.1 TOB Express that creation is a gift from God who is loving. (TOB 13:2-3; CCC 301, 356)
K	Lesson 16: Jesus Performed Miracles	Mini-Lesson 3: Why Am I Special? Recognizing Our Self-Worth	K.1.1 TOB Express that creation is a gift from God who is loving. (TOB 13:2-3; CCC 301, 356)
K	Lesson 16: Jesus Performed Miracles	Mini-Lesson 7: God Wants Us to Care for Creation	K.2.1 TOB Discuss that it is unique to human beings to care for creation. (TOB 6:4; CCC 307, 373)
K	Lesson 29: Jesus Wants Us to Be Saints	Mini-Lesson 2: God's Love—What God's Love for Us Shows Us about Being Human	K.2.2 TOB Recognize that the human person has a special relationship with God in comparison to animals. (TOB 5-6; CCC 356, 358, 380)

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
1	Lesson 1: God Is Our Father and We Are His Children	Mini-Lesson 1: My Father Made Me, My Father Loves Me	1.11.1 TOB Recognize that each person is unique and unrepeatable. (TOB 20:5; CCC 357, 366)
1	Lesson 3: God Created Everything Out of Love	Mini-Lesson 2: God Gave Me a Body: Why the Body Matters	1.1.1 TOB Express a sense of wonder for all of God's creation. (TOB 2-3, 13:2; CCC 299)
1	Lesson 7: God Gave Us His Son So We Could Go To Heaven	Mini-Lesson 3: God Gave Me a Family	1.10.1 TOB Recognize that true freedom comes by choosing the good. (TOB 13:3; CCC 1696, 1730, 1733)
1	Lesson 19: God's Grace Helps Us to Become Saints	Mini-Lesson 4: God Wants Me to Love Him	1.10.1 TOB Recognize that true freedom comes by choosing the good. (TOB 13:3; CCC 1696, 1730, 1733)
1	Lesson 25: Who is Mary	Mini-Lesson 5: God Wants Me to Love Others	1.10.1 TOB Recognize that true freedom comes by choosing the good. (TOB 13:3; CCC 1696, 1730, 1733)
1	Lesson 31: The Holy Spirit Teaches and Guides Us	Mini-Lesson 6: How the Holy Spirit Guides Me	1.11.2 TOB Recognize that God calls us to make a gift of ourselves in love. (TOB 46:6, 78:3; CCC 357, 1878, 2196, <i>Gaudium et Spes</i> 24:3)
1	Lesson 35: At Mass, God's Word Is Proclaimed to Us	Mini-Lesson 7: God Gives Us the Sacraments	1.1.2 TOB Recognize the goodness of creation. (TOB 13:3; CCC 280, 339)

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
2	Lesson 2: God Made Us in His Image and Likeness	Mini-Lesson 1: Our Bodies Are Temples of the Holy Spirit	2.8.1 TOB Analyze how the body reveals that each person is made for relationship with God, others, and the world. (TOB 12:1, 13:4; CCC 340, 344, 371-373)
2	Lesson 6: We Meet God in the Sacraments	Mini-Lesson 2: Our Bodies and the Sacraments	2.2.1 TOB Articulate how and why we are made for relationship with God (Communion). (TOB 6:2; CCC 357-358, 374)
2	Lesson 9: Mary and Joseph	Mini-Lesson 3: Sacramentals and the Body	2.8.1 TOB Analyze how the body reveals that each person is made for relationship with God, others, and the world. (TOB 12:1, 13:4; CCC 340, 344, 371-373)
2	Lesson 16: Jesus is Our Model for Holiness	Mini-Lesson 4: Prayer and the Body	2.6.1 TOB Express that man is called to give himself through love as "Gift." (TOB 15:1; CCC 357, 1878, 2196; <i>Gaudium et Spes</i> 24:3)
2	Lesson 36: The Mass Is the Memorial of Christ's Death	Mini-Lesson 5: How We Use Our Bodies to Worship During Mass	2.2.1 TOB Articulate how and why we are made for relationship with God (Communion). (TOB 6:2; CCC 357-358, 374)
2	Lesson 40: Jesus Is Present in His Church, His Mystical Body	Mini-Lesson 6: The Body and Helping Those in Need	2.6.1 TOB Express that man is called to give himself through love as "Gift." (TOB 15:1; CCC 357, 1878, 2196; <i>Gaudium et Spes</i> 24:3)
2	Lesson 42: Mary is the Mother of the Church	Mini-Lesson 7: What Do Mary and the Saints Teach Us about How We Treat Our Bodies?	2.3.1 TOB Relate how we learn more about ourselves through our relationships with others. (cf. TOB 9:4, 12:3)

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
3	Unit 1, Lesson 3: The Trinity Shows Us How to Love	Mini-Lesson 1: The Holy Trinity and Our Bodies	3.2.1 TOB Give examples of man's unique relationship with God as set apart from the rest of creation: naming the animals, cultivating the earth, and choosing between good and evil. (TOB 5:4, 6; CCC 343, 356, 373, 378)
3	Unit 1, Lesson 6: The Incarnation: True God and True Man	Mini-Lesson 2: The Love of Jesus	3.2.1 TOB Give examples of man's unique relationship with God as set apart from the rest of creation: naming the animals, cultivating the earth, and choosing between good and evil. (TOB 5:4, 6; CCC 343, 356, 373, 378)
3	Unit 2, Lesson 8: Jesus Showed Us God's Love and Made Us Sharers in God's Divine Life	Mini-Lesson 3: The Holy Spirit and the Body	3.8.1 TOB Relate how the body reveals the person. (TOB 14:4; CCC 364-366, 371)
3	Unit 5, Lesson 4: The Sacrament of Holy Eucharist	Mini-Lesson 4: The Sacraments	3.8.1 TOB Relate how the body reveals the person. (TOB 14:4; CCC 364-366, 371)
3	Unit 5, Lesson 5: The Sacrifice of the Mass	Mini-Lesson 5: The Liturgical Calendar	3.2.1 TOB Give examples of man's unique relationship with God as set apart from the rest of creation: naming the animals, cultivating the earth, and choosing between good and evil. (TOB 5:4, 6; CCC 343, 356, 373, 378)
3	Unit 7, Lesson 3: Jesus' Ascension and the Descent of the Holy Spirit at Pentecost	Mini-Lesson 6: The Commandments	3.10.1 TOB Relate being connected to Jesus the True Vine (Jn 15:4-5) to manifesting the fruits of the Spirit (Gal 5:22-23). (cf. TOB 51; CCC 736, 1831-1832, 2074)

3	Unit 7, Lesson 5: We Experience the Church in Our Parish	Mini-Lesson 7: The Church	3.10.1 TOB Relate being connected to Jesus the True Vine (Jn 15:4-5) to manifesting the fruits of the Spirit (Gal 5:22-23). (cf. TOB 51; CCC 736, 1831-1832, 2074)
---	--	---------------------------	--

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
4	Unit 1, Lesson 4: Made in God's Image and Likeness:	Mini-Lesson 1: The Father's Love for Us	4.5.1 TOB Extrapolate how man is created in God's image through the communion of persons. (TOB 9:3, 14:6; CCC 355-357)
4	Unit 3, Lesson 3: Why Do We Sin?	Mini-Lesson 5: Sin and Mercy	4.9.1 TOB Recognize that suffering is a result of the Fall and that suffering can make it difficult for us to see the gifts of God. (cf. TOB 26:4-5, 27:1-2; CCC 385, 400, 402, 404-405)
4	Unit 4, Lesson 5: The Ten Commandments: The First through Third Commandments	Mini-Lesson 2: Commandments 1-3	4.9.2 TOB Relate how Christ nourishes communion through the gift of himself in the Eucharist. (TOB 99:1; CCC 1391, 1392)
4	Unit 4, Lesson 6: The Ten Commandments: The Fourth through Tenth Commandments	Mini-Lesson 3: Commandments 4-10	4.5.1 TOB Extrapolate how man is created in God's image through the communion of persons. (TOB 9:3, 14:6; CCC 355-357)
4	Unit 5, Lesson 3: Jesus Teaches Us How to Live the Corporal Works of Mercy	Mini-Lesson 6: Corporal Works of Mercy	4.11.1 TOB Demonstrate how through our work we make a gift of ourselves. (cf. TOB 6:4, 7:2; CCC 2427-2428)
4	Unit 5, Lesson 4: Mercy's Work of Showing God's Love	Mini-Lesson 7: Spiritual Works of Mercy	4.7.1 TOB Connect how virtues (which have to do with man's inner life) are expressed through the body. (TOB 51:5-6, 53:4, 54:2-55:7; CCC 2516, 2520-2524)
4	Unit 6, Lesson 2: The Sermon on the Mount	Mini-Lesson 4: The Beatitudes and the Theology of the Body	4.7.1 TOB Connect how virtues (which have to do with man's inner life) are expressed through the body. (TOB 51:5-6, 53:4, 54:2-55:7; CCC 2516, 2520-2524)

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
5	Unit 1, Lesson 1: Exploring God's Communication of Himself through Creation with Sacred Art	Mini-Lesson 1: Made in God's Image	5.1.1 TOB Compare and contrast ancient myths of creation to Sacred Scripture and God's goodness in creating. (cf. TOB 13:2-4; CCC 285, 287-301)
5	Unit 1, Lesson 3: God Speaks to Us through Visible Creation	Mini-Lesson 2: Physical Signs, Spiritual Realities	5.9.1 TOB Recognize that Jesus reveals the love of the Father. (TOB 23:4, 67:5; CCC 606-607; 1823)
5	Unit 2, Lesson 3: The Sacraments: Not Merely Symbols	Mini-Lesson 3: The Sacraments of Initiation and the Body	5.9.1 TOB Recognize that Jesus reveals the love of the Father. (TOB 23:4, 67:5; CCC 606-607; 1823)
5	Unit 6, Lesson 1: The Sacraments of Healing	Mini-Lesson 4: The Sacraments of Healing and the Body	5.9.1 TOB Recognize that Jesus reveals the love of the Father. (TOB 23:4, 67:5; CCC 606-607; 1823)
5	Unit 8, Lesson 1: Sacraments at the Service of Communion	Mini-Lesson 5: Sacraments at the Service of Communion	5.6.1 TOB Demonstrate that man comes to know himself through a gift-of-self. (TOB 22:4; CCC 357; <i>Gaudium et Spes</i> 24:3)
5	Unit 8, Lesson 6: Marital Love and the Divine Love of God.	Mini-Lesson 6: Social Teaching and Theology of the Body Part 1	5.4.1 TOB Explain how original nakedness refers to seeing the world and others as God sees; as Gift. (TOB 13, 14:2; CCC 337, 339, 377, 2531)
5	Unit 9, Lesson 5: What Is the Priesthood of the Faithful?	Mini-Lesson 7: Social Teaching and Theology of the Body Part 2	5.9.1 TOB Recognize that Jesus reveals the love of the Father. (TOB 23:4, 67:5; CCC 606-607; 1823)

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
6	Unit 3, Lesson 2: The Story of Creation	Mini-Lesson 1: Our Bodies and Creation	6.1.1 TOB Exhibit wonder and awe at the generosity of God in the gifts of His abundant and beautiful creation. (TOB 2-3, 13:2; CCC 293-295, 341)
6	Unit 3, Lesson 3: Adam and Eve	Mini-Lesson 2: The Fall of Our Bodies	6.7.1 TOB Describe how the body-soul unity reveals man's special
6	Unit 3, Lesson 5: Noah and the Great Flood	Mini-Lesson 3: Theology of the Body in the Story of Noah	6.4.2 TOB Exhibit the virtue of reverence for God, his creation, and other people by treating them with respect and honor, for God is all good and his creation is a good gift. (TOB 14:4, 15:4, 119-120, 132:1; CCC 2096-2097, 2415-2418, 2479)
6	Unit 4, Lesson 4: Isaac	Mini-Lesson 4: Abraham and Hagar and the Sacrifice of Isaac	6.4.2 TOB Exhibit the virtue of reverence for God, his creation, and other people by treating them with respect and honor, for God is all good and his creation is a good gift. (TOB 14:4, 15:4, 119-120, 132:1; CCC 2096-2097, 2415-2418, 2479)
6	Unit 5, Lesson 5: God Continues to Save Us from Sin: The Parting of the Red Sea and the Ten Commandments	Mini-Lesson 5: Theology of the Body in the Story of Moses	6.2.2 TOB Explain how original solitude means the experience of man's being alone-with-God; his unique relationship to God. (TOB 6:2; CCC 374-375)
6	Unit 6, Lesson 3: The Davidic Covenant	Mini-Lesson 6: The Story of David	6.4.1 TOB Define "original nakedness" as experiencing the true and clear vision of the person; as gift and in God's image. (TOB 13:1; CCC 337, 339, 377)
6	Unit 7, Lesson 8: Jesus Makes a New Covenant with Us	Mini-Lesson 7: Theology of the Body Principles Revealed in the New Covenant	6.8.1 TOB Explain how the human body is a visible sign (a "sacrament") of God's invisible love. (TOB 19:4; CCC 355-356, 364)

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
7	Unit 1, Lesson 4: Physical and Sexual Growth:	Mini-Lesson 6: Purity and Chastity	7.10.1 TOB Explain how Christ does not accuse but instead appeals to the human heart to be pure. (TOB 45:5, 46:5-6, 49:7; CCC 2517-2519)
7	Unit 1, Lesson 6: Social Growth	Mini-Lesson 4: The Spousal Meaning of the Sacraments	7.6.1 TOB Evaluate actions for self-mastery and describe how actions of self-mastery free one to make a full gift-of-self. (TOB 15:1-4, 32:6; CCC 2339, 2340, 2343, 2346)
7	Unit 1, Lesson 8: Growth in the Virtues and in the Gifts and Fruits of the Holy Spirit	Mini-Lesson 5: Discipleship	7.1.2 TOB Provide examples of rightly ordered desire, given by God, and disordered "desire." (TOB 48:4; CCC 374-379, 400, 2514-2516, 2517-2520, 2528-2531, 2541, 2543-2544, 2546, 2548-2549, 2555, 2557)
7	Unit 2, Lesson 7: The Incarnation	Mini-Lesson 1: The Word Became Flesh	7.1.1 TOB Explain that even after the Fall, creation remains a good gift and is not totally corrupted; it is able to be redeemed. (cf. TOB 32:3, 86; CCC 410-412, 422, 1045-1048)
7	Unit 2, Lesson 8: Jesus' Life, Passion, Death, and Resurrection	Mini-Lesson 3: The Paschal Mystery	7.1.1 TOB Explain that even after the Fall, creation remains a good gift and is not totally corrupted; it is able to be redeemed. (cf. TOB 32:3, 86; CCC 410-412, 422, 1045-1048)
7	Unit 2, Lesson 10: The Gospel of Mark	Mini-Lesson 2: The Signs and Wonders of Jesus	7.1.1 TOB Explain that even after the Fall, creation remains a good gift and is not totally corrupted; it is able to be redeemed. (cf. TOB 32:3, 86; CCC 410-412, 422, 1045-1048)
7	Unit 4, Lesson 2: Prayer and Spirituality	Mini-Lesson 7: Prayer and Spirituality	7.7.1 TOB Explain the body-soul unity in the human person from the standpoint of the "language of the Body." (TOB 9:4, 10:1, 14:6, 15, 16:1-2, 23:4-5, 123:4-5, 125: 1-2, 127:4; CCC 2518, 2521-2524)

Grade Level	Spirit of Truth Lesson	Suggested Everyday Theology of the Body Mini-Lesson	Christian Anthropology Standard
8	Unit 1, Lesson 2: Image and Likeness:	Mini-Lesson 1: We Are Body and Soul	8.12.1 TOB Explain what will happen to the body at the Resurrection. (cf. TOB 64-72; CCC 997-1001)
8	Unit 1, Lesson 3: Vocation of Love	Mini-Lesson 2: The Universal Call to Holiness	8.5.1 TOB Compare how the loving communion of man and woman is like that of the Trinity, a communion of persons who are love and who in giving and receiving are fruitful. (TOB 9:1-3, 10:4, 14:6, 15:1; CCC 355-357)
8	Unit 1, Lesson 6: The Family in God's Plan	Mini-Lesson 3: Created Male and Female	8.5.1 TOB Compare how the loving communion of man and woman is like that of the Trinity, a communion of persons who are love and who in giving and receiving are fruitful. (TOB 9:1-3, 10:4, 14:6, 15:1; CCC 355-357)
8	Unit 5, Lesson 4: Expressions of Love	Mini-Lesson 4: God's Plan for Human Sexuality	8.5.1 TOB Compare how the loving communion of man and woman is like that of the Trinity, a communion of persons who are love and who in giving and receiving are fruitful. (TOB 9:1-3, 10:4, 14:6, 15:1; CCC 355-357)
8	Unit 5, Lesson 6: Offenses against Chastity and Marital Love, Part 1	Mini-Lesson 5: Offenses against Chastity Part 1	8.1.1 TOB Propose that creation should be received as a gift and not manipulated, dominated and controlled. (cf. TOB 13:3-4, 59:3; CCC 358, 373)
8	Unit 5, Lesson 6: Offenses against Chastity and Marital Love, Part 2	Mini-Lesson 6: Offenses against Chastity Part 2	8.1.1 TOB Propose that creation should be received as a gift and not manipulated, dominated and controlled. (cf. TOB 13:3-4, 59:3; CCC 358, 373)
8	Unit 5, Lesson 9: Resisting Temptation and Relying on God and His Grace	Mini-Lesson 7: Mercy and Redemption	8.6.1 TOB Give examples of how a person is pure in heart, that is, when he/she perceives and respects others as a gift and seeks to make a gift of him/herself to others. (TOB 50, 54, 57:3; CCC 2518, 2519)