

Grade 1 Liturgical Pacing Sequence



Catechist's Note

If you would like to sequence the year liturgically please refer to the plan below. The overall goal of teaching liturgically is to connect the students with the universal Church. The Church as the Bride of Christ participates in a cycle of feasts to live in step with Jesus the Bridegroom. Every year we attempt to meditate and respond to Jesus by recalling and commemorating the events of His earthly life, and His work for our salvation. All liturgical action with the Church flows from the Liturgy at Mass, and likewise, your liturgical sessions should reinforce what the students are experiencing in the liturgy at their parish.

Ordinary Time (*August–November*)

This season emphasizes the public ministry of Jesus and reveals the mission that He accomplished during the pinnacle of the Liturgical Year, the Triduum. If you would like to introduce the Liturgical Year in general, see the last pages of this Appendix for an introductory activity.

Sessions for Ordinary Time

Timing	Unit and Session	Liturgical Connection
August or September	Unit 1 Session 3: God Created Everything Out of Love	Creation Story
September or October	Unit 2 Session 9: Jesus Taught Us How to Be Happy—The Beatitudes	Beatitudes, Sermon on the Mount, Parables
September or October	Unit 2 Session 10: Jesus Calls Us to Follow and Imitate Him	Christ Washing the Disciples Feet, Parable of the Wide and Narrow Gate
October or November	Unit 3 Session 12: Jesus Prayed to His Father	The Woman at the Well
November	Unit 3 Session 13: The Lord's Prayer	The Lord's Prayer

Advent (*November–December*)

Advent is the liturgical season before Christmas that prepares our hearts for the mystery of the Incarnation. Early in the Advent season is the feast of the Immaculate Conception. The Immaculate Conception is the teaching that Mary was preserved from Original Sin through the merits of Her Son Jesus Christ in order to be prepared to receive the gift of Her son Jesus. Jesus assumed His human nature because of Mary's Fiat. His human body and blood came from His mother, and because of

Mary's Immaculate Conception, Jesus did not receive the inheritance of Original Sin. The season of Advent is particularly Marian as we walk with Mary through the weeks before the birth of her son. The below sessions contain elements of learning, contemplating, and valuing the Person of Jesus who is born at Christmas. If at all possible leave Christmas celebrations until the last day before break or ideally until January.

Sessions for Advent		
Timing	Unit and Session	Liturgical Connection
November or December	Unit 2 Session 6: Who is Jesus?— The Incarnation	Annunciation
December	Unit 6 Session 25: Who Is Mary	The Fall, Mary as the New Eve
December	Unit 6 Session 26: Mary Show Us How to Love God	Annunciation
December	Unit 8 Session 34: The Old Testament and the New Testament	Prophet
December (<i>may be used after Christmas as well</i>)	See pg. 698 of this Appendix	

Christmas (*December–January*)

In the Church, Christmas is a short but beautiful season. It is the celebration of the Revelation of the invisible God in the visible Person of Jesus. The word “Epiphany” is the central word for this season. The Church opens the season with the revelation of the Messiah to the Shepherds, then the Magi from the East, and culminates in the Baptism of the Lord when God the Father announces, “This is My Beloved Son, in whom I am well pleased.” The secular world starts early and ends Christmas early, but Christmas celebrations in the Church begin at Midnight Mass on Christmas Eve and continue well into January.

Sessions for Christmas		
Timing	Unit and Session	Liturgical Connection
January (<i>if not used during Advent</i>)	See pg. 698 of this Appendix	
January	Unit 4 Session 18: Baptism Makes Us Members of God's Family	Baptism in the Jordan

Lent (*February–April*)

The season of Lent is another season of preparation for the Triduum and the Easter season. This season is marked by increased prayer, fasting, and almsgiving so that we can prepare our hearts for the commemoration of the Paschal mystery. It is a season for training the soul. The following sessions focus on topics of salvation from sin, and the importance of responding to the call of Jesus to walk with Him on the road to Calvary. Towards the end of Lent, you may wish to skip ahead to the sessions for the Triduum which highlight the Paschal Mystery.

Sessions for Lent		
Timing	Unit and Session	Liturgical Connection
February or March	Unit 4 Session 15: God's Plan for Us: Adam and Eve, Our First Parents	Creation, Adam and Eve
February or March	Unit 4 Session 16: The Fall and Its Aftermath	The Fall
March or April	Unit 4 Session 17: God Still Loves Us and Saves Us from Sin	The Great Commission
March or April	Unit 2 Session 8: Jesus Shows Us How to Love God and Love Our Neighbor	Jesus with the children; Agony in the garden; Finding of Jesus in the Temple; Love of neighbor

Triduum & Easter (*April–May*)

This is the pinnacle of the Liturgical Year. All previous seasons point to and culminate in the celebration of the Paschal Mystery.

Sessions for Triduum & Easter		
Timing	Unit and Session	Liturgical Connection
March or April (Before Easter)	Unit 5 Session 23: Jesus Gives Himself to Us in the Eucharist	Last Supper
March or April (Before Easter)	Unit 5 Session 24: We Worship as a Community in Our Parish	The Priesthood
March or April (Before Easter)	Unit 5 Session 20: Jesus Dies for Our Sins	Crucifixion
March or April	Unit 5 Session 21: Jesus Rose from the Dead	Resurrection, Ascension
April or May	Unit 8 Session 35: At Mass God's Word Is Proclaimed to Us	Road to Emmaus

Pentecost (*May-June*)

This season, which begins 50 days after Easter and usually falls in May or June, is an opportunity to help students grow in their knowledge about the Holy Spirit. The life and holiness of the Church depend on the actions of the Holy Spirit. For that reason, sessions after Pentecost and moving into the summer months of Ordinary Time can focus on the life of the Trinity within the Church.

Sessions for Pentecost

Timing	Unit and Session	Liturgical Connection
May or June	Unit 7 Session 29: Who Is the Holy Spirit?	Holy Spirit, the Advocate
May or June	Unit 7 Session 30: The Holy Spirit Was Sent by the Father and the Son	Pentecost
May or June	Unit 4 Session 19: God's Grace Helps Us to Become Saints	Fruits of the Holy Spirit, Parable of the Sower
May or June	Unit 7 Session 31: The Holy Spirit Teaches and Guides Us	Gifts of the Holy Spirit