



SPIRIT of TRUTH PARISH EDITION

Grade 1 Scope and Sequence

Sessions	Key Concepts	Scripture Studied	Vocabulary
Unit 1: God Is the Creator of All Things			
• Session 1: Who Is God? The Trinity	The mystery of the Holy Trinity is that God is three Persons in one God. The three Persons of the Trinity are God the Father, God the Son, and God the Holy Spirit. God has revealed to us that He is a Trinity.	Genesis 1:1-31; 2:2-3; Matthew 19:16-29	Trinity; Father; Son; Holy Spirit; Person
• Session 2: The Attributes of God	God is love, and He made us out of love. We show God's love when we love others. God is all powerful and all knowing. Even though God is all knowing, He calls us to Himself and wants us to share with Him our joys and sadnesses.		All Knowing; All Powerful
• Session 3: We Pray to and Worship God	We listen to and talk with God when we pray. God is deserving of our praise and worship. The example of St. Martin of Tours shows us how to recognize Jesus in others. We are called to put the needs of our friends and family before our own.		Worship
• Session 4: God Created Everything out of Love	God is love and created everything that exists—the heavens and the earth—out of love. God created everything out of nothing, using only His Word. Everything that God creates is good. Human beings are made in God's image and likeness.		Free Will; Love; Reason
• Session 5: God Is Our Father	God is a loving Father who knows and cares for each of us. We are God's children and are made in His image and likeness. When we choose to disobey God, we hurt Him, our families, and ourselves. Jesus told parables to show us about God's love and how to live.		Parable



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Unit 2: God's Plan of Salvation			
• Session 6: Adam and Eve before the Fall	God created all things, including all of the animals and human beings. Because only humans were created in God's image and likeness, God loves us in a special way. God gave human beings the special responsibility of being the stewards of creation.	Mark 16:16; John 3:16; 1 Corinthians 15:3-4; Ephesians 1:9	Steward
• Session 7: Original Sin	God gave Adam and Eve one command: not to eat of the fruit of the Tree of Knowledge of Good and Evil; and they disobeyed that command. The serpent lied to and tempted Eve (and Adam). The first sin is called the Original Sin. It is inherited by all human beings and is washed away by the Sacrament of Baptism.		Adam; Concupiscence; Eve; Genesis; Original Sin
• Session 8: We Sin When We Fail to Love God and Each Other	Sin is a deliberate offense against God. It is something we say, think, do, or fail to do that is against the eternal law of God. There are two kinds of sin: mortal and venial. We sin when we fail to love God, our neighbor, or ourselves.		Grace; Mortal Sin; Sin; Venial Sin
• Session 9: God Loves Us Even Though We Sin	God's love is faithful. Even though Adam and Eve disobeyed God and sinned, God promised to save them and us from sin, suffering, and death. God enacted a plan of salvation throughout Salvation History that culminated in the Death and Resurrection of His only Son, Jesus Christ. We receive the gift of salvation today in and through the Catholic Church.		Disciple; Faithful; Gospel
• Session 10: Baptism Makes Us Members of God's Family and the Church	Baptism is necessary for salvation from sin. Jesus was baptized as an example for us to imitate. Baptism forgives all sin, even Original Sin, gives us new life in Christ and fills us with sanctifying grace, makes us members of the Church, and imprints an indelible spiritual mark on our souls. Baptism makes us temples of the Holy Spirit.		Baptism; Sanctifying Grace; Temple of the Holy Spirit
• Session 11: God Calls Us to Be Saints	A saint is someone who has died and whose soul is in Heaven with God. God calls each of us to be a saint. The saints are models of holiness, of how to love God and love our neighbor. Jesus taught us how to be holy and how to treat others.		Corporal Works of Mercy; Saint



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Unit 3: Jesus Is God’s Son			
• Session 12: Who Is Jesus? The Incarnation	The Incarnation is the essential teaching of the Christian faith that the Son of God assumed a human nature in order to accomplish our salvation. Jesus was born of a woman, Mary, by the power of the Holy Spirit. Jesus is fully God and fully man, possessing two natures, one divine and one human, united in the one Person of God's Son.	Matthew 5:3-12; Luke 1:26-38; John 13:4-5, 12-15	Annunciation; Emmanuel; Incarnation; Messiah; Nature
• Session 13: Jesus Shows Us How to Love God and Our Neighbor	Jesus is our model of holiness. Jesus teaches us the two Great Commandments: to love God and to love our neighbor.		Commandment; Maxim; Ten Commandments
• Session 14: Jesus Taught Us How to Be Happy	Jesus taught us how to achieve perfect happiness in Heaven with God by living our purpose here on earth and following the Beatitudes. The Beatitudes call us to the Kingdom of Heaven. Jesus taught us about the Kingdom of Heaven with parables.		Beatitude; The Beatitudes; Imperfect Happiness; Kingdom of Heaven; Perfect Happiness; Sermon
• Session 15: Jesus Calls Us to Follow and Imitate Him	Jesus gave us an example to follow so that we can go to Heaven. It is not always easy to follow Jesus. It is always right and good to follow Jesus' example, even when it is hard or does not make us immediately happy. Jesus sent us the Holy Spirit to help us imitate and follow Him.		No Vocabulary
Unit 4: Jesus Taught Us How to Pray			
• Session 16: What Is Prayer?	Prayer is a gift from God. God thirsts that we may thirst for Him. Prayer comes from our heart, where we encounter God and enter into a covenant with Him. Jesus prayed and teaches us how to pray. Mary, Jesus' mother, is a role model for how to pray.	Mark 1:35; 6:38-44; 15:33-37; Luke 1:35, 38; 9:28; John 4:6-15	Prayer
• Session 17: The Lord's Prayer	The Our Father is the perfect prayer. With the Our Father, Jesus taught us how to pray and what to pray for. When we pray the Our Father, we ask for God's will to be done, for His reign to extend over all things, that He take care of our needs, forgive our sins, and help us to forgive others, and that He help us to avoid sin and evil.		Amen; Hallowed; Our Father (Lord's Prayer); Temptation
• Session 18: The Types of Prayer	The different forms of prayer come from the traditions of the Church, Scripture, and the Holy Spirit. The five forms, or types, of prayer are blessing and adoration, praise, petition, intercession, and thanksgiving.		Adoration; Intercession; Petition; Praise; Thanksgiving



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Unit 5: The Paschal Mystery and the Mass			
• Session 19: Jesus Died for Our Sins	We are all sinners and are in need of being saved. God sent his only Son to us to be our Savior. Jesus gave His life on the Cross and rose from the dead on the third day so that we could be forgiven of our sins. Jesus calls us to take up our crosses and follow in His example of redemptive suffering.	Matthew 28:18-20; Luke 22:14-20; John 14:2-3	Lamb of God; Sacrifice; Salvation; Savior
• Session 20: Jesus Rose from the Dead and Ascended into Heaven	Because Jesus rose from the dead, we have been saved from sin and death, and it is now possible for us to enter Heaven. Forty days after His Resurrection Jesus ascended into Heaven and is now seated at the Father's right hand; from there He will come to judge the living and the dead at the end of time. The Passion, Death, and Resurrection of Jesus is the Paschal Mystery. Jesus endured all that He did so that He could prepare a place for us in Heaven.		Ascension; Paschal Mystery; Redeem; Resurrection
• Session 21: The Mass Is the Memorial of Jesus' Passion, Death, and Resurrection	The Mass is the memorial of Christ's sacrifice on the Cross and Resurrection from the Dead. At every Mass, the events of our salvation are made present to us on the altar in the Sacrament of the Holy Eucharist, and we are invited to take part in this memorial of our salvation. The Mass has two parts: the Liturgy of the Word and the Liturgy of the Eucharist.		Liturgy; Liturgy of the Eucharist; Liturgy of the Word; Mass; Memorial
• Session 22: In the Mass Jesus Gives Us His Body and Blood	Jesus taught us that He is the Bread of Life and that we must eat His Body and drink His Blood in order to have eternal life. At the Last Supper Jesus instituted the Eucharist by changing bread and wine into His Body and Blood. The Eucharist is spiritual food that nourishes our souls.		Bread of Life; Covenant; Eucharist
• Session 23: We Worship as a Community in Our Parish	Each of us is a member of a family, which is the primary unit of the Church community. The worldwide Church is led by the pope and is organized into dioceses, led by bishops, and parishes, led by pastors and priests. We worship as a community in our parishes. The members of the Church are the Body of Christ.		Bishop; Body of Christ; Diocese; Parish; Pope; Priest



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Unit 6: Mary Is the Mother of God			
• Session 24: Who Is Mary?	Mary is the Mother of God, the Queen of Heaven, and the New Eve. Mary was conceived without the stain of Original Sin. This is called the Immaculate Conception. She remained sinless throughout her life. Mary was assumed, body and soul, into Heaven at the end of her earthly life. Mary's yes to God's plan reversed Eve's no in the Garden of Eden, allowing for the birth of her Son, Jesus Christ, and for His forgiveness and salvation.	Luke 1:26-38; John 2:1-11	Assumption; Immaculate Conception; Mother of God (<i>Theotokos</i>); Queen of Heaven
• Session 25: Mary Is the Model for All Christians	Mary was Jesus' first disciple and said yes to God. Mary is the perfect example for us of how to follow Jesus and be His disciples, too. Jesus hears the requests that Mary brings to Him. Jesus gave His mother to us to be our mother and the mother of the Church.		<i>Fiat</i> ; Handmaid
• Session 26: Mary's Intercession	Jesus listens to the request of His mother. Mary is our advocate and intercedes for us in prayer. We can pray for others. The Rosary is a gift of prayer from Mary, our mother.		Advocate; Decade; Mysteries of the Rosary; Rosary
Unit 7: The Holy Spirit Makes Us Holy			
• Session 27: Who Is the Holy Spirit?	The Holy Spirit is the third Person of the Trinity. Jesus promised to send the Holy Spirit to teach us and guide us. The sacred authors of Scripture used many symbols for the Holy Spirit to help us understand Him better.	Exodus 3:2; 30:31; Numbers 11:25; Isaiah 11:2-3a; 44:3; Matthew 3:16; Acts 2:1-4	<i>No Vocabulary</i>
• Session 28: The Holy Spirit Was Sent by the Father and the Son	The Hebrew word for <i>spirit</i> means "breath." God breathes the breath of life into each of us and fills us with His Holy Spirit. Jesus' promise to send the Holy Spirit was fulfilled on Pentecost, which is the birthday of the Church. The Holy Spirit continues to lead us to holiness in the Catholic Church.		Breath of Life; Pentecost; <i>Ruah</i>
• Session 29: The Holy Spirit Teaches and Guides Us	The Holy Spirit teaches us how to live holy lives, how to follow Jesus, how to pray, and how to share the Gospel with others. The gifts of the Holy Spirit are unique qualities or characteristics that Jesus possessed. The Holy Spirit inspires us to pray.		Gifts of the Holy Spirit; Litany; Sacrament



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Unit 8: Sacred Scripture			
• Session 30: In the Bible We Learn about God and the Plan of Salvation	In Scripture, we come to know the Father, the Son, and the Holy Spirit. Jesus fully reveals the Father to us and gives us the Holy Spirit. Scripture alone is not enough to know Jesus. Scripture and Tradition communicate to us God's revelation of Himself.	John 20:30-31; 21:25; 2 Timothy 3:16-17	Bible; Evangelist; Salvation History; Tradition
• Session 31: The Inspiration of Scripture	All of Scripture is inspired by God. Because it is inspired by God, the Bible contains no errors. God inspired the Scriptures so that we could know the truth of salvation. Jesus gave the Church the authority to teach in His name. We cannot truly understand the Bible without the guidance of the Church. The Holy Spirit protects the Church from error.		Inspiration
• Session 32: The Old Testament and the New Testament	The Bible is organized into the Old Testament and the New Testament. There are 46 Books in the Old Testament and 27 books in the New Testament. In the Old Testament, we learn about how God prepared His people for the Savior, Jesus Christ. The New Testament is about the life of Jesus, the early Church, and how Christians should live. Jesus fulfills the Old Testament.		New Testament; Old Testament; Prophet
• Session 33: At Mass, God's Word Is Proclaimed to Us	Scripture is proclaimed at every Mass. The Mass is in two parts: the Liturgy of the Word and the Liturgy of the Eucharist. We meet Jesus Christ in the Word of God. We receive Jesus Christ in the Eucharist. There are many signs at Mass that show us that the Word of God is sacred.		Word