

Sessions	Key Concepts	Scripture Studied
Unit 1: God Made Everything Good		
Session 1: We Believe	God made us and everything that is true, good, and beautiful. Because God made us, we naturally want to know Him. Prayer is a conversation with God. We can come to know God through Faith. Faith is a gift from God. We also choose to have faith.	Genesis 1:1-21, 27; Psalm 91:11; Matthew 28:19b; Mark 12:20b; Luke 1:56; 2:51; 10:27; 1 Corinthians 13:4-8a; Hebrews 11:3
Session 2: We Believe in One God	True things are always true. It is true that there is only one God. God is truth and love: His promises always come true.	
Session 3: God Is a Trinity	God is one God in three Divine Persons: the Father, the Son, and the Holy Spirit. The Trinity is a mystery. A mystery is a truth that is above our ability to understand on our own. The Trinity is like a family.	
Session 4: God Is Love and God Loves Us	God is love, and He loves us. Good parents love and protect their children; we are God's children, and He loves and protects us. Guardian angels help God protect us.	
Session 5: God Created All Things	God created everything in the world. Learning about creation is one way we can learn about God. Because God is good, creation is good.	
Session 6: God Made Us in His Image	Human beings are very special because God made us like Him. Like Him, we can think, we can make choices, and we can love. God wants us to make loving choices.	
Session 7: God Calls Us to Love Him and Each Other	God calls us to love Him above all. God calls us to love each other.	
Session 8: We Were Born to Be with God in Heaven	God intentionally and deliberately created each one of us. Human life is precious. God made us to be with Him in Heaven.	



Sessions	Key Concepts			
Unit 2: God Loves Us So Much He Sent His Only Son to Save Us From Sin				
Session 9: Adam and Eve and Original Sin	God created the first people, Adam and Eve. Adam and Eve disobeyed God and chose their wills over His. This disobedience is called sin. Adam and Eve's sin is called Original Sin.	Genesis 2:7; Psalm 136:26; John 11:35; 13:8; Matthew 2:10; 28:19; Luke 1:28, 42; 2:14, 32, 43, 46-47, 49, 51; John 19:27		
Session 10: We Sin When We Fail to Love God and Each Other	Because of Original Sin, death entered the world. Because of Original Sin, we tend to sin. Bad choices, sins, hurt God and our friends. As Christians, we should always try to make good choices.			
Session 11: Baptism Makes Us Members of God's Family	God still loved people after the Fall, and He sent His Son to take away our sins. Baptism forgives all sins, includung Original Sin, and makes us God's children. God loves all people, including the unbaptized. Since God loves everyone, and since Baptism makes us His children, He wants everyone to be baptized.			
Session 12: The Annunciation	God asked Mary to be Jesus' mother. Mary said yes to God. We call this beautiful event the Annunciation.			
Session 13: Mary Is the Mother of God	Mary is the Mother of God because she is the Mother of Jesus. Mary is our mother too.			
Session 14: The Birth of Jesus and the Three Wise Men	Jesus was born on Christmas. When He was born, the angels sang, "Gloria in excelsis Deo!" (Glory to God in the highest!) Three wise men came to worship Him. The tradition of the Nativity scene, or crèche, was started by St. Francis of Assisi.			
Session 15: The Presentation and the Finding in the Temple	Joseph and Mary dedicated their Baby to God. Jesus was obedient to His mother and father.			



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Unit 3: Jesus Teaches Us How to Live		
Session 16: Becoming Part of God's Family	Jesus teaches us how to live. Jesus was baptized, so we should be baptized. Jesus' first miracle was at the marriage at Cana. Marriage makes a man and a woman a husband and a wife. Jesus is in every marriage.	Matthew 5:12; 6:8; 16:18-19; 25:34; Luke 3:12; 10:33; 15:6, 20, 32; John 2:11; 9:5; 10:37; 13:34; 1 Peter 1:15
Session 17: Jesus Had Followers	Jesus' followers are called disciples. We are Jesus' disciples. If we follow Him, He will lead us to Heaven!	
Session 18: Jesus Teaches Us to Love Each Other	Jesus teaches us how to show love to God and each other. Jesus loved us so much that He gave His life for us. This is how we are to love.	
Session 19: Jesus Teaches Us to Be Happy and Holy	Everyone wants to be happy because God created us to be happy with Him in Heaven forever. When we are holy, we will be happy. Jesus teaches us how to be happy and holy. Being holy means giving up what we think we want right now, so we can get what we really need later. Being holy means living like Jesus.	
Session 20: Jesus Told Parables	Jesus taught His followers through parables. Parables are stories that teach us about God. Compassion for our neighbor is compassion for Christ.	
Session 21: Jesus Helps Those in Need	Jesus performed miracles so people would know He was God and to show God's love. Jesus taught us the Our Father prayer. The Our Father is our most important prayer. Our Father in Heaven knows what we need before we ask Him.	
Session 22: Jesus Founded the Church	Jesus founded the Catholic Church. He chose St. Peter to lead it. He gave St. Peter the keys to the Kingdom of Heaven.	
Unit 4: Jesus Is Our Savior		
Session 23: Jesus Gave Us the Eucharist at the Last Supper	Jesus gave us the Eucharist at the Last Supper. He changed bread and wine into His Body and Blood. Jesus is present in the Eucharist. He is still with us.	Genesis 3:19; Matthew 4:2; Mark 15:15; Luke 21:19; John 3:16; 20:16, 18, 28-29; Acts 1:9
Session 24: Jesus Died on the Cross to Save Us from Sin	Jesus was without sin. Jesus offered Himself for our sake. He was crucified. He suffered, died, and was buried. He died for our sins.	
Session 25: Jesus Rose From the Dead	The Son of God truly did die. On the third day, Jesus rose from the dead. The Resurrection is the most important moment in the history of the world. The Resurrection is the "crowning truth" of our Faith.	
Session 26: Lent	Lent is a special season for thinking about Jesus' sacrifice on the Cross. Jesus prayed and fasted in the desert for 40 days. Lent lasts 40 days. We pray in a special way during Lent, go without things we enjoy, and help the needy.	
Session 27: Easter	Easter is our celebration of Jesus' Resurrection. Jesus' disciples witnessed the Resurrection to the world. Because Jesus rose from the dead, we will rise from the dead. Jesus ascended into Heaven 40 days after His Resurrection. If we follow Jesus, we will go to Heaven too.	



Sessions	Key Concepts	
Unit 5: The Holy Spirit and the Church		
Session 28: Jesus Sent the Holy Spirit to Guide Us and Make Us Holy	Jesus told His disciples that He would always be with them. Symbols of the Holy Spirit include fire, a dove, and a cloud. The Holy Spirit guides us and makes us holy. We can pray to the Holy Spirit.	Matthew 28:20; Luke 22:19; John 1:17; 2 Timothy 1:6
Session 29: The Church Is God's House	Our house, or our home, is where we dwell. The Church is God's house, where His family dwells. Jesus called 12 men to serve Him in a special way. We call these men the Apostles. They became the first bishops, or leaders of the Church, in different parts of the world. Jesus still calls men in this special way. They are our bishops and priests.	
Session 30: The Sacraments	Jesus gave us seven Sacraments. The Sacraments are special ways in which Jesus gives us grace. St. Dominic Savio had a special love for Jesus in the Eucharist. St. Dominic Savio shows us how young people can lead holy lives.	
Session 31: The Saints	Saints are people who lived before us, who loved and followed Jesus, and who are now in Heaven.	
Session 32: The Ten Commandments	God always follows the gift of new life with the gift of rules that keep us safe and happy. The Ten Commandments are God's rules. Following Jesus means following the Ten Commandments.	
Session 33: Prayer	We naturally want to talk to those we love. Prayer is how we talk to God. Mary is a model of prayer. She "magnifies" the Lord, or helps us see God more clearly.	