

A FAMILY OF Faith



October English Guide Year 4

- ❑ **VERSE OF THE MONTH:** John 4:14 *Whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.*

- ❑ Parent's Guide: Page 14
- ❑ Children's Activity Book: Pages 8

- ❑ **SAINT OF THE MONTH: Saint Teresa of Avila**

- ❑ Parent's Guide: Pages 14, 18, 53-54
- ❑ Children's Activity Book: Pages 20-22

October Overview Lesson 1 Heaven: What is Prayer?

The aim of this lesson is for your children to understand that in order to have a relationship with God, we must pray.

- ❑ **WORDS TO KNOW:**

- ❑ Parent's Guide: 22
- ❑ Children's Activity Book: 23

- ❑ **Activities and Key Concepts Lesson 1: Parent's Guide: Page 21**

October Overview Lesson 2: Prayer in Salvation History

In this lesson your children learn that when our heart responds to the invitation from the heart of God to enter into a relationship with Him, we have entered into a covenant. By observing the development of prayer in the Old Testament figures of Abraham and Moses, we can see how this covenantal relationship of prayer reaches its fulfillment through the prayer of Jesus Christ.

- ❑ **WORDS TO KNOW:**

- ❑ Parent's Guide: Page 37
- ❑ Children's Activity Book: Page 23

- ❑ **Activities and Key Concepts Lesson 2: Parent's Guide: Page 36**

- ❑ **Your Catholic Home: Prayer to your Guardian Angel** Parent's Guide: Page 16.

The Feast of the Guardian Angels is celebrated on October 2. Each and every one of us has a guardian angel who shepherds and defends us while we are here on earth. We should befriend our guardian angels since God has given them the task of watching

over us. They are our constant companions, so we should pray to them to defend us from everything that can do us harm, and we should ask their guidance in our decisions.

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- Recite this month's Scripture Memorization.**
 - Parents Guide: Page 14
 - Children's Activity Book: Pages 7, 8
- Define this month's Words to Know.**
 - Parent's Guide: Page 22, 37
 - Activity Book: Page 23
- Tell about Our Lady of Fatima and Saint Teresa of Avila:**
 - Parent's Guide: Pages 11, 12, 34-35, 53-54
 - Children's Activity Book: Pages 13-15, 20-22.

October in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- Who is the one who knows us best?**
 - Parent guide: **The Samaritan Woman at the Well p. 23-25, God Inside Our Hearts p. 28, My Prayer Journal p. 31**
 - Student Activity book: **The Samaritan Woman at the Well p.9, God Inside Our Heart p.11, 178**
- How can we develop a relationship with God?**
 - Parent guide: **The Samaritan Woman at the Well p. 23-25, Why Is It Important to Pray? P. 29-30, Glory Be Cross p. 32-33,**
 - Student Activity book: **The Samaritan Woman at the Well p. 9, Glory Be Cross p. 12**
- Should we trust God no matter what?**
 - Parent guide: **Response of Faith p. 38-42, Jesus Follows His Father's Will p. 50-52**
 - Student Activity book: **Jesus Follows His Father's Will p. 19**

In Lesson 1 Your children learned that:

- God lives in our innermost hearts.**
 - Parent guide: **The Samaritan Woman at the Well p.23-25, God Inside Our Hearts p.28, My Prayer Journal p. 31**
 - Student Activity book: **The Samaritan Woman at the Well p.9, God Inside Our Heart p.11, Prayer Journal p. 178**
- God always takes the initiative in prayer.**
 - Parent guide: **The Samaritan Woman at the Well p. 23-25**
 - Student Activity book: **The Samaritan Woman at the Well p.9**
- We must be humble to receive the gift of prayer.**
 - Parent guide: **God's Call p.26-27**
 - Student Activity book: **God's Call p.10**

In Lesson 2 your children learned we are:

- When we enter into a relationship with God, we enter into a covenant with Him.**

- ❑ Parent guide: **Response of Faith p.38-42, Family Prayer Commitment p.48-49**
- ❑ Student Activity book: **Family Prayer Commitment p.18**
- ❑ **Abraham is an example of someone who has great faith in prayer, and Moses is an example of someone who prays for others.**
 - ❑ Parent guide: **Test of Faith p.43-45, Praying for Others p.46-47**
 - ❑ Student Activity book: **Abraham's Faith p. 16-17**
- ❑ **The covenantal relationship of prayer reaches its fulfillment through the prayer of Jesus Christ.**
 - ❑ Parent guide: **Response of Faith p.38-42, Jesus Follows His Father's Will p.50-52**
 - ❑ Student Activity book: **Jesus Follows His Father's Will p. 19**
- ❑ **Recommended Activities:**
 - ❑ Parent's Guide: Pages 23-25, 26-27, 28, 29-30, 31, 32-33, 38-42, 43-45, 46-47, 48-49, 50-52
 - ❑ Children's Activity Book: Pages 9, 10, 11, 12, 16-17, 18, 19, 178

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 22 and 36. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St Teresa of Ávila Parents and children should read the brief biography of Saint Teresa on Parent Guide pages 53-54 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>“Whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.”</i> (John 4:14)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on Prayer in the Parents Guide pages 23-33, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ God always takes the initiative in prayer. ❑ We must be humble to receive the gift of prayer. ❑ God lives in our innermost hearts. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ Who is the one who knows us best? ❑ How can we develop a relationship with God?

<p>Week 3</p>	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the history of Prayer in the Parent's Guide on pages 38-52 to teach their children. ❑ Learning Goals for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ When we enter into a relationship with God, we enter into a covenant with Him. ❑ Abraham is an example of someone who has great faith in prayer, and Moses is an example of someone who prays for others. ❑ The covenantal relationship of prayer reaches its fulfillment through the prayer of Jesus Christ. ❑ The child should be able to answer the question - <ul style="list-style-type: none"> ❑ Should we trust God no matter what? <p>Your Catholic Home: Have your children learn the Prayer to Your Guardian Angel and say it every morning after waking.</p> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;"> <p>Angel of God, My guardian dear, To whom God's love Commits me here,</p> </div> <div style="text-align: center;"> <p>Ever this day, Be at my side, To light and guard, Rule and guide. Amen</p> </div> </div>
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A FAMILY OF *Faith*



November English Guide Year 4

- ❑ **VERSE OF THE MONTH:** Luke 11:1 *Lord, teach us to pray*
 - ❑ Parent's Guide: Pages 56
 - ❑ Activity Book: Pages 26

- ❑ **SAINT OF THE MONTH: Saint Leo the Great**
 - ❑ Parent's Guide: Pages 56, 60, 91-92
 - ❑ Children's Activity Book: Pages 47

Overview Lesson 3: Jesus Teaches us to Pray

The aim of this lesson is for your children to understand that Jesus teaches us how to pray.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 64
 - ❑ Children's Activity Book: Page 49

- ❑ **Activities and Key Concepts Lesson 3 Parent's Guide: Page 63**

Overview Lesson 4: Our Father: The Summary of the Whole Gospel

In this lesson your children will learn that the disciples asked Jesus to teach them how to pray. In response to their request, Jesus gave them the Our Father, also known as the Lord's Prayer.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 78
 - ❑ Children's Activity Book: Page 49

- ❑ **Activities and Key Concepts Lesson 4: Parent's Guide: Page 77**

- ❑ **Your Catholic Home: The Jesus Prayer** Parent's guide page 58. There are times when we can get lost in the words of a long and complicated prayer. When this happens, simplicity can be the most direct way we can open our hearts to God. Merely saying the name of Jesus in a loving way is a prayer. An ancient prayer going back to the sixth century, and now known as the Jesus Prayer, is a single short sentence that captures this simplicity and is everything we need to say in a prayer. The words are: "Jesus, Son of God, have mercy on me, a sinner." We can say this short sentence at any time and in any place. We can say it when we are facing struggle and temptation, and are looking for God's guidance in our lives. When repeated often, we can lovingly hold

Jesus' name in our hearts.

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- Recite this month's Scripture Memorization.**
 - Parent's Guide: Pages 56
 - Activity Book: Pages 26
- Define this month's Words to Know.**
 - Parent's Guide: Page 64, 78
 - Activity Book: Page 49
- Tell you about Our Lady of the Miraculous Medal and St. Leo the Great:**
 - Parent's Guide: Pages 75-76, 91-92
 - Activity Book: Page 39-40, 47-48

November in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- How did Jesus pray?**
 - Parent Guide: **Mary and Joseph Taught Jesus How to Pray** p. 65-66, **Jesus Prays to God the Father** p. 67-68, **In Jesus' Name We Pray** p. 73
 - Activity Book: **Mary and Joseph Taught Jesus How to Pray** p. 27, **Jesus Prays to God the Father** p. 28
- Why is the Our Father so important?**
 - Parent's Guide: **The Seven Petitions** p. 79-81, **Our Father, Who Art in Heaven** p. 88, **Awe and Wonder** p. 89-90
 - Activity Book: **The Seven Petitions** p. 42, **Our Father, Who Art in Heaven** p. 45, **Awe and Wonder** p. 46
- What does it mean when we call God "Father"?**
 - Parent's Guide: **I Am Loved** p. 82-83, **The Father Comforts Us** p. 84-85, **God Is the Father of All** p. 86-87
 - Activity Book: **I Am Loved** p. 43, **God Is the Father of All** p. 44, **Prayer Journal** p. 179

In Lesson 3 Your children learned:

- Jesus taught us how to pray.**
 - Parent Guide: **Mary and Joseph Taught Jesus How to Pray** p. 65-66, **Jesus Prays to God the Father** p. 67-68, **In Jesus' Name We Pray** p. 73
 - Activity Book: **Mary and Joseph Taught Jesus How to Pray** p. 27, **Jesus Prays to God the Father** p. 28
- The three keys to prayer are conversion, faith, and watchfulness.**
 - Parent's Guide: **The Three Keys to Prayer** p. 69-71, **The Cross Converter** p.72, **Good Shepherd Bookmark** p.74
 - Activity Book: **Conversion of Heart** p. 29, **Faith** p. 30, **Watchfulness** p. 31, **The Cross Converter** p. 33-36, **Good Shepherd Bookmark** p. 37-38

In Lesson 4 your children learned:

- Jesus gave us the Our Father.**
 - Parent's Guide: **Our Father, Who Art in Heaven** p. 88, **Awe and Wonder** p. 89-90
 - Activity Book: **Our Father, Who Art in Heaven** p. 45, **Awe and Wonder** p. 46

- ❑ **The Our Father is the summary of the whole Gospel.**
 - ❑ Parent’s Guide: **The Seven Petitions** p.79-81,
 - ❑ Activity Book: **The Seven Petitions** p. 42
- ❑ **God is our Father and we are His children.**
 - ❑ Parent’s Guide: **I Am Loved** p. 82-83, **The Father Comforts Us** p.84-85, **God Is the Father of All** p.86-87
 - ❑ Activity Book: **I Am Loved** p. 43, **God Is the Father of All** p. 44

❑ **Recommended Activities:**

- ❑ Parent’s Guide: Pages 65-66, 67-68, 69-71, 72, 73, 74, 79-81, 82-83, 84-85, 86-87, 88, 89-90
- ❑ Activity Book: Pages 27, 28, 29, 30, 31, 33-35, 37-38, 41, 42, 43, 44, 45, 46, 179

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 64 and 78. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St Leo the Great Parents and children should read the brief biography of Saint Leo on Parent Guide pages 91-92 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>“Lord, teach us to pray.”</i> (Luke 11:1)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on how Jesus teaches us to pray in the Parents Guide pages 65-76, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ Jesus taught us how to pray. ❑ The three keys to prayer are conversion, faith, and watchfulness. ❑ The child should be able to answer the question - <ul style="list-style-type: none"> ❑ How did Jesus pray?
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the Our Father prayer in the Parents Guide on pages 79-90 to teach their children. ❑ Learning Goals for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ Jesus gave us the Our Father. ❑ The Our Father is the summary of the whole Gospel. ❑ God is our Father and we are his children. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ Why is the Our Father so important? ❑ What does it mean that we call God “Father”? <p>Your Catholic Home: Have your children go to your family prayer corner, or another quiet place, and ask them to still their minds and their hearts. Have them close their eyes and repeat slowly after you the words of the Jesus Prayer: “Jesus,</p>

	<p>Son of God, have mercy on me, a sinner.” Let them know that if they ever feel that they are in trouble, they can turn to Jesus and say His name and this prayer for help.</p>
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A FAMILY OF Faith



December English Guide Year 4

- ❑ **VERSE OF THE MONTH:** Luke 22:42 *Father... not my will but yours be done.*
 - ❑ Parent's Guide: Page 94, 98
 - ❑ Activity Book: Page 52

- ❑ **SAINT OF THE MONTH: SAINT Francis Xavier**
 - ❑ Parent's Guide: Pages 94
 - ❑ Children's Activity Book: Pages 65-67

Overview Lesson 5: Our Father: The First Three Petitions

The Our Father expresses seven petitions or requests to God our Father. In this lesson, children will learn the first three petitions, which carry us to glorify the Father: "hallowed be Thy name," "Thy Kingdom come," and "Thy will be done."

- ❑ **WORDS TO KNOW:**
 - ❑ **Parent's Guide: Page 102**
 - ❑ **Children's Activity Book: Page 68**

- ❑ **Activities and Key Concepts Lesson 5 Parent's Guide: Page 101**

- ❑ **Your Catholic Home: Memorare** Parent's Guide: Page 96. December 8 is the Solemnity of the Immaculate Conception. The Immaculate Conception is the Catholic teaching that Mary was conceived without the stain of Original Sin. God the Father preserved Mary from sin because she was to hold the Son of God, Jesus, in her womb for nine months. Jesus is so holy that the womb carrying Him had to be holy as well. During Advent, let us wait for Jesus' birth and carry Him in our hearts with the same joyful expectation that Mary did.

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- ❑ **Recite this month's Scripture Memorization.**
 - ❑ Parents Guide: Page 94
 - ❑ Children's Activity Book: Pages 52

- ❑ **Define this month's Words to Know.**

- Parent's Guide: Pages 102
- Activity Book: Page 68
- Tell about Our Lady of Guadalupe and St. Francis Xavier:**
 - Parent's Guide: Pages 98, 114-115, 116-117
 - Activity Book: Page 62-64, 65-67

December in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- How can I make God's name holy in my life?**
 - Parent's Guide: **God Is Great p. 103-104, Our Father Manuscript p.113**
 - Activity Book: **God Is Great p. 53, Our Father Manuscript p. 61**
- How do I know God's will in my life?**
 - Parent's Guide: **The World's Will vs. God's Will p. 107-109, Jesus Does the Will of the Father p. 110, Prayer Journal p. 180**
 - Activity Book: **The World's Will vs. God's Will p. 55**

In Lesson 5 Your children learned:

- The first three petitions of the Our Father help us glorify God.**
 - Parent's Guide: **Thy Kingdom Come p. 105-106, First Three Petitions Match p.111**
 - Activity Book: **Thy Kingdom Come p.54, First Three Petitions Match p.57**
- We should glorify God's name, seek to live in His kingdom, and strive to follow His will.**
 - Parent's Guide: **God Is Great p. 103-104, Thy Name and Thy Kingdom p. 112**
 - Activity Book: **God Is Great p. 53, Thy Name p. 59**
- Recommended Activities:**
 - Parent's Guide: Pages 103-104, 105-106, 107-109, 110, 111, 112, 113
 - Activity Book: Pages 53, 54, 55, 57, 59, 60, 61, 180

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> <input type="checkbox"/> Introduce Words to Know: Parents discuss words to know with their children on Parent Guide page 102. Teach their children what the words mean. <input type="checkbox"/> Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. <input type="checkbox"/> Get to know St Francis Xavier Parents and children should read the brief biography of Saint Francis on Parent Guide pages 116-117 <input type="checkbox"/> Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. "Father... not by will but yours be done." (Luke 22:42)
Week 2	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on the first three petitions in the Our Father in the Parents Guide pages 103-115, lead the children through this activity. <input type="checkbox"/> Learning Goal for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> The first three petitions of the Our Father help us glorify

	<p>God.</p> <ul style="list-style-type: none"> ❑ We should glorify God's name, seek to live in His Kingdom, and strive to follow His will. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ How can I make God's name holy in my life? ❑ How do I know God's will in my life?
Week 3	<p>Your Catholic Home: Let us journey with Mary as we wait for the joyful coming of her son, Jesus Christ. A beautiful Marian prayer your family can pray together is the Memorare. When prayed for a special intention, it is a way to ask Mary for her tender help.</p> <p>Memorare - Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.</p>

A FAMILY OF Faith



January English Guide Year 4

- ❑ **VERSE OF THE MONTH:** 1 Corinthians 3:16 Do you not know that you are the temple of God, and that the Spirit of God dwells in you?
 - ❑ Parent's Guide: Pages: 120
 - ❑ Activity Book: Pages 69

- ❑ **SAINT OF THE MONTH: SAINT John Bosco**
 - ❑ Parent's Guide: Pages 120, 124, 154-155
 - ❑ Activity Book: Pages 69, 91-93

Overview Lesson 6 Jesus: Our Father: The Last Four Petitions

The aim of this lesson is for your children to understand that after we have asked God to draw us to Him, we then pray the last four petitions of the Our Father for the needs of our life for both our body and our soul.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Pages 128
 - ❑ Activity Book: Page 94

- ❑ **Activities and Key Concepts Lesson 6: Parent's Guide: Pages 127**

Overview Lesson 7: The Holy Spirit and Prayer

When we are baptized as Christians, all our sins are forgiven, including Original Sin, and God makes us His adopted children, restoring our inheritance as partakers in His divine life. We are no longer the lost descendants of Adam, we are children of God.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 144
 - ❑ Activity Book: Page 94

- ❑ **Activities and Key Concepts Lesson 7: Parent's Guide: Page**

- ❑ **Your Catholic Home: Day of Prayer for the Protection of Unborn Children:** Parent's Guide: Page 122.

In the United States, January 22 is set aside as a special day of prayer for the Protection of Unborn Children. This day falls on the anniversary of the Roe vs. Wade decision in the Supreme Court that legalized abortions in the United States in 1973. Since that time, a heartbreaking 56 million babies have been aborted. The Church will always stand by the unborn and their

mothers and protect the sacred dignity of each God-given human life

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- Recite this month's Scripture Memorization.**
 - Parent's Guide: Page 120
 - Activity book: Pages 70
- Tell you about Mary the Mother of God and St. John Bosco**
 - Parent's Guide: Pages 141-142, 120, 124, 154-155
 - Activity Book: Pages 79-81, 69, 91-93
- Define this month's Words to Know.**
 - Parent's Guide: Pages 117, 129
 - Activity Book: Page 94.

January in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- Can we ask God the Father to care for our needs?**
 - Parent's Guide: Give Us This Day p. 129-131, Last Four Petitions Match p. 139, Father, Care for Us p. 140
 - Activity Book: Give Us This Day p. 71, Last Four Petitions Match p. 73, Father, Care For Us p. 75-78
- Why must we forgive others to receive forgiveness from God?**
 - Parent's Guide: Forgive Us Our Trespasses p. 132-134
 - Activity Book: Father, Care For Us p. 76
- How does the Holy Spirit help us to pray?**
 - Parent's Guide: The Holy Spirit Prepares Us for Jesus p.147-148
 - Activity Book: The Holy Spirit Prepares Us for Jesus p. 85-86, Fruits of the Holy Spirit p. 87

In Lesson 6 your children learned that through His life, Jesus revealed:

- The last four petitions of the Our Father are for the needs of our life.**
 - Parent's Guide: Last Four Petitions Match p. 139, Father, Care for Us p. 140
 - Activity Book: Give Us This Day p. 71, Last Four Petitions Match p. 73, Father, Care For Us p. 75-78
- We can be confident that God our Father will take care of us.**
 - Parent's Guide: Give Us This Day p. 129-131, Last Four Petitions Match p. 139, Father, Care for Us p. 140
 - Activity Book: Father, Care For Us p. 75-78

In Lesson 7 your children learned that:

- The Holy Spirit moves us to pray.**
 - Parent's Guide: The Holy Spirit Prepares Us for Jesus p. 147-148, My Holy Spirit Prayer p. 151
 - Activity Book: Come, Holy Spirit Flame p. 89, Prayer Journal p. 181
- The Holy Spirit helps us know Jesus**
 - Parent's Guide: The Holy Spirit Prepares Us for Jesus p. 147-148
 - Activity Book: The Holy Spirit Prepares Us for Jesus p. 85-86
- The Twelve Fruits of the Holy Spirit form in our soul.**
 - Parent's Guide: Fruits of the Holy Spirit p.149-150

❑ Activity Book: **Fruits of the Holy Spirit** p. 87

❑ **Recommended Activities:**

❑ Parent's Guide: Pages 129-140, 145-153

❑ Activity Book: 71-89, 181

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 128 and 144. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St John Bosco Parents and children should read the brief biography of Saint John Bosco on Parent Guide pages 154-155 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>“Do you not know what you are the temple of God, and that the spirit of God dwells in you?”</i> (1 Corinthians 3:16)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the last four petitions in the Our Father in the Parents Guide pages 129-142, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ The last four petitions of the Our Father are for the needs of our life. ❑ We can be confident that God our Father will take care of us. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ Can we ask God the Father to care for our needs? ❑ Why must we forgive others to receive forgiveness from God?
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the Holy Spirit and Prayer in the Parents Guide on pages 145-153 to teach their children. ❑ Learning Goals for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ The Holy Spirit moves us to pray. ❑ The Holy Spirit helps us know Jesus. ❑ The twelve Fruits of the Holy Spirit from in our soul. ❑ The child should be able to answer the question - <ul style="list-style-type: none"> ❑ How does the Holy Spirit help us to pray? <p>Your Catholic Home: Set aside January 22 as a day to pray for unborn children together as a family. Various prayers and resources to remember the unborn can be found at SophiaOnline.org/ProLifePrayers.</p>

A FAMILY OF Faith



February English Guide Year 4

- ❑ **VERSE OF THE MONTH:** Luke 1:46-47 *And Mary said: "My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior."*
 - ❑ Parent's Guide: Pages 158
 - ❑ Activity Book: Pages 96

- ❑ **SAINT OF THE MONTH: SAINT Josephine Bakhita**
 - ❑ Parent's Guide: Pages 162, 198-199
 - ❑ Activity Book: Pages 121-123

Overview Lesson 8: Praying to the Virgin Mary

The aim of this lesson is for your children to discover the unique and honored role of Mary in Salvation History and the Church, how she is a model of prayer for us, and how we can bring our petitions to her.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 167
 - ❑ Activity Book: Page 124

- ❑ **Activities and Key Concepts Lesson 8: Parent's Guide: Page 165-166**

Overview Lesson 9: Expressions of Prayer

In this lesson your children learn the three major expressions of prayer: vocal, meditative, and contemplative, which correspond to our God-given voices, minds, and hearts. In all three types of prayer, we seek to know God more intimately and grow in our relationship with Him.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 184
 - ❑ Activity Book: Page 124

- ❑ **Activities and Key Concepts Lesson 9: Parent's Guide: Page 183**

- ❑ **Your Catholic Home: Month of the Holy Family:** Parent's Guide: Page 160.
During the month of February, the Church celebrates the Holy Family. Jesus learned from His parents what every child learns: how to talk, how to eat, how to walk, how to pray, and so forth. Scripture tells us how Jesus spent His childhood and early manhood in humble obedience to His parents: "He went down with [Mary and Joseph] and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced

[in] wisdom and age and favor before God and man” (Luke 2:51–52). The Holy Family serves as a model for us all on how we can all live holy lives as an ordinary family. That Jesus quietly spent most of His life with His family in Nazareth until He was thirty years old highlights how important the family is. Not only that, it shows that the family has an essential role to play in nurturing the Faith so that we can then go live it in the world in imitation of Christ!

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- Recite this month’s Scripture Memorization.**
 - Parent’s Guide: Page 158
 - Activity Book: Pages 96
- Define this month’s Words to Know.**
 - Parent’s Guide: Pages 167, 184
 - Activity Book: Page 124
- Tell you about Our Lady of Lourdes and St. Josephine Bakhita.**
 - Parent’s Guide: Pages 181-182, 198-199,
 - Activity Book: Pages 109-111, 121-123

February in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- What is the role of Jesus’ mother in the Church?**
 - Parent’s Guide: **The Rosary p.175, The Assumption of Mary p.176-177, Hail Mary, Full of Grace p.178-179, Hail Mary Stained Glass p.180**
 - Activity Book: **The Rosary p. 100-103, The Assumption of Mary p. 104-105, Hail Mary, Full of Grace p. 106, Hail Mary, Stained Glass p. 107**
- How is Mary our mother?**
 - Parent’s Guide: **Mary Is Full of Grace p. 168-170, The Handmaid of the Lord p.171-172, Mary Is Our Mother p.173-174**
 - Activity Book: **The Handmaid of the Lord p.97-98, Mary is Our Mother p. 99**
- What are the three main ways of praying?**
 - Parent’s Guide: **Remembering God p. 185-186, Choosing to Pray p.194-195, Identifying Expressions of Prayer p.196-197**
 - Activity Book: **Remembering God p. 112-114, Choosing to Pray p. 118-119, Identifying Expressions of Prayer p. 120**

In Lesson 8 your children learned that:

- We honor Mary because Jesus honors her.**
 - Parent’s Guide: **Mary Is Full of Grace p. 168-170**
 - Activity Book: **The Handmaid of the Lord p.97-98, Hail Mary, Full of Grace p. 106**
- Mary is our mother.**
 - Parent’s Guide: **The Handmaid of the Lord p. 171-172, Mary Is Our Mother p.173-174**
 - Activity Book: **The Handmaid of the Lord p.97-98, Mary is Our Mother p. 99**
- We can take our petitions to Mary.**
 - Parent’s Guide: **The Rosary p.175, The Assumption of Mary p.176-177, Hail Mary, Full of Grace p.178-179, Hail Mary Stained Glass p.180**
 - Activity Book: **The Rosary p. 100-103, The Assumption of Mary p. 104-105, Hail Mary, Full of Grace p. 106, Hail Mary, Stained Glass p. 107**

In Lesson 9 your children learned that:

- ❑ **In vocal prayer we use our voices to speak to God..**
 - ❑ Parent's Guide: **Praying with Our Voices** p.187-188
 - ❑ Activity Book: **Praying with our voices** p. 115-116
- ❑ **In contemplative prayer we fix our hearts on Jesus.**
 - ❑ Parent's Guide: **St. Jean Vianney and Prayer** p. 191-192, **Time with a Friend** p. 193
 - ❑ Activity Book: **St. Jean Vianney and Prayer** p. 117
- ❑ **We focus our thoughts and feelings to discern what God is calling us to do in meditative prayer**
 - ❑ Parent's Guide: **Praying with Our Imaginations** p.189-190
 - ❑ Activity Book: **Identifying Expressions of Prayer** p. 120

- ❑ **Recommended Activities:**
 - ❑ Parent's Guide: Pages 168-170, 171-172, 173-174, 175, 176-177, 178-179, 180, 181-182, 185-186, 187-188, 189-190, 191-192, 193, 194-195, 196-197,
 - ❑ Activity Book: Pages: 97-98, 99, 100-103, 104-105, 106, 107, 112-114, 115-116, 117, 118-119, 120, 182

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 167 and 184. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St Josephine Bakhita Parents and children should read the brief biography of Saint Josephine on Parent Guide pages 198-199 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. And Mary said: "My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior." (Luke 1:46 -47)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on praying to the Virgin Mary in the Parents Guide pages 168-182, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ We honor Mary because Jesus honors her. ❑ Mary is our mother. ❑ We can take our petitions to Mary. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ What is the role of Jesus' mother in the Church? ❑ How is Mary our mother?
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on expressions of prayer in the Parents Guide on pages 185-197 to teach their children. ❑ Learning Goals for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ In vocal prayer we use our voices to speak to God.

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| | <ul style="list-style-type: none">❑ We focus our thoughts and feelings to discern what God is calling us to do in meditative prayer.❑ In contemplative prayer we fix our hearts on Jesus.❑ The child should be able to answer the question -<ul style="list-style-type: none">❑ What are the three main ways of praying? |
|--|---|

Your Catholic Home: When your children write in their prayer journals, or any other time they write down something important, encourage them to write the initials J.M.J. as a heading. J.M.J. stands for Jesus, Mary, and Joseph. In this way, your children can dedicate what they are writing to the Holy Family.

A FAMILY OF Faith



March English Guide Year 4

- ❑ **VERSE OF THE MONTH:** Luke 2:14 *Glory to God in the highest and on earth peace to those on whom his favor rests.*
 - ❑ Parent's Guide: Page 202
 - ❑ Activity Book: Page 126

- ❑ **SAINT OF THE MONTH: SAINTS Felicity and Perpetua**
 - ❑ Parent's Guide: Pages 202, 206, 225-226
 - ❑ Activity Book: Pages 136-138

Overview Lesson 10: Praying with Scripture

The aim of this lesson is for your children to learn that, at the Last Supper, Christ gave us the New Commandment, which He declares is the surest sign that we are His disciples.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 211
 - ❑ Activity Book: Page 148-149

- ❑ **Activities and Key Concepts Lesson 10: Parent's Guide: Page 209-210**

Overview Lesson 11: Forms of Prayer

Your children will learn the Church teaches that God placed the desire for happiness in each of our hearts. In the Sermon on the Mount, Jesus gave us the Beatitudes to show us what it means to be happy.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 228
 - ❑ Activity Book: Page 148-149

- ❑ **Activities and Key Concepts Lesson 11: Parent's Guide: 227**

- ❑ **Your Catholic Home: The Angelus:** Parent's Guide: Page 204. The Feast of the Annunciation is on March 25. It celebrates when the Angel Gabriel appeared to Mary to announce that she was to be the mother of Jesus, the Son of God. Mary said yes to the will of God, declaring, "Behold, I am the handmaid of the Lord. May it be done to me according to your word" (Luke 1:38). A special prayer that commemorates the archangel's announcement to Mary is the Angelus. Since the Middle Ages, it has been prayed morning, noon, and evening to celebrate the great mystery of Jesus' conception in Mary's womb. Today, the

most common time to pray the Angelus is at noon.

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- Recite this month's Scripture Memorization:**
 - Parent's Guide: Page 202
 - Activity Book: Page 126
- Define this month's Words to Know.**
 - Parent's Guide: Pages 211, 228
 - Activity Book: Page: 148-149
- Tell you about the Feast of the Annunciation and Sts. Felicity and Perpetua**
 - Parent's Guide: Page 225-226, 243-244,
 - Activity Books: Page 136-138, 145-147

March in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- How can Scripture be an aid to prayer?**
 - Parent's Guide: **Conversation with God p.212-213, Praying with Scripture p.216-217, Divine Reading p. 223-224**
 - Activity Book: **Praying with Scripture p.130**
- What are the Psalms?**
 - Parent's Guide: **Scripture Is Inspired by God p. 214-215, The Psalms p. 218-219, My Psalm to God p. 220**
 - Activity Book: **Scripture is Inspired by God p. 127-129, The Psalms p. 131-133**
- What are the five forms of prayer?**
 - Parent's Guide: **Family Adoration Visit p. 229-230, St. Francis of Assisi's Prayer in Praise of God p.238-239, Prayer in the Bible p. 240-241, Anima Christi Prayer Card p. 242**
 - Activity Book: **Needs vs. Wants 139, St. Francis of Assisi's Prayer in Praise of God p.140-141, Prayer in the Bible p. 142, Anima Christi Prayer Card p. 143**

In Lesson 10 your children learned that:

- Praying with Scripture is entering into a dialogue with God.**
 - Parent's Guide: **Conversation with God p.212-213, Praying with Scripture p. 216-217, Divine Reading p. 223-224, Prayer of Petition p. 231-233, Prayer Box p. 234-235, Thanksgiving Before Meals p. 236-237**
 - Activity Book: **Praying with Scripture p. 130**
- There are psalms of praise, thanksgiving, lament, wisdom, and royal psalms.**
 - Parent's Guide: **Scripture Is Inspired by God p. 214-215, The Psalms p. 218-219, My Psalm to God p. 220**
 - Activity Book: **Scripture is Inspired by God p. 127-128, St. Matthew the Evangelist p. 129, The Psalms p. 131-133. Prayer Journal p. 183**
- The Church helps us sanctify our whole days with the Liturgy of the Hours.**
 - Parent's Guide: **The Liturgy of the Hours around the World p. 221-222**
 - Activity Book: **Liturgy of the Hours Around the World p. 135**

In Lesson 11 your children learned that:

- We should worship God with blessing and adoration, thanksgiving, and praise.**

- ❑ Parent's Guide: **Family Adoration Visit** p. 229-230, **St. Francis of Assisi's Prayer in Praise of God** p.238-239, **Prayer in the Bible** p. 240-241, **Anima Christi Prayer Card** p.242
- ❑ Activity Book: **St. Francis of Assisi's Prayer in Praise of God** p. 140-141, **Prayer in the Bible** p.142, **Anima Christi Prayer Card** p. 143-144
- ❑ **We should pray to God for our needs and the needs of others.**
 - ❑ Parent's Guide: **Prayer of Petition** p. 231-233, **Prayer Box** p. 234-235, **Thanksgiving Before Meals** p. 236-237
 - ❑ Activity Book: **Needs vs. Wants** p. 139
- ❑ **Recommended Activities:**
 - ❑ Parent's Guide: 212-213, 214-215, 216-217, 218-219, 220, 221-222, 223-224, 225-226, 229-230, 231-233, 234-235, 236-237, 238-239, 240-241, 242
 - ❑ Children's Activity Book: 127-128, 129, 130, 131-133, 135, 139, 140-141, 142, 143-144, 183

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 211 and 228. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know STS. Felicity and Perpetua Parents and children should read the brief biography of Saints Felicity and Perpetua on Parent Guide pages 225-226. ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. "Glory to God in the highest and on earth peace to those on whom his favor rests" (Luke 2:14)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on praying with scripture in the Parents Guide pages 212-224, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ Praying with Scripture is entering into a dialogue with God. ❑ There are psalms of praise, thanksgiving, lament, wisdom, and royal psalms. ❑ The Church helps us sanctify our whole days with the Liturgy of the Hours. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ How can Scripture be an aid to prayer? ❑ What are the Psalms?
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the forms of prayer in the Parents Guide on pages 229-244 to teach their children. ❑ Learning Goals for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ We should worship God with blessing and adoration,

thanksgiving, and praise.

- ❑ We should pray to God for our needs and the needs of others.

❑ **The child should be able to answer the question -**

- ❑ What are the five forms of prayer?

Your Catholic Home: Pray the Angelus as a family. If you are able, pray it together at noon, perhaps right before lunch. You can find the Angelus prayer at SophiaOnline.org/AngelusPrayer.

A FAMILY OF Faith



April English Guide Year 4

- ❑ **VERSE OF THE MONTH:** Matthew 5:11-12 *Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus.*
 - ❑ Parent's Guide: Pages 246
 - ❑ Activity Book: Pages 152

- ❑ **SAINT OF THE MONTH: SAINT Vincent Ferrer**
 - ❑ Parent's Guide: Pages 250, 280-281
 - ❑ Activity Book: Pages 172-174

Overview of Lesson 12: The Battle of Prayer

In this lesson, your children will explore obstacles to prayer and how prayer can even be a battle—not a typical battle, but one against our own weaknesses and lack of faith, all of which the Devil is delighted to exploit so as to turn us away from God.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 254
 - ❑ Activity Book: Page 175

- ❑ **Activities and Key Concepts Lesson 12: Parent's Guide: Page 253**

Overview of Lesson 13: Prayer and the Communion of Saints

The aim of this lesson is for your children to discover that one of our greatest aids to prayer is to read the lives and writings of the saints. Their lives inspire us to lead holy lives, and their instructions can guide us on how to develop our prayer lives.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide Page 270
 - ❑ Activity Book: Page 175

Activities and Key Concepts Lesson 13: Parent's Guide: Page 269.

- ❑ **Your Catholic Home: 3 O'Clock Prayer to the Divine Mercy:** Parent's Guide Page 248. The Gospel writers record that Jesus died on the Cross at 3 p.m. Because of that, most churches hold the Stations of the Cross or the Good Friday service at 3 p.m. on Good Friday during the Triduum. Jesus appeared to St. Faustina Kowalska and revealed to her that we can remember His Passion and Death all throughout the year. She recorded what He revealed to her in

her diary: At three o'clock, implore My mercy, especially for sinners; and if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony: This is the hour of great mercy for the whole world. I will allow you to enter into My mortal sorrow. In this hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion. (Diary, 1320)

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- Recite this month's Scripture Memorization:**
 - Parent's Guide: Page 246
 - Activity Book: Pages 152
- Define this month's Words to Know.**
 - Parent's Guide: Pages 254, 270
 - Activity Book: Page 175
- Tell you about Our Lady of Pontmain and St. Vincent Ferrer**
 - Parent's Guide: Pages 267-268, 280-281
 - Activity Book: Pages 161-163, 172-174

April in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- How can I keep my mind focused on God when I pray?**
 - Parent's Guide: **Overcoming Distraction** p. 255-257, **Prayer and Our Faith** p. 260-261
 - Activity Book: **Overcoming Distraction** p. 153, **Prayer and Our Faith** p. 155
- What if I feel like God isn't listening?**
 - Parent's Guide: **Overcoming Dryness** p. 258-259, **Persevering in Prayer** p. 262-263
 - Activity Book: **Overcoming Dryness** p. 154, **Perseverance in Prayer** p. 156
- How can the saints help us to pray?**
 - Parent's Guide: **My Patron Saint** p. 271-272, **Praying for the Souls in Purgatory** p. 273-274, **Litany of the Saints** p. 275-276,
 - Activity Book: **My Patron Saint** p. 164, **Litany of Saints** p. 165-168

In Lesson 12 your children learned that:

- When we feel distracted, we can ask God to help us focus our minds on Him.**
 - Parent's Guide: **Overcoming Distraction** p. 255-257, **Prayer and Our Faith** p. 260-261
 - Activity Book: **Overcoming Distraction** p. 153, **Prayer and Our Faith** p. 155
- Persevering in prayer during times of dryness is an act of great faith.**
 - Parent's Guide: **Overcoming Dryness** p. 258-259, **Persevering in Prayer** p. 262-263
 - Activity Book: **Overcoming Dryness** p. 154, **Perseverance in Prayer** p. 156
- The Archangel St. Michael will defend us in battle against the devil.**
 - Parent's Guide: **Spiritual Combat** p. 264-265, **St. Michael the Archangel Defends Us** p. 266
 - Activity Book: **Spiritual Combat** p. 157, **St. Michael the Archangel Defend Us** p. 158-159

In Lesson 13 your children learned that:

- ❑ **The saints are the prayer experts of the Church.**
 - ❑ Parent’s Guide: **My Patron Saint** p. 271-272, **Praying for the Souls in Purgatory** p. 273-274
 - ❑ Activity Book: **My Patron Saint** p. 164
- ❑ **One of our greatest aids to prayer is to read the lives and writings of the saints.**
 - ❑ Parent’s Guide: **Litany of the Saints** p. 275-276, **The Saints on Prayer** p. 279
 - ❑ Activity Book: **Litany of Saints** p. 165-168, **Prayer Journal** p. 184
- ❑ **The saints achieved holiness through a life of intimate prayer with God.**
 - ❑ Parent’s Guide: **Sacramentals and the Saints** p. 277-278
 - ❑ Activity Book: **Sacramentals and the Saints** p. 169-170

❑ **Recommended Activities:**

- ❑ Parent’s Guide: Pages 255-257, 258-259, 260-161, 262-263, 264-265, 266, 271-272, 273-274, 275-276, 277-278, 279
- ❑ Activity Book Page: Pages 153, 154, 155, 156, 157, 158-159, 164, 165-168, 169-170, 171, 184

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> ❑ Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 254 and 270. Teach their children what the words mean. ❑ Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. ❑ Get to know St Vincent Ferrer Parents and children should read the brief biography of Saint Vincent on Parent Guide pages 280-281 ❑ Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. <i>“Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus”</i> (Hebrews 12:1-2)
Week 2	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on the battle of prayer in the Parents Guide pages 255-268, lead the children through this activity. ❑ Learning Goal for the Week: <ul style="list-style-type: none"> ❑ The child should understand that - <ul style="list-style-type: none"> ❑ When we feel distracted, we can ask God to help us focus our minds on Him. ❑ Persevering in prayer during times of dryness is an act of great faith. ❑ The Archangel St. Michael will defend us in battle against the devil. ❑ The child should be able to answer the questions - <ul style="list-style-type: none"> ❑ How can I keep my mind focused on God when I pray? ❑ What if I feel like God isn’t listening?
Week 3	<ul style="list-style-type: none"> ❑ Parent and Child Activities: Parents should choose one or more activities on prayer and the communion of saints in the Parents Guide on pages 271-279 to teach their children. ❑ Learning Goals for the Week:

❑ **The child should understand that -**

- ❑ The saints are the prayer experts of the Church.
- ❑ One of our greatest aids to prayer is to read the lives and writings of the saints.
- ❑ The saints achieved holiness through a life of intimate prayer with God.

❑ **The child should be able to answer the question -**

- ❑ How can the saints help us to pray?

Your Catholic Home: Set an alarm on your phone for 3 p.m. Pray together with your children a short prayer to remember Jesus' Passion. The prayer can be as simple as, "Jesus, have mercy on us and on the whole world." Encourage your children to offer up to Jesus any special intentions that they might have at that time.