



Our Lady of Sorrows
September 15

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Marian Feast Day

When Jesus suffers, Mary suffers too. That is why she is called "Our Lady of Sorrows."

Joseph and Mary took Jesus to the Temple when He was a baby. There, the holy and just Simeon told Mary that her soul would be pierced by a sword: the sword of sorrow. This meant that Mary's heart would go through so much sadness and pain it would feel as if a sword were piercing her heart.

Sorrow soon pierced Mary's heart when Herod tried to kill baby Jesus. She had to flee to Egypt with Joseph to protect Jesus from Herod's soldiers.

Later, her heart beat fast with fear and pain as she frantically searched for Jesus in Jerusalem for three days, until she and Joseph found Him in the Temple.

But Mary suffered no greater sorrow than when she met her Son's eyes as He carried His Cross on His way to be crucified.

She watched Him suffer and die on the Cross to save us from our sins. Mary took Jesus' body in her arms as He was lowered from the Cross, and she laid His head close to her sorrowful heart.

When they buried Jesus in His tomb, Mary felt as though her heart were being buried too.

Because Mary loves Jesus more than she loves anyone else, she takes part in His sorrows. But that also means that she takes part in His joy! When Jesus rose from the dead, Mary was radiant with happiness.

We should remember to turn to Jesus and Mary when we are sad, because they will give us joyful hearts.

Our Lady of Sorrows, comfort me when I am sad!