

# Sample Parent Permission Letter

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Dear Parent:

As part of our study of Catholic theology, we are offering the option to explore some topics related to Pope St. John Paul II's Theology of the Body and human sexuality. These topics include the meaning of the body, our creation as male and female, and natural family planning.

Lessons will be sent home ahead of time for you to review so you can determine whether you would like your children to receive this instruction.

Girls and boys will receive separate instruction for all lessons involving sexual differences.

We encourage you to discuss the material at home, as the best way to impart these teachings is through frequent and on-going family conversations.

If you would like your child to participate in these lessons, please contact me at

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**If you do not contact me to give permission, your child will NOT participate in these lessons.**

Thank you,

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## A Dialogue of Trust and Openness

There is no substitute for a dialogue of trust and openness between parents and their children, a dialogue which respects not only their stages of development but also the young persons as individuals.

Parents must find time to be with their children and take time to talk with them. ...In these conversations – more and more as the years pass – parents should learn how to listen carefully to their children, how to make the effort to understand them and how to recognize the fragment of truth that may be present in some forms of rebellion.

THE TRUTH AND MEANING OF HUMAN SEXUALITY,  
THE PONTIFICAL COUNCIL FOR THE FAMILY

Read the full document at  
**[SophiaOnline/TruthandMeaningofHumanSexuality](#)**