









Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words
Ordinary Time					
Session 1: There I Am in the Midst of Them	Common Prayer, Types of Prayer	Jesus wants us to not only pray by ourselves to have a special relationship with Him, but also pray with others so that we can grow closer as the family of God.	See how family prayer is important for living a good and faith-filled life.	Matthew 18:20	Midst
Session 2: Where Can I Find Jesus?	Life of Christ, Common Prayer, Salvation History	Jesus wants us to look for Him and recognize Him in our everyday lives	Help their child reflect on where they can find Jesus during the day	Mark 8:29	Christ
Session 3: In the Name of Jesus	Common Prayer, Life of Christ, The Holy Trinity	Calling on the name of Jesus invokes His presence.	Hear about the importance of blessing their children by tracing the cross on their child's head.	Psalm 145:18a	Sign of the Cross
Session 4: Trust in the Good Shepherd	Life of Christ, Common Prayer, Parables & Miracles	The Good Shepherd wants us to trust Him. He will take care of us because He loves us so much and wants only the good for us.	Help their child complete a tracing activity, and write a thank you to a person they trust who cares for them.	John 10:27	Shepherd or Good
Session 5: Listening to Pray	Common Prayer, Types of Prayer	Jesus calls us by name and speaks to us. He speaks to us in scripture, dreams, a picture that comes into our head or whispers in our heart. We must learn to quiet ourselves to hear His voice.	Help their child complete this lesson by learning to listen to Jesus' voice in other areas of life so their child can know the voice of God and be able to do His Will.	Isaiah 45:4	Shepherd
Advent/Christmas					
Session 6: Learning to Love Like Mary	Marian Teaching, Common Prayer, Marian Prayer, Gospels, Salvation History, Incarnation	We should look to Mary to know how to ready ourselves during this Advent season, to know how to love her son, Jesus.	Help their child complete this lesson by asking Mary to help follow her example by loving others around them.	Luke 1:38	Mary, handmaid
Session 7: Journey to Bethlehem	Life of Christ, Salvation History, Gospels, Incarnation	We must be ready to encounter and expect obstacles on our faith journey. We must make time to pray to ensure that we do not do this alone; knowing that God is always with us.	Have the opportunity to help their child pray a nightly advent prayer to help prepare for the coming of Christmas.	Luke 2:4-7	Bethlehem
Session 8: The Shepherds and the Angels	Life of Christ, Salvation History, Gospels, Incarnation	Jesus came in the dark of night to bring light and peace to the world	Read a story while their child colors, and help the child pray to seek Jesus even when He reveals Himself to them in small ways.	Luke 2:8-14	The Shepherds and angels
Session 9: Jesus Is Born!	Life of Christ, Salvation History, Gospels, Incarnation	The angels announce that Jesus is our Savior, and He is born for all the people.	Have the opportunity to help their child create and read a flip book to show who Jesus saves.	Luke 2:10-11	Good news
Session 10: When They Saw the Star	Life of Christ, Salvation History, Gospels, Incarnation	Like the Wisemen did, we can seek Jesus and give Him gifts this Christmas.	Discuss with their child ways to bring Jesus gifts.	Matthew 2:10-11	Magi





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Advent/Christmas	(continued)				
Session 11: The Baptism of Christ	Sacraments of Initiation, Life of Christ, Sacrament Signs, Symbols, Effects	During our Baptism, we become beloved children of God.	Have the opportunity to discuss and plan a yearly celebration of their child's Baptism.	Mark 1:9-11	Baptism
Ordinary Time					
Session 12: Building the Kingdom of God	Evangelization, Grace	Jesus wants us, the children of God, to help build His Kingdom: to help others know about Him so He can show them His love and they can love Him too.	Learn about the Holy Family and help their child build the Kingdom of God by building a castle to mark their child's spiritual progress.	Matthew 4:12-17	Kingdom of God
Session 13: Blessed Are the Poor in Spirit	Beatitudes, Grace, Works of Mercy	We receive the gift of the kingdom of heaven when we realize how much we need God.	Help their child make a Beatitudes bracelet to keep track of humble choices.	Matthew 5:3	"Poor in spirit"
Session 14: The Light of Jesus	Evangelization, Works of Mercy	Jesus is the light of the world, and when we let His love shine through us, we are the light of the world!	Read their child a story about St. Leobinus of Chartres, a saint who let his light shine to learn more about Jesus and share His love.	Matthew 5:13-16	Light of the world
Lent/Triduum					
Session 15: Ash Wednesday and Lent	Creation and Creator, Old Testament, Salvation History, Sacramentals	Lent is a season to prepare for the Resurrection of Jesus, and ultimately, heaven.	Have the opportunity to follow through with this learning by helping their child complete Lenten promises to pray, fast, and help others.	Genesis 2:7, 21-22	Lent
Session 16: The Glory of Jesus	Life of Christ, Gospels	Jesus gave them a glimpse of His glory to help build their faith so they could be brave.	Have the opportunity to reflect on sacred art with their child.	Matthew 17:2, 5	Transfiguration
Session 17: Jesus Heals the Blind Man	Life of Christ, Parable & Miracles	Jesus loves the sick in a very special way. He promised to send comfort and peace to all the sick and suffering.	Read a scripture story while their child colors, and help their child match pictures of Jesus' healings.	John 9:5-7	Original Sin
Session 18: Lazarus Is Raised from the Dead	Life of Christ, Parable & Miracles	Even though He has gone back up to Heaven, Jesus wants us to be friends with Him too!	Help make a get-well card.	John 11:1-44	Miracle
Session 19: This Is My Body	Life of Christ, Paschal Mystery, Salvation History	This precious gift makes us more like Jesus and helps us on our way to heaven.	Read to their child about St. Peter Julian Eymard and his devotion to Jesus in the Eucharist.	Matthew 26:26b	The Last Supper, Eucharist, thanksgiving



Walking with Jesus Kindergarten

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Easter/Pentecost					
Session 20: Empty Tomb	Life of Christ, Paschal Mystery, Salvation History	Jesus has the power over sin and death, with His resurrection He opened the way into new life for each one of us.	Have the opportunity to plant and watch a bean seed germinate so that their child can see how the death of the seed gives a new life to the plant.	John 20:6-7	Good Friday, tomb, resurrection
Session 21: Doubting Thomas	Life of Christ, Paschal Mystery, Salvation History, Reconciliation	After Jesus rose from the dead, the Apostles doubted in His resurrection. Jesus came to them and instead of punishing them, He gave them His forgiveness, His mercy.	Read the story of the Divine Mercy painting while their child colors.	John 20:29	Easter, mercy
Session 22: The Road to Emmaus	Life of Christ, Paschal Mystery, Salvation History, Eucharist	Jesus is truly present at the Mass. He will always be with us in the scriptures and the breaking of the bread.	Have the opportunity to learn about the holy days of Easter, and remember to look for Jesus, who is always walking with us, in ordinary things.	Luke 24:30-31	The Road to Emmaus, Breaking of the bread
Session 23: The Ascension	Life of Christ, Paschal Mystery, Salvation History, Works of Mercy, Evangelization	Jesus wants us to be witnesses to the faith, to follow Him, be servants like Him, and continue to build the Kingdom that He started.	Have the opportunity to help their child put on the "face of Jesus" in daily actions.	Mark 16:19	Ascension
Session 24: Pentecost	The Holy Trinity, Gifts of the Holy Spirit, Evangelization	When Jesus ascended to heaven, He sent the Holy Spirit. The Holy Spirit is very powerful, He gives us gifts to help build the Kingdom and continue the work of Jesus.	Have the opportunity to help their child "speak in different tongues" to better understand the love language of their family members.	Acts 2:1-4	Pentecost



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Ordinary Time					
Session 1: Who Is Jesus?	Life of Christ, Salvation	Jesus is our Savior. He loves us so much that He gave up His life for us on the Cross. He has saved us so that we can be in Heaven with Him forever.	Continue this learning at home by reading aloud a story about St. Peter while their child colors a picture.	Mark 8:27-29	Savior
Session 2: The Parable of the Lost Sheep	Parables & Miracles, Gospels	Like the Shepherd in this story, God cares for us and protects us and will always search for us and bring us home.	Review the parable of the Lost Sheep with their child, and their child will complete a connect the dots activity.	Luke 14:4-6	Parable
Session 3: Love One Another	Great Commandment, Works of Mercy, Evangelization	When we are living as God wants us to live, we chose love.	Read aloud the story of St. Vincent De Paul, whose life is an example of living out Christ's command to love one another.	John 13:34	Love, Image of God
Session 4: Jesus' Law of Love	Ten Commandments, Justice	God's commandments of love have been consistent throughout time, and are still relevant to us today.	Reflect with each of their family members on ways they can live out Jesus' law of love in at least one concrete way.	Sirach 28:7	Ten Commandments
Session 5: The Greatest Commandment	Life of Christ, Great Commandment	Jesus teaches us to love God above all else, and to love our neighbor as ourselves.	Have the chance to reflect on the meaning of the Solemnity of Our Lord Jesus Christ, King of the Universe, and celebrate the feast at home.	Matthew 22:35-39	The Greatest Commandment
Advent/Christmas					
Session 6: Mary's "Yes" to God	Life of Christ, Incarnation, Marian Teaching, Marian Prayer	Mary, full of grace, cooperated with God's plan when He invited her to be the mother of His Son.	Do an Advent manger craft to intentionally prepare for Jesus' birth through loving sacrifices as a family.	Luke 1:28	"Hail", "full of grace"
Session 7: Old and New	Old Testament, New Testament, Salvation History, Prophets	The Old Testament is the story of how God loved His people and prepared them for the coming of the Savior, Jesus Christ.	Celebrate the feast of St. Nicholas with a read- aloud story and coloring page.	Mark 1:6-8	John the Baptist, prophet
Session 8: Journey to Bethlehem	Life of Christ, Incarnation, Marian Teaching, Marian Prayer	It was there, in the city of David, where Mary would give birth to Jesus.	Reflect on Mary's prayer, the Magnificat, a perfect prayer for Gaudete Sunday!	Luke 2:4-5	Census, Advent
Session 9: The Birth of Jesus	Life of Christ, Incarnation, Salvation History	Students will learn and sing several Christmas carols as they celebrate our Savior's birth.	Have the opportunity to reflect on a Nativity Scene with their child.	Luke 2:3-12	Luke 2:3-12
Session 10: We Are Part of Jesus' Family	Life of Christ, Gospels	Our heavenly father and mother are forever: God the Father, and Mary, Jesus' mother. We are part of Jesus' family.	Have the opportunity to learn about Mary's parents, Sts. Joachim and Anne, while their child colors a picture.	Luke 2:15-19	The Holy Family



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Advent/Christmas (continu	ed)				
Session 11: The Story of Creation	Creator and Creation, Salvation History	God is love and created everything that exists — the heavens and the earth — out of love.	Have the opportunity to discuss creation with their child and explore the gift of the seventh day.	John 1:1-3	The story of creation, the Bible
Session 12: Jesus Was Baptized	Life of Christ, Sacraments of Initiation, The Holy Trinity	Jesus allowed Himself to be baptized to give us a model to follow.	Help their child complete a St. John the Baptist craft and be invited to bring the sacramental of holy water into their homes.	Matthew 3:13-17	Holy Water, baptism
Ordinary Time					
Session 13: Jesus in the Temple	Life of Christ, Gospels	Mary and Joseph presented their baby Jesus in the Temple.	Have the chance to help their child learn about the Rosary.	Luke 2:22-40	Rosary, presentation in the temple, temple
Session 14: Come after Me	Vocation, Church Structure, Life of Christ, Evangelization	Jesus made these faithful men priests, giving them the power to forgive sins, celebrate Mass, and serve His people	Learn about St. Patrick, whose feast day will be celebrated on March 17.	Matthew 4:14-23	Apostles, fishermen
Lent/Triduum					
Session 15: Ash Wednesday	Common prayer, Works of Mercy	Jesus teaches His disciples, and us, about how we should give alms, pray, and fast. These three practices have traditionally formed the pillars of Catholic Lenten practice.	Consider the three pillars of Lenten practice with their child.	Matthew 6:6	Ash Wednesday, prayer
Session 16: The Transfiguration	Life of Christ, Gospels	Jesus reveals His Heavenly Father, and His heavenly Father is very happy with what Jesus is doing.	Have the opportunity to reflect on this luminous mystery in sacred art.	Matthew 17:1-7	God the Father, beloved, pleased
Session 17: The Woman at the Well	Life of Christ, Gospels, Types of Prayer, Common Prayer	The gift of prayer is an encounter with God thirsting for our thirst for Him.	Read a reflection on prayer from St. Mother Teresa while their child colors a picture.	John 4:3-15	Prayer
Session 18: The Last Supper	Eucharist, Paschal Mystery	At Mass, when the priest says the words of consecration, "This is my body which will be given up for you this is the cup of my blood," the bread and wine really and truly become the Body and Blood of our Lord, Jesus Christ.	Learn about transubstantiation (when bread and wine become the Body and Blood of Jesus) while helping their child do a chalice and host craft.	Matthew 26:19, 26-30	Passover, the Last Supper, Eucharist,
Session 19: Who Will Help Jesus?	Life of Christ, Paschal Mystery	We too can comfort Jesus by thanking Him, loving Him, and loving people whom He loves.	Be invited to enter into the Triduum liturgy	Luke 22:39-45	Christ's Passion



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Easter					
Session 20:Jesus Is Risen!	Life of Christ, Paschal Mystery	Now, because of Jesus' Resurrection, we can one day go to heaven and be with God forever.	Continue their child's learning at home with a story about Jesus' appearance to the disciples on the Road to Emmaus.	Luke 24:1-12	Resurrection
Session 21: We Meet Jesus in the Bible	Old Testament, New Testament, Salvation History, Gospels	Scripture is the written record of God's revelation of Himself throughout Salvation History, which is the story of God's love and mercy.	Continue this learning at home by sharing with their child about some of the ways we hear Scripture proclaimed in the Liturgy of the Word.	Luke 24:32	Salvation
Session 22: Peter Jumped into the Sea	Gospels, Saints	We too should run to Jesus without any hesitation.	Read to their child about the visitation, when John the Baptist leapt for joy when the Lord came near.	John 21:3-14	History, Sacred Scripture
Session 23: The Church Is the Body of Christ	Church Structure, Church Nature, Evangelization	The Church is the Body of Christ and has many members, each with their own important role to play.	Help their child see the different ways people can do important work for the Body of Christ.	John 14:15-19	Revelation
Session 24: Jesus Ascended into Heaven	Life of Christ, Paschal Mystery	At the Ascension. Jesus went back to Heaven 40 days after He rose from the dead.	Continue learning at home with a tracing and coloring activity.	Acts 1:9	Body of Christ, The Church



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Ordinary Time					
Session 1: The Parable of the Workers in the Vineyard	Parables & Miracles, Grace, Virtue, Conscience & Sin	The Parable of the Workers in the Vineyard teaches us that God is generous. It also shows us the importance of gratitude in the Christian life.	Do an activity with their child on being grateful for our blessings.	Matthew 20:1-6a	Parable, envy
Session 2: Lazarus and the Rich Man	Parables & Miracles, Works of Mercy	God loves you and wants you to live forever with Him in Heaven.	Have the opportunity to make a family plan to intentionally practice one of the Works of Mercy this week.	Luke 16:19-31	Corporal Works of Mercy
Session 3: The Parable of the Two Sons	Parables & Miracles, Grace, Virtue	The way we live must be faithful to God not only with our words, but also with our actions.	Have the opportunity to help their child develop a spiritual plan for following Jesus in their daily life.	Matthew 21:28-29	Obedience
Session 4: The Parable of the Tenants	Parables & Miracles, Works of Mercy	The Kingdom of Heaven will be given to those who bear fruit.	Continue their child's reflection on what it means to bear fruit for the Kingdom of God, and ways their lives can bear fruit.	Psalm 118:19-24; Matthew 21:23, 33-43	Cornerstone
Session 5: Christ the King	The Four Last Things, Salvation History	At the end of time, Jesus will come again in glory to judge the living and His Kingdom will have no end.	Have the opportunity to continue this reflection at home using a discussion guide to prompt the conversation.	John 18:33b-37	God's Kingdom, God as King
Advent/Christmas					
Session 6: The Story of Advent	Life of Christ, Salvation History, The Four Last Things	Advent is a special time for waiting and for preparing for the coming of Jesus Christ, not only as a baby at Christmas, but also at the end of time in His promised Second Coming.	Do an Advent manger craft to intentionally prepare for Jesus' birth through loving sacrifices as a family.	Mark 13:33-37	Advent
Session 7: The Preaching of John the Baptist	Salvation History, Old Testament, Prophets	God prepared His chosen people for salvation, and how Jesus is that promised Messiah.	Have the opportunity to trace the story of salvation in a beautifully simple way with a Jesse Tree.	Mark 1:1-8	Emmanuel
Session 8: John the Baptist's Testimony	Incarnation, Prophets, Life of Christ	Jesus is the Son of God and our Savior. He is God's love fully revealed to us!	Have the opportunity to further decorate their creches with special gifts from each of their family members.	John 1:6-27	John the Baptist, prophet
Session 9: The Annunciation	Incarnation, Life of Christ	On Christmas Day, Jesus Christ was born of the Virgin Mary.	Have the opportunity to continue a guided discussion of the Nativity while their child colors.	Luke 1:26-38, Luke 2:1-14	Christmas
Session 10: The Baptism of Jesus	The Holy Trinity, Sacraments of Initiation, Life of Christ	Baptism is birth into new life in Christ.	Have the opportunity to reflect on the Trinity with their child, and tell about their own baptisms.	Matthew 3:13-17	Sign of the Cross



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Ordinary Time					
Session 11: The Wedding at Cana	Life of Christ, Parables and Miracles, Eucharist	Jesus' first miracle is the continuation of a series of mysterious and miraculous events in Salvation History that culminate in the Eucharist.	Have the opportunity to take their child to Mass with the special intention of offering Him their gifts and talents so He can turn those gifts into something miraculous.	John 2:1-11	Miracle, Eucharist
Session 12: The Beginning of Jesus's Ministry	Parts of the Mass, Eucharist, Old Testament	When we go to church, we too encounter God's Word, in the Scriptures and in the Eucharist.	Have the opportunity to take their child for a visit to Jesus in the Eucharist.	Luke 4:14-21, Isaiah 61:1-2a	Synagogue
Session 13: Presentation of the Lord	Common Prayer, Types of Prayer, Salvation History	We too can rest knowing of Jesus' salvation.	Have the opportunity to learn about the Liturgy of the Hours, and further consider how prayer raises our minds and hearts to God.	Luke 2:22-40	Temple, sacrifice, Nunc Dimittis
Session 14: Love Your Enemies	Parables & Miracles, Grace, Virtue, Conscience & Sin, Dignity of Life	We should not seek revenge on our enemies, but rather love them and pray for them.	Have the opportunity to reflect on ways family members can live out this teaching.	Matthew 5:38-48	Sermon on the Mount
Lent/Triduum					
Session 15: Ash Wednesday	Reconciliation, Grace, Virtue, Conscience & Sin, Beatitudes	Jesus gave us the Sacrament of Penance to help us become the Father's children again.	Have the opportunity to do a matching activity with their child on living the beatitudes.	Psalm 51:3-4, 5-6, 12-13, 14 and 17	Penance, psalm, examination of conscience
Session 16: The Prodigal Son	Reconciliation, Parable & Miracles, Grace, Virtue, Conscience & Sin	God always forgives us when we ask for mercy.	Listen to their child re-tell them the parable, and together do a fun activity focused on a piece of sacred art.	Luke 15:11-32	Compassion
Session 17: The Man Born Blind	Reconciliation, Parable & Miracles, Grace, Virtue, Conscience & Sin, Works of Mercy	Jesus came to heal not just our bodies but also, and more importantly, our souls.	Have the opportunity to consider ways to live out the spiritual works of mercy.	John 9:1-12	Mercy, miracles, healing
Session 18: The Woman at the Well	Reconciliation, Grace, Virtue, Conscience & Sin	When we receive the sacrament of penance, Jesus showers us with His mercy and forgives our sins. Sanctifying grace returns into our souls, and we may worthily receive Him in the Eucharist.	Contemplate the Divine Mercy story and reflect on ways their family can trust in Jesus.	John 4:3-15	State of grace, mortal
Session 19: The Last Supper	Parts of the Mass, Eucharist, Paschal Mystery	Gifts of bread and wine are changed into Jesus' Body and Blood at every Mass.	Reflect with their child on what it means that Jesus offers us His Body and Blood.	Luke 22:14-20, John 6:48-55	The Last Supper, Paschal Triduum



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Easter/Pentecost					
Session 20:The Resurrection	Life of Christ, Paschal Mystery, Gospels	Jesus died on the Cross, rose from the dead on third day, and ascended into heaven to save us from sin and to bring us to everlasting life.	Have the opportunity to read the Gospel accounts of the Resurrection and compare and reflect on them with their child.	John 20:1-9	Good Friday, Death
Session 21: Good Shepherd Sunday	Life of Christ, Paschal Mystery	Jesus came so we could have life, and have it abundantly.	Have the opportunity to compare Jesus to a shepherd while their child colors a picture.	John 10:1-10	The Church, Good Shepherd, Easter
Session 22: The Feeding of the 5000	Parts of the Mass, Eucharist, Paschal Mystery	Jesus wants to pour out His grace upon us, not to just give us the bare minimum, but an abundance of His grace and love.	Complete a craft with their child expressing thanksgiving for Jesus' many blessings.	Luke 9:10-17	Eucharist
Session 23: The Ascension	Life of Christ, Paschal Mystery	Jesus' Ascension shows us the way and gives us hope for heaven.	Have the opportunity to lead their family in envisioning their own personal witness of Jesus.	Matthew 28:16-20; Acts 1:9	Ascension
Session 24: Pentecost	Gifts of the Holy Spirit, Evangelization	The Holy Spirit teaches us, guides us, and leads us to holiness so that we can be Jesus' witnesses through the world.	Do a seek-and-find activity based on the symbols of the Holy Spirit.	Pentecost Narrative	Pentecost



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Ordinary Time					
Session 1: "You are the Christ"	Liturgical Year/Seasons, Church Structure, Life of Christ	We remember these events as Jesus' disciples today through the Liturgical Year.	Have the opportunity to read about St. Peter, the first pope, while their child colors a picture of St. Peter.	Mark 8:27-31	St. Peter
Session 2: The Meaning of Discipleship	Vocation, Discipleship, Parts of the Mass	A disciple is a person who believes in Jesus, learns from him, and follows His teaching and example.	Discuss the topic of discipleship and help their child to complete a maze activity.	Mark 10:35-45	Disciple
Session 3: Jesus Teaches Us to Pray	Common Prayer, Types of Prayer, Parts of the Mass	God always hears and answers our prayers, even if we do not understand the answer right away.	Begin a project of creating a Mass lapbook. Their child will add to their Mass lap book throughout the year.	Luke 18:1-8	Prayer
Session 4: Loving God and Loving Your Neighbor	Ten Commandments, Great Commandment, Discipleship	The Ten Commandments tell us what we need to do to love God and love our neighbor. The first three commandments are about love of God, and the other seven are about love of our neighbor.	Help their child in an activity that identifies choices directed to loving God, or loving their neighbor.	Mark 12:28-31	Virtue, the Ten Commandments
Session 5: The Resurrection of the Body	Creeds, The Four Last Things, Paschal Mystery	At the end of time, when Jesus returns, there will be a resurrection of the body in which our souls will be reunited with our glorified bodies.	Have the opportunity to help their child celebrate All Saints Day.	Luke 20:34-38	Resurrection of the body
Advent/Christmas					
Session 6: The Story of Advent	Salvation History, Incarnation, The Four Last Things	Advent is a time for waiting and for preparing for the coming of Jesus Christ, not only as a baby at Christmas, but also at the end of time in His promised Second Coming.	Do an Advent manger craft to intentionally prepare for Jesus' birth through loving sacrifices as a family.	Isaiah 40:3,5	Advent
Session 7: The Visitation	Salvation History, Incarnation, Prophets, Life of Christ	We too can say that the Lord has done great things for us!	Have the opportunity to discuss the Visitation while their child colors a picture and they should then pray Mary's prayer, the Magnificat, together.	Psalm 126:1-6	Old Testament, Old Covenant
Session 8: Rejoice Heartily in the Lord	Salvation History, Incarnation, Prophets, Old Testament	The Church is the new Israel.	Continue their child's reflection on how we, as the Church, rejoice in the coming of the Savior, especially on Gaudete Sunday as their child does an Advent chain craft.	Isaiah 61:1-2a, 10-11	Emmanuel, Prophet Isaiah, The Church



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Advent/Christmas (continu	ed)				
Session 9: Christmas Play	Life of Christ, Incarnation, Gospels	Remembering the story of Our Savior's birth.	Participate in this entire session so they can watch the play.	Luke 2:3-14	Shepherd, The Good News, peace
Session 10: Mary, Mother of God	Marian Teaching, Marian Prayers	Jesus is Mary's son: the Word made Flesh. This was such a special role that God gave Mary a very special gift. He saved her from sin from the very beginning of her life. We call this the Immaculate Conception.	Learn about the apparition of Our Lady of Lourdes, whose feast we celebrate next month on February 11.	Galatians 4:4-17	Mary Mother of God, Theotokos, Immaculate Conception
Session 11: We Are Made Male and Female in God's Image	Creation and Creator, Incarnation, Creed	To be made in God's image and likeness also means that we are made as male and female, equal and different.	Help their child recognize the ways they use their intellects, free wills, and capacities to love.	Genesis 1:1, 27; John 1:1-5	The Story of Creation, Image and Likeness of God
Ordinary Time					
Session 12: The Blessed Trinity	The Holy Trinity	The Trinity is a mystery we cannot fully understand without God's help, but we can trust God because God is love.	Continue learning at home with a shamrock craft.	1 John 5:1-9	Consubstantial, the Holy Trinity, Baptism of Jesus
Session 13: The Lamb of God	Salvation History, Old Testament, Prophets, Paschal Mystery	Like the original Passover, Christ's saving actions are celebrated in a sacred meal: the Mass.	Have the opportunity to continue this learning at home with a crossword puzzle.	John 1:35-42	Passover, Lamb of God
Session 14: We Bring Our Prayers to Jesus	Common Prayer, Types of Prayer, Parts of the Mass	Prayer is our friendship with God, a conversation with Him, and just like we want to tell our friends many kinds of things, so there are many things we tell God.	Continue this learning with a matching activity to help their child see how we say many different kinds of prayer in the Mass.	Mark 1:29-39	Prayer, sin, Sacrament of Penance
Lent/Triduum					
Session 15: Ash Wednesday	Liturgical Year/Seasons, Types of Prayer, Works of Mercy	Jesus teaches His disciples, and us, about how we should give alms, pray, and fast. These three practices have traditionally formed the pillars of Catholic Lenten practice.	Along with their child, consider the three pillars of Lenten practice.	Joel 2:12-13	Giving alms, prayer, fasting
Session 16: The Transfiguration	Life of Christ, Incarnation, Gospels	Jesus is fully God and fully human.	Have the opportunity to pray with their child every day for 5 minutes, helping their child be attentive to the many ways God reveals His glory to us in little and big ways in their daily lives.	Matthew 17:1-9	Divinity, glory



Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words
Lent/Triduum (continued)					
Session 17: The Parable of the Fig Tree	Parables & Miracles, Discipleship, Parts of the Mass	All of these help us to avoid sin, grow in holiness, and be the people God made us to be.	Help their child add to their Mass lapbook.	Luke 13:1-9	God as the Gardener
Session 18: The Last Supper and the Mass	Parts of the Mass, Eucharist, Paschal Mystery	Many different things happen during Mass, but the most important part is the Consecration.	Have the opportunity to understand the significance of the Preparation of the Gifts.	Matthew 26:19, 26-30	Consecration, The Liturgy of the Mass: the Introductory Rites, The Liturgy of the Word, the Liturgy of the Eucharist
Session 19: Palm Sunday and the Triduum	Life of Christ, Paschal Mystery	During the season of the Triduum, we enter into the three holiest days of the liturgical year.	Learn about St. John the Evangelist, and will be invited to enter into the Triduum liturgy.	Matthew 21:1-9	Palm Sunday, palm fronds Triduum
Easter					
Session 20: Easter Sunday	Life of Christ, Paschal Mystery, Church Structure, Parts of the Mass	The Resurrection accounts offer support for Peter as the first Pope, and show us that the Church is hierarchical.	Help their child complete their Mass Cards for the Gloria, which we sing again at Easter.	Luke 24:1-12	Resurrection, Pope
Session 21: Divine Mercy Sunday	Life of Christ, Paschal Mystery, Reconciliation, Sacraments	Jesus established the Sacrament of Penance as the way we receive forgiveness of sins.	Continue to help their child learn about the parts of confession while their child colors pictures.	John 20:19-23	Sacrament, forgiveness, Sacrament of Penance or Reconciliation
Session 22: They Received the Holy Spirit	Sacraments of Initiation, Sacrament Signs, Symbols, Effects, Sacramentals, Marian Prayer	Confirmation completes, or confirms, the outpouring of the Holy Spirit received at Baptism and sends the person out to proclaim the Good News.	Learn about symbols of the Holy Spirit, and how to have a May Crowning in celebration of Mary.	Acts 8:5-8, 14-17	Sacrament of Confirmation, deacon, baptism
Session 23: The Ascension	Life of Christ, Paschal Mystery, Salvation History, Parts of the Mass, Creed	Jesus saved us from sin and death through His Paschal Mystery — His Passion, death, Resurrection, and Ascension.	Help their child create a flower for a thank you bouquet from the class, thanking Jesus for all He has done for us.	Luke 24:46-53a	Paschal Mystery, Ascension of Jesus
Session 24: Take Courage	Life of Christ, Miracles, Evangelization, Parts of the Mass	Jesus wants us to trust in Him, even when scary things are happening around us.	Tell their child a story about St. Rose of Lima and enjoy a traditional Peruvian snack in honor of her feast day this summer while their child colors a picture.	Matthew 14:22- 33	Trust



Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words
Ordinary Time					
Session 1: Who is Jesus?	Liturgical Year/Seasons, Church Structure, Life of Christ, Miracles	Jesus revealed who He was in the Gospel through His miracles.	Have the opportunity to discuss ways they can proclaim who Jesus is and the salvation He offers to everyone as a family.	Mark 7:31-37	Prophet Isaiah, Messiah
Session 2: The Parable of the Dishonest Steward	Parables, Justice, Stewardship, Works of Mercy	All the things in this world are given as gifts to responsibly steward and share with our neighbor.	Learn the story of Mother Teresa who was a faithful steward and shared her life, gifts, and talents so that the poorest of the poor could experience the love of God.	Luke 16:1-13	Gifts from God, steward
Session 3: Forming Our Consciences	Grace, Virtue, Conscience & Sin, Gospels	Jesus warns us in the Gospel to let nothing get in the way of reaching heaven.	Have the opportunity to review the teaching about conscience with a fun crossword puzzle.	Mark 9:42-48	Idiom, hyperbole, Hell, temptation
Session 4: The Rich Young Man	Vocation, Religious Life, Marriage, Saints, Catholic Social Teaching	Our vocation is always a call to come home to heaven, but the way we get there is always an adventure.	Read with their child the story of St. Martin de Porres and look for key moments in the story of his vocation to follow the Lord.	Mark 10:17-30	Vocation
Session 5: The Pharisee and the Tax Collector	Common Prayer, Types of Prayer	When we take time to pray, we show God that we want to be friends with Him and share in His life.	Have an opportunity to reflect on the parable with their child through a sacred art activity, and to create a prayer corner in their home.	Luke 18:9-14	Prayer
Advent/Christmas					
Session 6: The Story of Advent	Liturgical Year/Seasons, Salvation History, Incarnation, Marian Teaching	Advent is a time for waiting and for preparing for the coming of Jesus Christ, not only as a baby at Christmas, but also at the end of time in His promised Second Coming.	Do an Advent manger craft to intentionally prepare for Jesus' birth through loving sacrifices as a family.	Isaiah 40:3, 5	Advent, Advent wreath, Jesse Tree
Session 7: Our Lady of Guadalupe	Salvation History, Prophet, Grace, Virtue, Marian Teaching	We must freely choose to turn away from sin and back to God throughout our lives in order to receive salvation.	Read to their child the story of St. Juan Diego while their child colors a picture.	Matthew 3:5-15	John the Baptist
Session 8: Exceeding Expectations	Salvation History, Incarnation, Prophets	The Kingdom of Heaven is greater than anything on this earth.	Examine how John the Baptist is a forerunner of Christ.	Matthew 11:2-11	Messiah
Session 9: Christmas Play	Life of Christ, Incarnation, Gospels	Remembering the story of Our Savior's birth.	Participate in this entire session so they can watch the play.	Luke 2:1-14	House of David, manger, shepherd, peace
Session 10: God's Covenant Family	Salvation History, Old Testament, Prophet	From one couple (Adam and Eve) to a family (through Noah), to a whole people (through Abraham), and now to the whole world (in Jesus Christ), God has prepared His people for salvation.	Have the chance to reflect on ways their family traditions reflect their faith in God.	Hebrews 11	Family trees



Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words		
Advent/Christmas (continue	Advent/Christmas (continued)						
Session 11: The Baptism of Jesus	Life of Christ, The Holy Trinity, Sacraments of Initiation	The three persons of the Blessed Trinity were present at the baptism of Jesus, and the Father, Son and Holy Spirit are also present at our own Baptisms.	Have the opportunity to bless their child by imitating God the Father's blessing upon His Beloved Son, Jesus Christ.	Luke 3:15-16, 21-22	Sacrament of Baptism, sacrament		
Ordinary Time							
Session 12: Teachings about the Law	Ten Commandments, Grace, Virtue, Conscience & Sin	Jesus wants us to follow the Law not simply out of obligation, but because we love God.	Make a poster with their child about how to set apart Sundays as the Lord's Day in their family life.	Matthew 5:17-37	Ordinary Time, commandments/ rules		
Session 13: The Greatest Commandment	Ten Commandments, Great Commandment, Grace, Virtue, Conscience & Sin, Works of Mercy	He teaches us that following the Commandments — loving God and one another as we ought — is the key to eternal life.	Discuss with their child who our neighbors are in different areas of our lives and how we can love them.	Luke 10:25-28	Commandments of Love of God, Commandments of Love of Neighbor		
Session 14: Love Your Enemies	Dignity of Life, Catholic Social Teaching,	We are called to honor the dignity of every person we meet, even our enemies.	Have the opportunity to plan how their family will celebrate Mardis Gras before we enter the Lenten season.	Matthew 5:38-48	Human dignity		
Lent/Triduum							
Session 15: Ash Wednesday	Liturgical Year/Seasons, Common Prayer, Types of Prayer	Prayer is the raising of one's mind and heart to God or the requesting of good things from God (CCC 2559).	Read about Ash Wednesday Mass and discuss with their child.	Matthew 6:1-6	Ash Wednesday mass, ashes, heart, prayer		
Session 16: The Transfiguration of Jesus	Life of Christ, Incarnation, Gospels	God reveals His love to us in many ways — in the beauty, order, and power of nature, and most fully in the Incarnation of His Son, Jesus Christ. Another way God reveals His love to us is in the lives of those who love Him the most — the saints.	Read the story of St. Joseph the foster-father of Jesus and patron of the universal Church	Mark 9:2-10	Transfiguration, Rosary, St. Joseph		
Session 17: Cleansing of the Temple	Grace, Virtue, Conscience, Ten Commandments, Justice	Jesus' example in this Gospel reveals to us that sometimes sharing the Gospel and living as God calls us to live means taking a stand against something that is wrong and instead doing what is right.	Have the opportunity to reflect on their family's Lenten journey with their child and recommit to their Lenten promises.	John 2:13-25	Emotion, the Temple of Jerusalem, evangelization		
Session 18: Jesus, Our Paschal Lamb	Eucharist, Paschal Mystery, Old Testament	The fulfillment of the Passover at the Last Supper was the institution of the New Covenant in Christ's Blood.	Learn about many of the continuities between the Old and New Testaments by completing activities in a creative booklet.	1 Corinthians 11:23-26	Passover lamb, Old Covenant		



Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words
Lent/Triduum (continued)					
Session 19: The Way of the Cross	Life of Christ, Paschal Mystery	Jesus lovingly and obediently accepted this plan, and by His Cross and Resurrection He redeemed the world.	Help their child learn about St. Veronica and receive encouragement to enter into the season of the Triduum.	Luke 23:33-49	Good Friday, Triduum
Easter/Pentecost					
Session 20: The Resurrection	Liturgical Year/Seasons, Life of Christ, Paschal Mystery, Sacramentals	Christ's Resurrection is the most important event of our Christian faith. It is the event that fulfilled God's plan of salvation and redeemed our sins.	Have the opportunity to reflect with their child on their Lenten journey and upon the Gospel accounts of Jesus' Resurrection.	Mark 16:1-7	Theological virtue of Faith, Christ's Resurrection, divine grace, Easter/ Paschal candle
Session 21: The Road to Emmaus	Eucharist, Paschal Mystery, Parts of the Mass	The Eucharist — and all the sacraments — are outward signs of God's grace given to the Church, by which Jesus is present to us and makes us holy, just as He was present to His disciples.	Have the opportunity to learn more about the various parts of the Mass with their child and bring to Mass with them a checklist to help their family pay closer attention to Mass.	Luke 24:13-35	The Mass, the Liturgy of the Word, the Liturgy of the Eucharist, Sacrament of the Eucharist, sacraments
Session 22: Jesus the Good Shepherd	Life of Christ, Paschal Mystery, Church Structure	Jesus gave His authority to St. Peter, the first pope, and his successors, to shepherd the Church on earth until He returns at the end of time.	Pray with their child to Jesus the Good Shepherd and help their child plan specific ways they can follow Jesus better this week.	John 10:11-18	The Good Shepherd, Pope
Session 23: The Vine and the Branches	Parables, Sacraments, Grace, Virtue	Jesus told us He is the source of grace, and promised us that we would see His grace bear fruit in our lives if we remain living in Him. We receive His grace, and participate in His life, most fully through the seven sacraments of the Church: Baptism, Confirmation, Eucharist, Penance and Reconciliation, Anointing of the Sick, Holy Orders and Holy Matrimony.	Have the opportunity, together with their child, to think of ways they can grow in grace this week.	John 15:1-8	Grace, sanctifying grace, actual grace
Session 24: Pentecost	Paschal Mystery, Church Structure, Marian Teaching	At Pentecost, Jesus fulfilled His promise and sent the Holy Spirit to fill His Apostles and Mary — and us — so they might boldly fulfill the mission He had given them. The Church has been guided by the Holy Spirit and continues the saving work of Christ still today, nearly 2,000 years later — and will until the end of time — especially through the sacraments.	Have the opportunity to read over the summer with their child about Mary and celebrate her Motherhood of the Church and glorious Assumption with their family.	Acts 2:1-11	Pentecost



Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words
Ordinary Time					
Session 1: Peter's Confession About Jesus	Liturgical Year/Seasons, Church Structure, Life of Christ, Miracles	Likewise, the Holy Spirit helps us to grow in our knowledge of who Jesus is and strengthen us as faithful disciples.	Have the opportunity to explore with their child the Apostles' Creed.	Mark 8:27-35	Disciples, Apostles
Session 2: What Is a Sacrament?	Sacrament Signs, Symbols, Effects	All the sacraments are visible signs of grace that effect what they signify.	Receive a chart and coloring pictures to complete throughout the year.	Luke 15:11-24	Sacrament
Session 3: The Sacrament of Marriage	Marriage, Sacrament Signs, Symbols, Effects, Vocation, The Holy Trinity	Just as Jesus was present at the Wedding at Cana, He offers husbands and wives the graces and the strength to live the Sacrament of Matrimony as a sacrament of love.	Read a reflection on marriage and design with their child a symbol or logo for the sacrament of marriage.	Mark 10:1-12	Sacrament of Marriage
Session 4: The Feasts of All Saints and All Souls	Beatitudes, Virtue	Though we may gain little reward in this life by following Christ's teaching, our victory comes in the end and is nothing short of the Kingdom of God itself.	Continue learning about All Souls Day, and how to look to the saints of heaven as examples of holiness.	Matthew 5:1-12a	Sermon on the Mount, Beatitudes
Session 5: The Parable of the Talents	Discipleship, Parables, Vocation	When we use our gifts to serve others and glorify God, we will be greatly rewarded.	Reflect on the gifts and talents God has given them, and how they could be developed to help build God's Kingdom.	Matthew 25:14- 30	Gifts, glory
Advent/Christmas					
Session 6: The Story of Advent	Salvation History, Prophets, Old Testament	Advent is a time for waiting and for preparing for the coming of Jesus Christ, not only as a baby at Christmas, but also at the end of time in His promised Second Coming.	Continue the discussion at home with their child about how God has worked impossible things through those who have faith in Him.	Luke 1:26-38	Advent
Session 7: The Preaching of John the Baptist and Baptism	Salvation History, Prophet, Sacraments of Initiation, Life of Christ	When Jesus came, He elevated Baptism to a sacrament that actually cleanses our souls of sin and creates us new.	Learn about the symbols of Baptism with their child.	Mark 1:1-8	Emmanuel, John the Baptist, Baptism of repentance, sacrament
Session 8: The Root of Jesse	Salvation History, Prophet, Old Testament,	God's great promises given to the Israelites that through the family of Jesse would come the long-awaited Savior of the world!	Have a chance to reflect on Jesus has opened heaven to us, and how heaven will exceed all our expectations.	Isaiah 11	Jesse Tree



Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words
Advent/Christmas (continu	ed)				
Session 9: Christmas Play	Life of Christ, Incarnation, Gospels	Christmas Pageant	Participate in this entire session so they can watch the play.	Luke 2:1-14	
Session 10: The Baptism of the Lord	Sacraments of Initiation, Life of Christ, Paschal Mystery	In His baptism, Jesus submitted Himself fully to His Father's will out of pure love for us, for the sake of our salvation.	Continue this learning at home with a reflection on the call to holiness that Christ gives to everyone in the Sacraments of Initiation.	Matthew 3:13-17	Sacraments of Initiation
Ordinary Time					
Session 11: The Wedding at Cana	Marriage, Sacrament Signs, Symbols, Effects, Vocation, The Holy Trinity	The love shared between spouses reflects the love of God in its free, faithful, fruitful, and indissoluble nature.	Have the opportunity to pray a decade of the Rosary with their child.	John 2:1-12	Sacrament of Marriage, Wedding Feast at Cana
Session 12: The Virtue of Love	Virtue, Justice, Grace, Vocation	As a theological virtue, love, or charity, is the virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God.	Discuss with their child Pope St. John Paul's teaching that the home is a school of love.	1 Corinthians 13:4-13	Patience, Theological virtue of love (or charity)
Session 13: The Miracles of Jesus	Miracles, Vocation, Discipleship, Gospels	We too should trust in the Lord and know that He can work great things through us if we listen to His word and have faith in Him.	Guide their child to read and analyze three short Bible stories showing how different people responded to Jesus' call.	Luke 5:1-11	Miracle
Session 14: The Cleansing of the Leper and Anointing of the Sick	Sacrament Signs, Symbols, Effects, Miracles, Grace	In the Sacrament of Anointing of the Sick, we receive an outpouring of God's grace to strengthen us to face suffering and sickness and even death.	Read with their child a blessing for the sick and pray together as a family.	Mark 1:40-45	Sacrament of Anointing of the Sick
Lent/Triduum					
Session 15: Ash Wednesday	Liturgical Year/Seasons, Common Prayer, Types of Prayer, Works of Mercy	These three practices have traditionally formed the pillars of Catholic Lenten practice.	Consider the three pillars of Lenten practice with their child.	Matthew 6:1-6, 16-18	Ash Wednesday, Pillars of Catholic Lenten Practice
Session 16: The Temptation of Jesus	Life of Christ, Virtue	Jesus gives us a model to follow in resisting temptation.	Have the opportunity to reflect on the meaning of fasting, and participate in prayer and fasting as a family.	Matthew 4:1-11	Temptation, Lent
Session 17: The Transfiguration	Life of Christ, Incarnation, Gospels	Jesus desires all of us to see and experience God's glory.	Have the opportunity to pray with their child every day for five minutes, helping them be attentive to the many ways God reveals His glory to us in little and big ways in their daily lives.	Matthew 17:1-9	Transfiguration



Lessons	Catechetical Topic	Learning Goal	Parents will	Scripture	Vocab words
Lent/Triduum (continued)					
Session 18: The Woman at the Well	Eucharist, Sacrament Signs, Symbols, Effects, Saints	We need the Eucharist even more than our bodies need food and water.	Be invited to watch a short video on the Eucharist together with their child and discuss some reflection questions to understand the significance of this Sacrament.	John 4:13-14	Spiritual hunger, companion
Session 19: The Last Supper and Holy Orders	Sacrament Signs, Symbols, Effects	Holy Orders is the sacrament through which ordained men serve God's people and bring them grace through the celebration of the Sacraments.	Be encouraged to pray for priests in a special way this Triduum.	John 13:1-15	Institution of the Eucharist, Sacrament of Holy Orders, Holy Thursday
Easter/Pentecost					
Session 20: The Resurrection	Life of Christ, Paschal Mystery, Gospels	Jesus died on the Cross, rose from the dead on third day, and ascended into heaven to save us from sin and to bring us to everlasting life.	Have the opportunity to read the Gospel accounts of the Resurrection and compare and reflect on them with their child.	John 20:1-18	Good Friday, Mary Magdalene
Session 21: Divine Mercy Sunday	Life of Christ, Paschal Mystery, Types of Prayer	Often, we are like St. Thomas, and we doubt God's love and mercy for us. Accepting God's love and mercy requires us to have faith and believe in His saving works.	Be invited to say the Divine Mercy Chaplet as a family.	John 20:24-31	St. Faustina, Divine Mercy
Session 22: The Feeding of the 5,000	Life of Christ, Eucharist, Types of Prayer, Marian Prayer	In the Eucharist, Jesus feeds not only our bodies, but our souls as well.	Help their child learn to pray the Rosary.	Mark 6:34-44	Miracle, Bread of Life
Session 23: The Holy Spirit	The Holy Trinity, Church Structure, Grace, Evangelization, Church Nature	The Holy Spirit's works in and through the Church to make us holy. The Holy Spirit is God's gift for continued leadership and guidance for all believers.	Continue this learning at home with a scavenger hunt through the Bible for symbols of the Holy Spirit.	John 14:15-21	Holy Spirit, Ascension
Session 24: Pentecost and Confirmation	Sacraments of Initiation, Life of Christ, Paschal Mystery, Sacrament Signs, Symbols, Effects, Miracles, Grace	It is that same Spirit who still lives in the Church today, empowering all who receive Him in the Sacrament of Confirmation to continue to spread the Kingdom of God in word and deed.	Watch a short, animated video on Confirmation, and also pray with their child in a special way for their bishop.	Acts 2:1-38	Pentecost, Sacrament of Confirmation



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Ordinary Time				
Session 1: The Healing of the Deaf Man	Miracles, Salvation History, Life of Christ, Old Testament, Prophet	God reveals who He is and what His plans are in Scripture.	Mark 7:31-37	Prefigure, Old Testament
Session 2: The Lost Coin	Parables, Old Testament, New Testament, Salvation History	Jesus fully reveals the Father's unconditional, merciful love.	Exodus 32:7-11, 13-14	Free will, New Testament
Session 3: The Workers in the Vineyard	Parables, Old Testament, Salvation History, New Testament	In the New Covenant, Jesus offers salvation to the whole world.	Matthew 20:1-6a	Steward, Covenant
Session 4: Lazarus and the Rich Man	Parables, Grace, Virtue, Conscience & Sin, Works of Mercy	Our eternal destiny depends on how close we are to God during our time on Earth.	Luke 16:19-31	Repent, Salvation
Session 5: The Greatest Commandments	Ten Commandments, Great Commandment, Works of Mercy	The Ten Commandments all depend on loving God, and loving your neighbor.	Matthew 22:34-40	Love, the Law and the Prophets
Advent/Christmas				
Session 6: The Announcement of the Birth of Jesus	Life of Christ, Incarnation, Gospels	God prepared His people from the very beginning for Christ's coming and for salvation.	Luke 1:26-38	The Annunciation
Session 7: The Story of Advent	Liturgical Year/Seasons, Salvation History, Incarnation, Marian Teaching	God prepared His people from the very beginning for Christ's coming and for salvation. Family Activity Bonus: Explore as a family, the "O Antiphons".	Story of Advent	Messiah, Antiphon
Session 8: Jesse Tree Red Carpet	Salvation History, Incarnation, Old Testament, Prophets	God's great promises given to the Israelites that through the family of Jesse would come the long-awaited Savior of the world! Family Activity Bonus: Reflect on the play Jesse Tree Red Carpet.	Isaiah 11:1-10, Isaiah 11:1-3a, 9b-10	Jesse Tree, Kingdom of God
Session 9: Advent/Christmas	Life of Christ, Incarnation, Gospels	In the Incarnation, the Second Person of the Trinity took on a human nature to save us from our sins. The Incarnation happened at the Annunciation, and was revealed to the world at Jesus' birth on Christmas.	John 1:1-5, 9-14	Incarnation, Nativity



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Advent/Christmas (continued)				
Session 10: Feast of the Epiphany	Life of Christ, Incarnation, Gospels, The Holy Trinity	At His baptism, Jesus was revealed as the Son of God the Father in a manifestation of the Trinity.	Matthew 3:1-2, 5-6, 13-17	Trinity, Epiphany
Session 11: The Holy Family	Life of Christ, The Holy Trinity, The Ten Commandments, Old Testament	Just as Jesus is our model for how to live, the Holy Family is the perfect model for families.	Sirach 3:2-6, 12-14	The family, Holy Family
Ordinary Time				
Session 12: Behold the Lamb of God	Salvation History, Paschal Mystery, Old Testament, Prophets	The first Passover lamb was sacrificed to save the Hebrew people from slavery in Egypt. Jesus sacrificed His own life to save all people from sin and death.	John 1:29-34, Revelation 5:13	Lamb of God, Passover
Session 13: Feast of the Presentation	Life of Christ, Incarnation, Gospels, Prophets	Like Simeon and Anna, we can offer praise and thanks to God through prayer.	Luke 2:22-40	Presentation, Redemption
Session 14: The Call of the First Disciples	Vocation, Discipleship, Gospels	Just as Christ called the first Apostles out of their ordinary lives to love, serve, and sacrifice for Christ, so too does He call us, in ways that we can discern through prayer.	Matthew 4:12-23	Vocation
Lent/Triduum				
Session 15: Abraham's Test and Christ's Sacrifice	Paschal Mystery, Old Testament, New Testament, Prophets	This account is a special foreshadowing of the ultimate sacrifice of Christ on Calvary, in which God provided His own Son as the ultimate sacrifice for our salvation.	Genesis 22:1-18	Calvary
Session 16: Crossing the Red Sea	Paschal Mystery, Old Testament, New Testament, Prophets, Sacraments of Initiation	Just as the Israelites passed through the waters of the Red Sea, and escaped the grip of slavery and death, so in the Sacrament of Baptism do we pass through water into new life, leaving behind the slavery of Original Sin. Family Activity Bonus: Explore how to fast as a Family during Lent.	Exodus 14:15- 15:1	Sacrament of Baptism
Session 17: God's Love and Mercy	Creation and Creator, Salvation History, Paschal Mystery	Gradually and in stages, by His Word and deeds, God prepared us throughout the Old Covenant to receive the gift of salvation won for us by His Son, Jesus Christ, in the New Covenant.	John 8:1-11	Mediator, Adultery
Session 18: The Passion and Death of Jesus	Life of Christ, Paschal Mystery, The Holy Trinity, Old Testament, Types of Prayer	The Psalms are prophetic prayers that can help us enter into the mind of Jesus and help us share in His relationship with God the Father, and the Holy Spirit.	Matthew 27:33-54	Passion of Christ, the Psalms
Session 19: Living Stations of the Cross	Life of Christ, Paschal Mystery, Types of Prayer	The Living Stations of the Cross is not to put on a play, but a prayer to help us to understand what Jesus endured for our sake and to bring us to love Him more and more.	Stations of the Cross	



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Easter				
Session 20: He Has Been Raised	Life of Christ, Paschal Mystery, Evangelization	Each of us, as Catholics, can contribute to Jesus' mission of evangelization. Each of us is called to "go and tell" the Good News of salvation to the world. Family Activity Bonus: Family Reflection on the Lenten season in preparation for Easter.	1 Corinthians 15:20, Mark 16:1-7	Evangelization
Session 21: Communal Life	Eucharist, Church Nature, Church Structure, Sacrament Signs, Symbols, Effects.	The heart of our communal life in the Church is the Sacrament of Holy Eucharist.	1 Peter 4:10, Acts 2:42-47	Eucharist
Session 22: The Road to Emmaus	Eucharist, Sacraments, Parts of the Mass	Jesus walks beside us on our own journeys, teaches us, and reveals Himself to us in the life of the Church and in the sacraments.	Luke 24:13-35	Sacraments
Session 23: I Am the Gate for the Sheep	Eucharist, Church Nature, Paschal Mystery, Sacrament Signs, Symbols, Effects.	We enter into the fullness of life in Christ through the sacraments, especially the Eucharist, which unite us to Christ as members of His Body, the Church.	Matthew 7:13, John 10:1-10	Body of Christ, Communion (of persons)
Session 24: Do Not Let Your Hearts Be Troubled	Grace, Virtue, Sacraments, Saints, Church Nature	It is not always easy to follow Jesus, but the Holy Spirit and the saints in Heaven help us and intercede for us on our own path to sainthood.	Matthew 6:21, John 14:23-29	Intercession, Peace



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Ordinary Time				
Session 1: Meeting God in His Word	Parables, Work of Mercy, Types of Prayer, Lectio Divina	In this session, students will learn the steps of <i>Lectio Divina</i> , and meditate on God's Word in the Parable of the Lost Son.	Psalm 46:11, Philippians 4:8, Luke 15:1-3, 11-24	Parable, prayer, lectio divina
Session 2: Greatness in God's Kingdom	Parables, Discipleship	Jesus points to the innocent joy of a child as the model for entry into the Kingdom of God.	Mark 9:30-37	Discipleship
Session 3: The Parable of the Dishonest Steward	Parables, Discipleship, Works of Mercy, Justice	We should be generous with what we have and remember that what really matters is getting to our true home in heaven.	Matthew 5:7, Luke 16:1-13	Generosity, Spiritual Works of Mercy
Session 4: All Saints Day	Saints, Beatitudes, Marian Teaching	God desires communion with us, and only He can make us truly happy.	Matthew 5:1-12a	Beatitudes, "blessed"
Session 5: The Rich Young Man and the Meaning of Life	Vocation, Discipleship, Works of Mercy, Great Commandment	Jesus calls each of us to value our relationship with God above all else in our lives – material things, wealth, popularity, and even other relationships. This loving communion with God that Jesus calls us to is the very meaning and purpose of life.	Matthew 19:26, Mark 10:17-30	Meaning of Life
Advent/Christmas				
Session 6: The Annunciation	Marian Teaching, Incarnation, Life of Christ	Advent is a time of waiting with joyful hope for the salvation God has promised.	1 Corinthians 1:3-9	The Chosen People, Advent
Session 7: The Story of Advent	Liturgical Year/Seasons, Salvation History, Incarnation, Marian Teaching	We too are a people waiting, and we too can trust in His promises. Family Activity Bonus: Pray with the "O Antiphons" making a star ornament for each one.	Joshua 1:5, Lamentations 3:22-23, Jeremiah 29:11, Revelation 21:4, Romans 8:8, Matthew 7:7, Isaiah 11:1-2, Isaiah 40:31, Isaiah 41:10, Isaiah 55:1, Matthew 10:30-31	
Session 8: Jesse Tree Live	Salvation History, Incarnation, Old Testament, Prophets	God's great promises given to the Israelites that from David's line would come the long-awaited Savior of the world! Family Activity Bonus: Reflect on the play Jesse Tree Red Carpet.	Isaiah 1a, 9:5-6	Jesse Tree, Annunciation



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Advent/Christmas (continued)				
Session 9: Fourth Sunday of Advent/Christmas	Salvation History, Incarnation, Marian Teaching, Marian Prayer	The Ark of the Covenant, described in the Old Testament, was a spiritual dwelling place for God. In the Blessed Virgin Mary, God Himself comes to dwell with us in the flesh. Pray and reflect together on the "Magnificat".	Luke 1:39-45	Visitation
Session 10: Feast of the Epiphany	Salvation History, Incarnation, Life of Christ, Gifts of the Holy Spirit	Wise men still seek Jesus.	Matthew 2:1-12	Epiphany
Session 11: Mary, the Mother of God	Marian Teaching, Incarnation, Marian Prayers	The Solemnity of Mary the Blessed Virgin Mary, the Mother of God. This important feast is not only a beautiful celebration of Mary's motherhood, but even more importantly, it is a celebration of the union of the divine and human natures of Jesus, her son.	Luke 2:19, Luke 2:16-21	Circumcision, Jesus, Mary Mother of God
Session 12: Baptism in Salvation History	Sacraments of Initiation, Life of Christ, Paschal Mystery, Salvation History, Old Testament	Through Baptism, we participate in the life of the Risen Christ. We die with Him and rise with Him, and are washed clean of all sin, including Original Sin. We are born again to new life in Christ as adopted sons and daughters of God and heirs of eternal life.	Titus 3:5, Titus 2:11-14, 3:4-7	Holy Water, sacrament of baptism
Ordinary Time				
Session 13: Go and Make Disciples	Life of Christ, Discipleship, Evangelization, Church Structure, Church Nature	Jesus' command to evangelize makes us missionaries to the world, sent out to proclaim the good news of the Gospel by word and deed to all we meet.	1 Corinthians 1:10b, 1 Corinthians 1:10- 13, 17	Heresy, the Great Commission
Session 14: Blessed are You	Beatitudes, Grace, Virtue, Conscience & Sin, Saints	In the Beatitudes, Jesus taught us how to live holy lives in imitation of Him in order to be ultimately happy one day with God our Father in Heaven.	Luke 6:23, Luke 6:17, 20-26	The Beatitudes
Lent/Triduum				
Session 15: Ash Wednesday	Liturgical Year/Seasons, Common Prayer, Types of Prayer, Works of Mercy	Jesus teaches His disciples, and us, about how we should give alms, pray, and fast. These three practices have traditionally formed the pillars of Catholic Lenten practice.	Matthew 6:1-6, 16-18	Lent
Session 16: The Transfiguration: a Glimpse of Glory	Life of Christ, Incarnation, Gospels, The Holy Trinity, Marian Prayer	God is Trinity, and therefore He is relationship and communion itself. This reality calls us into relationship with one another and with God. Family Activity Bonus: Explore how to fast as a Family during Lent.	Luke 9:28b-36	The Trinity
Session 17: The Woman at the Well	Life of Christ, Gospel, Evangelization	Jesus' example in this Gospel gives us a model to follow in our own work of evangelization.	John 4:4-42	Sower, reaper, Evangelization, the Good News



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Lent/Triduum (continued)				
Session 18: The Resurrection of the Dead	The Four Last Things, Paschal Mystery, Sin, Suffering & Death	Our risen bodies will be reunited with our souls. Belief in the resurrection of the dead is essential to Christianity. Jesus' Resurrection made it possible for all of us to rise from the dead too.	John 11:25, John 11:3–7, 17, 20–27, 33b–45	Resurrection of the dead
Session 19: Living Stations of the Cross	Life of Christ, Paschal Mystery, Types of Prayer	The Living Stations of the Cross is not to put on a play, but a prayer to help us to understand what Jesus endured for our sake and to bring us to love Him more and more.	Stations of the Cross	
Easter/Pentecost				
Session 20: The Resurrection of the Lord	Life of Christ, Paschal Mystery,	His Resurrection brought God's plan of salvation to completion and redeemed our sins. And His Resurrection has changed the world. Family Activity Bonus: Family Reflection on the Lenten season in preparation for Easter.	Luke 24:6, 1-12	Christ's Resurrection
Session 21: Divine Mercy Sunday	Life of Christ, Paschal Mystery, Sacraments	The Church Jesus established is a lasting sign of salvation, and the way Jesus put in place for us to receive His divine mercy and the gift of salvation.	John 20:21, 19-31	The Church, Divine Mercy
Session 22: The Vocation of Every Christian	Vocation, Saints, Grace, Virtue	The saints give ample examples of just how rich and varied the call to holiness looks among the members of the Church.	John 14:2b, 1-12	Vocation, saints
Session 23: To the Ends of the Earth	Church Structure, Church Nature, Paschal Mystery	All of us share in this mission to make all people members of the Body of Christ, the People of God, the one, holy, catholic, and apostolic Church that Christ founded during His earthly life.	Acts 1:8, 1-11	The Ascension
Session 24: The Descent of the Holy Spirit at Pentecost	Sacraments of Initiation, Paschal Mystery, Sacrament Signs, Symbols, Effects. Evangelization	By our Baptism and Confirmation, we are filled with the Holy Spirit like the Apostles at Pentecost, equipped to boldly share the Good News of the Gospel with the whole world.	1 Corinthians 12:3b-7, 12-13	Pentecost



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Ordinary Time				
Session 1: One Life	Miracles, Life of Christ, Vocation, Grace, Virtue	But if we offer what we have to God in faith, He takes the our offering and turns it into something extraordinary. Family Activity Bonus: Watch as a family the video "One Solitary Life" and discuss.	Matthew 14:13-21	Moses
Session 2: Jesus Is Lord	Incarnation, Life of Christ, Paschal Mystery, Church Structure	Jesus is Lord, the Savior, true God and true man.	Mark 8:27-35	Jesus, Magisterium, catechisms
Session 3: Jesus and True Friendship	Grace, Virtue, Conscience & Sin,	Like all true friends, Jesus wants what is best for us.	Mark 9:38–43, 45, 47–48	Friendship, virtue
Session 4: All Soul's Day	Sin, Suffering, & Death, Saints, Types of Prayer	On All Souls' Day, the Church prays in a special way for the souls in purgatory. Family Activity Bonus: Learn together about All Soul's traditions around the world, and decide on a new family tradition.	Psalm 23	Mass
Session 5: The Greatest Commandments	Great Commandment, Works of Mercy, Discipleship	Jesus wanted everyone to understand that God's authority is based on love. The true meaning of love is to will the good of another.	Matthew 22:34–40	Love
Advent/Christmas				
Session 6: Nothing Will Be Impossible for God	Salvation History, Incarnation Prophets, Old Testament	When we respond in faith to God and cooperate with His plan, God works "impossible" things through us.	Matthew 1:18-25	Faith, trust
Session 7: The Story of Advent	Liturgical Year/Seasons, Salvation History, Incarnation, Marian Teaching	God prepared His people from the very beginning for Christ's coming and for salvation. Family Activity Bonus: Explore as a family, the "O Antiphons".		Salvation History, Incarnation
Session 8: Jesse Tree Red Carpet	Salvation History, Incarnation, Old Testament, Prophets	God's great promises given to the Israelites that through the family of Jesse would come the long-awaited Savior of the world! Family Activity Bonus: Reflect on the play Jesse Tree Red Carpet.	Isaiah 11:1-10	Jesse



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Advent/Christmas (continued)	1			
Session 9: Advent/Christmas	Salvation History, Incarnation	Like Mary, we too may not fully understand the meaning of things that happen in our lives, but we can reflect on them while trusting that God has a plan for us.	Luke 2:1-20	Nativity
Session 10: Baptism of the Lord	Life of Christ, Incarnation, Gospels, The Holy Trinity	Jesus' Baptism made known the true nature of God as the Blessed Trinity.	Luke 3:15–16, 21–22	Epiphany, theophanies, Trinity
Ordinary Time				
Session 11: Behold the Lamb of God	Salvation History, Paschal Mystery, Eucharist	We receive new life in Christ when we consume the Eucharist. Family Activity Bonus: Watch together the Sketchpad video on the Eucharist, and share experiences of receiving the Eucharist.	John 1:29-34	John the Baptist, Lamb of God
Session 12: The Wedding at Cana	Marriage, Sacrament Signs, Symbols, Effects, Vocation, The Holy Trinity	God's plan for marriage is a sign of His love for the world. Family Activity Bonus: Read together, "Male and Female, He Created Them" and discuss.	John 2:5, John 2:1–11	Marriage, covenant
Session 13: Teaching on the Law	Ten Commandments, Grace, Virtue, Conscience & Sin	The New Covenant demands true goodness and love, going beyond following the basic minimum of living rightly required by the Old Law.	Matthew 5:17b, Matthew 5:17–20	Ten Commandments, Old Law, New Law, New Covenant
Session 14: The Good Samaritan	Great Commandment, Works of Mercy, Discipleship	To truly be Jesus' disciple, we must love our enemies.	Matthew 5:38-48	Love your enemies
Lent/Triduum				
Session 15: Return to the Lord, Your God	Liturgical Year/Seasons, Common Prayer, Types of Prayer, Works of Mercy	During the Season of Lent, we have a special opportunity to draw closer to Christ, and to be ambassadors of our Faith for those around us.	1 Corinthians 11:1, Joel 2:12-18	Scripture, Lent
Session 16: The Temptation of Jesus	Life of Christ, Virtue, Grace, Sin, Reconciliation	Self-mastery means being able to do what we know is good and right, while resisting what is evil and wrong that our feelings may be telling us we want.	Luke 4:8b, Luke 4:1–13	Self-mastery
Session 17: Freedom from Sin; Life in God	Sacrament Signs, Symbols, Effects, Sacraments of Initiation, Evangelization	One of the responsibilities of our Baptism is to share the Good News of our salvation through Christ with others.	Galatians 3:26- 27, Romans 6:1–11	Sacrament of Baptism



Lessons	Catechetical Topic	Learning Goal	Scripture	Vocab words
Lent/Triduum (continued)				
Session 18: Woman at the Well	Eucharist, Paschal Mystery, Parts of the Mass	In a miracle known as Transubstantiation, at every Mass the gifts of bread and wine become the Body and Blood of Jesus Christ. Christ Himself, the eternal high priest of the New Covenant, acting through the ministry of the priests, offers the Eucharistic sacrifice. (1410)	John 4:5-42	Transubstantiation
Session 19: Living Stations of the Cross	Life of Christ, Paschal Mystery, Types of Prayer	The Living Stations of the Cross is not to put on a play, but a prayer to help us to understand what Jesus endured for our sake and to bring us to love Him more and more.	Stations of the Cross	
Easter/Pentecost				
Session 20: The Resurrection of the Lord	Life of Christ, Paschal Mystery,	The Resurrection of Jesus is the single most important fact of our Christian faith. His Resurrection proves all that He taught and claimed to be. Family Activity Bonus: Family Reflection on the Lenten season in preparation for Easter.	John 21:15, John 21:1–19	Son of God
Session 21: They Did Not Stop Teaching	Saints, Discipleship, Virtue	A Christian must embrace suffering, and to suffer unjustly for the sake of Jesus' name is to be blessed.	Acts 5:17-42	Redemptive Suffering
Session 22: The Good Shepherd	Church Nature, Paschal Mystery, Ecumenism	The Catholic Church calls all people to enter the unity of Faith in Christ. She proclaims the fullness of the Truth boldly, because that is the only way that souls can be saved, and the salvation of souls is the highest goal of Christian unity.	John 10:1-21	Ecumenism
Session 23: Pentecost	Paschal Mystery, Sacrament Signs, Symbols, Effects, Miracles, Grace	Pentecost is the origin of the Church, and ever since, she has been guided by the Holy Spirit to continue the saving work of Christ.	Acts 2:4, Acts 2:1-11	Pentecost, Advocate
Ordinary Time				
Session 24: Confirmation	Sacraments of Initiation, Life of Christ, Paschal Mystery, Sacrament Signs, Symbols, Effects, Gifts of the Holy Spirit	The Gifts of the Holy Spirit at Confirmation clothe us in the armor of God, giving us a special strength to spread and defend the faith as true witnesses of Christ.	Ephesians 6:11, John 15:1-17	Sacrament of Confirmation