

Choose any topic from one of the four pillars of the *Catechism* or ask us about customizing.



New Workshops for 2024 - 2025



Teaching through Beauty

What is beauty? What forms does it take? Is it simply in the eye of the beholder? How does God reveal Himself in beauty to draw us closer to Him? Explore answers to these questions and reflect on the true nature of beauty while receiving lesson plans and practical ideas to lead your students to be transformed by beauty.



Eucharistic Evangelization

Why do so many Catholics doubt the Real Presence of Christ in the Eucharist? Why do so many young people miss out on the true meaning of the Holy Sacrifice of the Mass? This Workshop will explore ways we can become more effective Eucharistic missionaries and help our students grow in their understanding and love for Jesus in the Eucharist.

The Pillars of the Catechism







The First Pillar: The Profession of Faith



Salvation History: A Story of Love and Mercy

Explore the limitless of God's mercy throughout Salvation History and how you can help your students integrate the corporal and spiritual works of mercy into their lives. You'll learn how God's mercy is revealed in His covenants and how they are ultimately fulfilled and through Jesus Christ.



Encountering the Person of Jesus

Explore what the Gospels and Divine Revelation teach us about who Jesus is and how to help your students understand why God became man. You'll also learn how to lead your students to a deeper encounter with Jesus through art, as well as how you can imitate Christ's pedagogy in your classroom.



Essentials of Belief: Exploring the Creed

Explore the 12 articles of the Creed and how you can help your students come to understand the most fundamental convictions we have about God, the world, and humanity. You'll also spend time reflecting on key Catholic doctrines such as the Trinity, the Incarnation, the Paschal Mystery, the Church, the four last things, and more.



Behold Your Mother

Explore the core Catholic teachings about Our Lady and how you can help your students see how a devotion to Mary can help them grow in holiness. You'll also examine images and titles of Mary, explore the four Marian Dogmas, and spend time reflecting on Our Lady's role in Salvation History.



Rooting Our Catechesis in the Gospel

Explore the essential teachings of Jesus and how you can lead your students to live as disciples of Christ. You will learn how to make the basic proclamation of the Gospel, known as the *Kerygma*, active in your own life, and how it can form the basis of your vocation as a teacher.

The Second Pillar: The Celebration of the Christian Mystery





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Encountering God's Love in the Sacraments

Explore what a sacrament is as well as the foundation of each of the seven sacraments. You'll learn the Old Testament roots of the Eucharist, as well as how to engage students using sacred art.

Source and Summit: The Holy Eucharist

Explore how the Eucharist is truly a sacrament of love and how you can lead your students to receive greater spiritual fruit from Communion. You'll learn the Old Testament roots of the Eucharist, as well as their fulfillment in the Holy Sacrifice of the Mass.



Putting on the Armor of God: Teaching about Confirmation

Explore the effects and fruits of the Sacrament of Confirmation how you can lead your students to proclaim the Gospel like the Apostles. You'll also learn how to help your students see the true meaning of this Sacrament, and why it is so much more than a Catholic graduation or a public acceptance of the Catholic Faith.



Holy Day, Holy Year: Living the Liturgical Calendar

Explore the roots of the Church's liturgical year and how you can lead your students to appreciate and live it throughout the year. You'll explore activities you can implement in your classroom during the seasons of Advent, Lent, as well as Holy Days.

The Third Pillar: Life in Christ





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The Beautitudes and the Moral Life

Explore the Beatitudes and how Jesus revealed through them the deepest meaning of God's law. You'll learn how to help your students see why Catholicism isn't simply compliance with arbitrary rules, and how to connect the truths of our Faith with living a virtuous life. This Workshop will provide you with ideas to make morality relevant to your students. Spend time reflecting on the themes of freedom, virtue, sin, conscience, and the Beatitudes.



Created in His Image: Exploring the Theology of the Body

Explore St. John Paul II's teachings on the Theology of the Body and how you can lead your students to understand what it means to be made in the image and likeness of God, male and female. You'll also explore ways to appropriately teach about purity as well as other sensitive topics related to the human body.



Exploring Catholic Social Teaching

Explore in-depth the Church's social teachings and ways you can help your students learn how they are called to serve God and neighbor. You'll explore topics such as human dignity, the corporal and spiritual works of mercy, just war theory, the proper role of government, the different types of justice, and our call to care for the poor and vulnerable.



A Catholic Response to the Sin of Racism

Explore ways you can help your students understand how sin is at the root of racism and how Christ helps us overcome sin and work for holiness, peace, and justice. Themes include the dignity of the human person, the virtue of justice, and how the Church's teachings on solidarity, subsidiarity, and forgiveness can help us effectively address racism.



Christian Anthropology: Responding to Modern Challenges

Explore the truth of the human person, the reality of sex, and the magnitude of the cultural influences of gender ideology from a societal level to your local community. Learn facts about gender dysphoria, transgender identification, and the psycho- social, medical, and surgical interventions to align the appearance of the body with self-determined identity. Understand Church teaching on the dignity of the person and medical ethics of "gender-affirming care" and the meaning of true accompaniment for vulnerable persons and help for those who are suffering. Finally, receive activities, lesson ideas, and practical tools to help guide you in navigating this difficult issue with your students.

Teachers

www.SophiaTeachers.org Enlightening the mind, ennobling the heart

The Fourth Pillar: Christian Prayer



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Prayer: A Conversation With God

Explore the various forms of prayer and how you can lead your students to enter into a more intimate relationship with Our Lord. You'll also learn the examination of conscience, the importance of silence, and the different ways to pray, including *Lectio Divina*.

Additional Topics



Apologetics in partnership with magis center

These workshops will help teachers counter the viral secular myths that are leading religious people of all faiths, especially millennials, to view faith and science as opposed, and to infer that God is no longer worthy of belief.



The Catholic Faith and Science

Explore ways to help students confront today's biases towards atheism, relativism, and scientism. Deepen your faith by examining what science shows about the Shroud of Turin, Eucharistic miracles, the age of the universe, and more.



The Catholic Response to Challenges of the Modern World

This workshop takes a deep dive into the Ten Commandments and why we should obey them, even--and especially--when it comes to tough issues like transgenderism, homosexuality, abortion, and others.

Evangelization and the Saints





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St. Junípero Serra: A Man of God, A Mission of Love

Explore how Father Junipero Serra was a courageous witness to the Catholic Faith and defender of human dignity. Learn how he worked to protect Native Americans from the abuses of the Spanish colonial government and to win legal protections for Indigenous peoples.



Liberating a Continent: John Paul II and the Fall of Communism

Explore Pope St. John Paul II's role in the fall of communist rule in Central and Eastern Europe, and especially how his spiritual leadership ensured a revolution of conscience that still resonates as we respond as Catholics to the challenges of today.

