

# A Boy Is a Boy

**PRO TIP**  
Check out the  
similar booklet for  
girls!

## CONNECTIONS TO THE CATECHISM OF THE CATHOLIC CHURCH

CCC 371-372

## MATERIALS

- ▶ [A Boy Is a Boy](#) (foldable booklet)

## NOTE

For a similar lesson for girls, see A Girl Is a Girl!

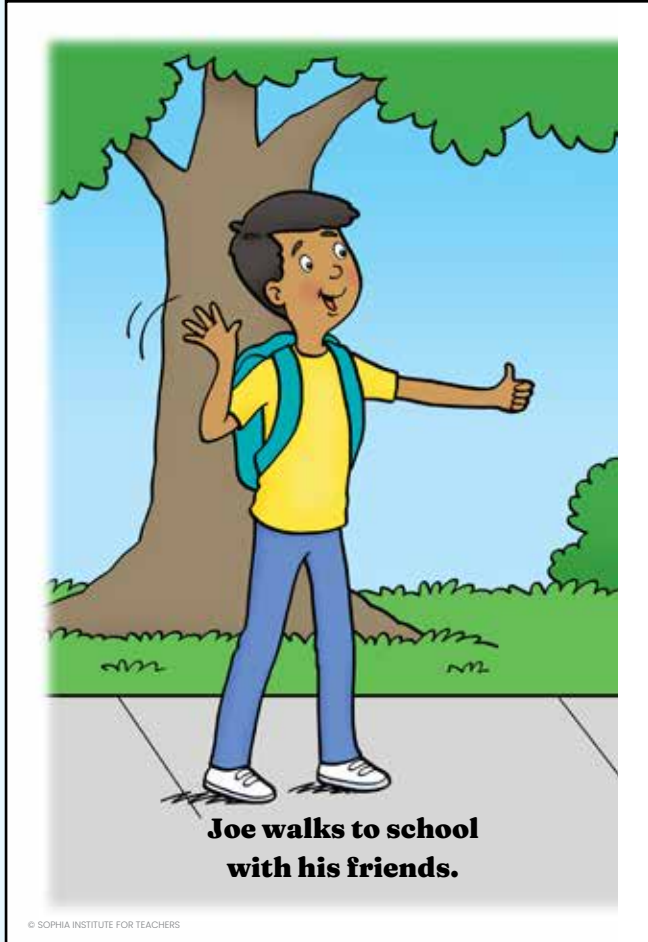
## CHRISTIAN ANTHROPOLOGY STANDARDS

2.3.2 TOB Discuss reasons why God made man male and female in Gen. 1:27 and Gen. 2:18-22a.  
(cf. TOB 2-3; 13:2; CCC 371-372)

## SUGGESTED TIME

10 minutes

## STUDENT PAGES 1-2

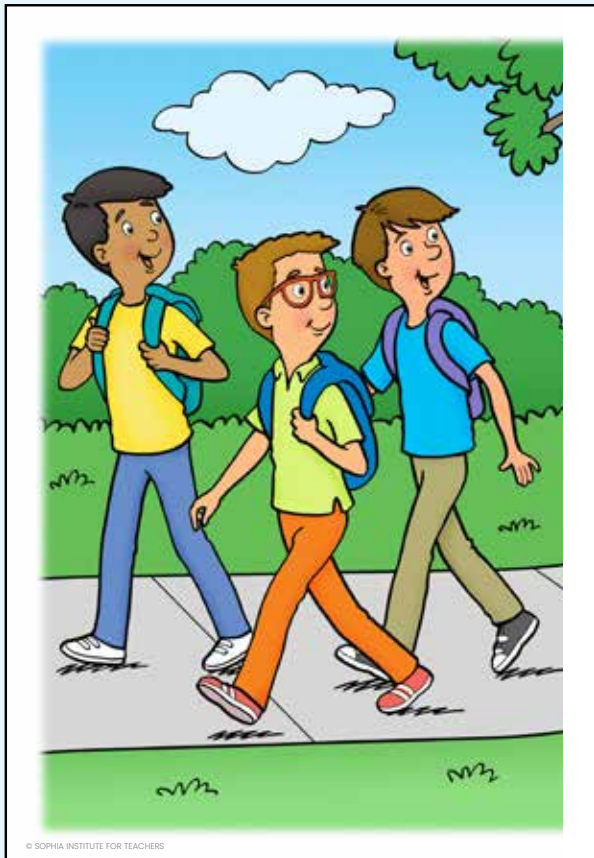
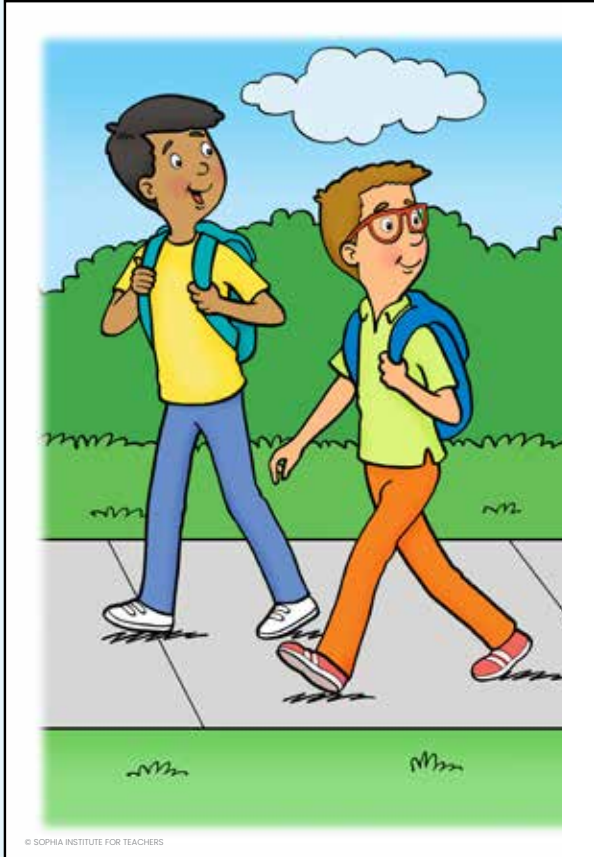


## Activity

- A. Prepare a booklet for each child by printing them out double-sided and folding, or you may also make just one for yourself to hold up as you read.
- B. Hold up the first pages and read aloud the words on the page.
- C. Ask students to share different things they like to do before school, or on the way to school.
- D. Point out how we all have different favorite activities and interests, and these can be things that make us uniquely ourselves.

**ACTIVITY CONTINUES**

STUDENT PAGES 3-4



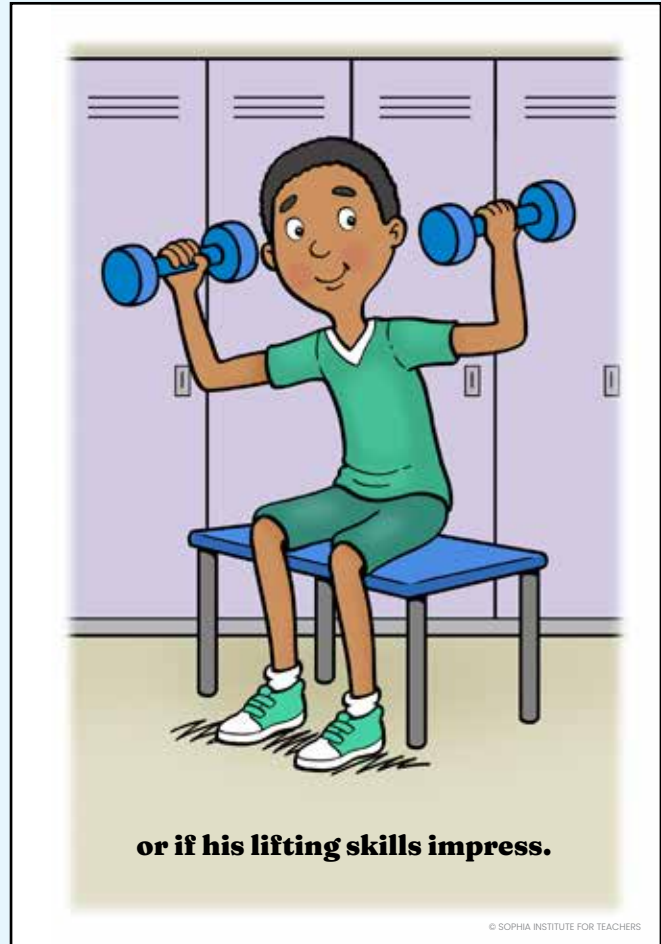
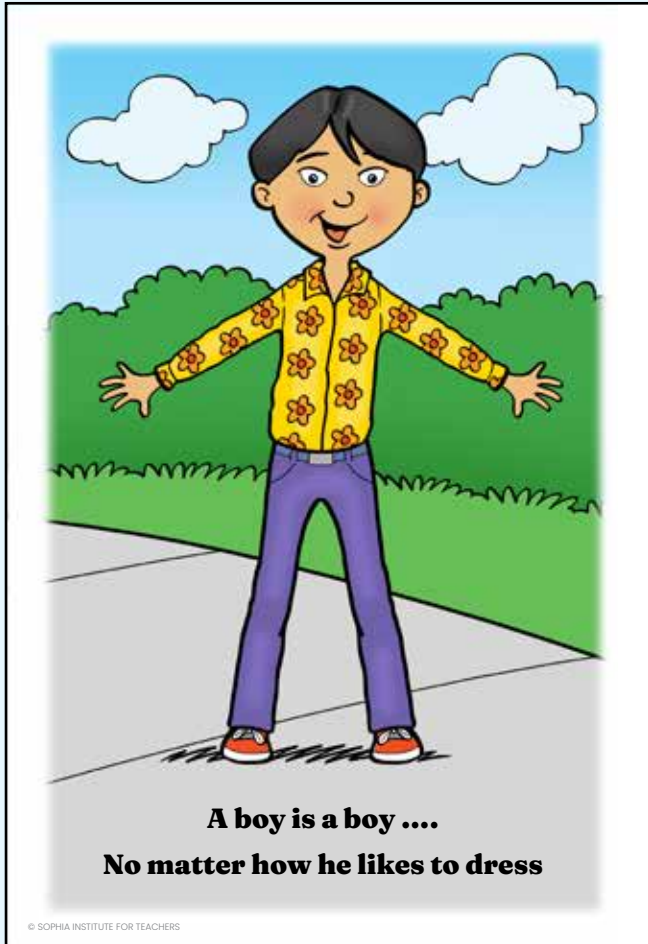
## STUDENT PAGES 5-6



- E. As you close out this section, mention how baking can sometimes be thought of as something that girls and women like to do. But there are lots of men who like baking. In fact some of the world's great pastry chefs are men!
- F. Continue to explain that even if baking is something mostly females do, a boy who likes to bake is still a boy! Our interests and activities make us uniquely ourselves!

**ACTIVITY CONTINUES**

## STUDENT PAGES 7-8



- G. Continue to point out that a boy is still a boy even if he wears clothes that might be more brightly colored, or whether he is really strong. It is good for boys to be strong! But a boy who is not strong is still a boy! And that's a wonderful thing.

**ACTIVITY CONTINUES**

## STUDENT PAGES 9-10



- H. Here you may say that sometimes people feel unhappy about being a girl or a boy, and we want to help them with those feelings, so that they can realize they are wonderful just as God made them.

For help discussing these topics, see the videos at [SophiaOnline.org/Transgender](https://SophiaOnline.org/Transgender).

**ACTIVITY CONTINUES**

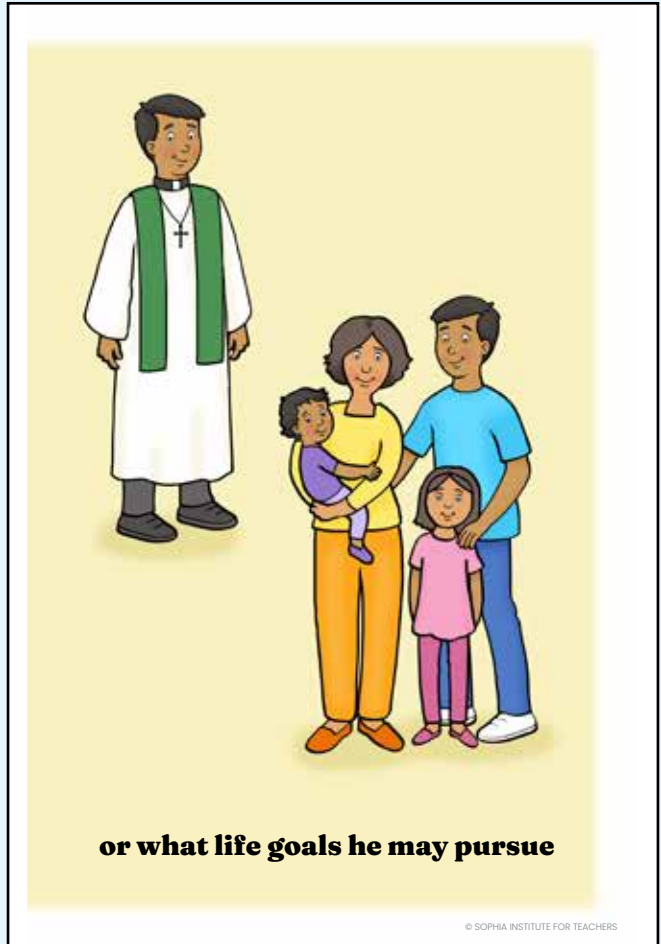
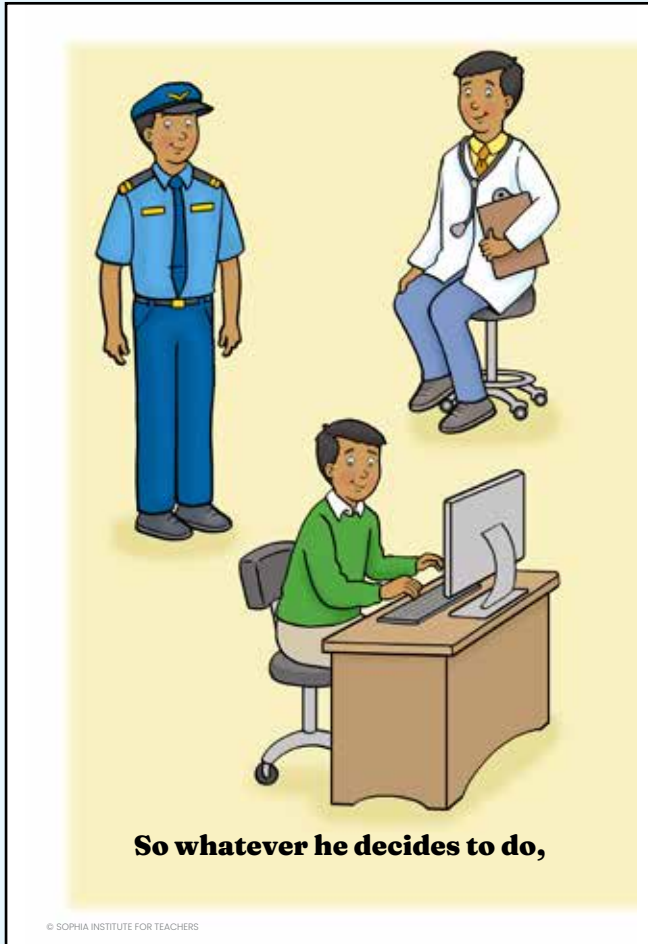
## STUDENT PAGES 11-12



- I. Invite students to share the difference between a feeling and a fact. For example, it could be a fact that I am going to have to eat liver and onions for dinner. Yuck! My feeling that this meal is unappetizing is just that—a feeling. After I try liver and onions a few times, I might feel better about eating it! (Or I might not).
- J. Use additional examples to help students understand that facts are things that are true about the world around us. Our feelings are neither good or bad. And since they change often, we should not base important decisions on feelings!
- K. Explain that no matter how we feel, God loves us. His love for us never, ever changes!

**ACTIVITY CONTINUES**

## STUDENT PAGES 13-14



- L. Point out all the different vocations and avocations on this page. Boys can do so many different, wonderful things in life!

**ACTIVITY CONTINUES**



## STUDENT PAGES 15-16



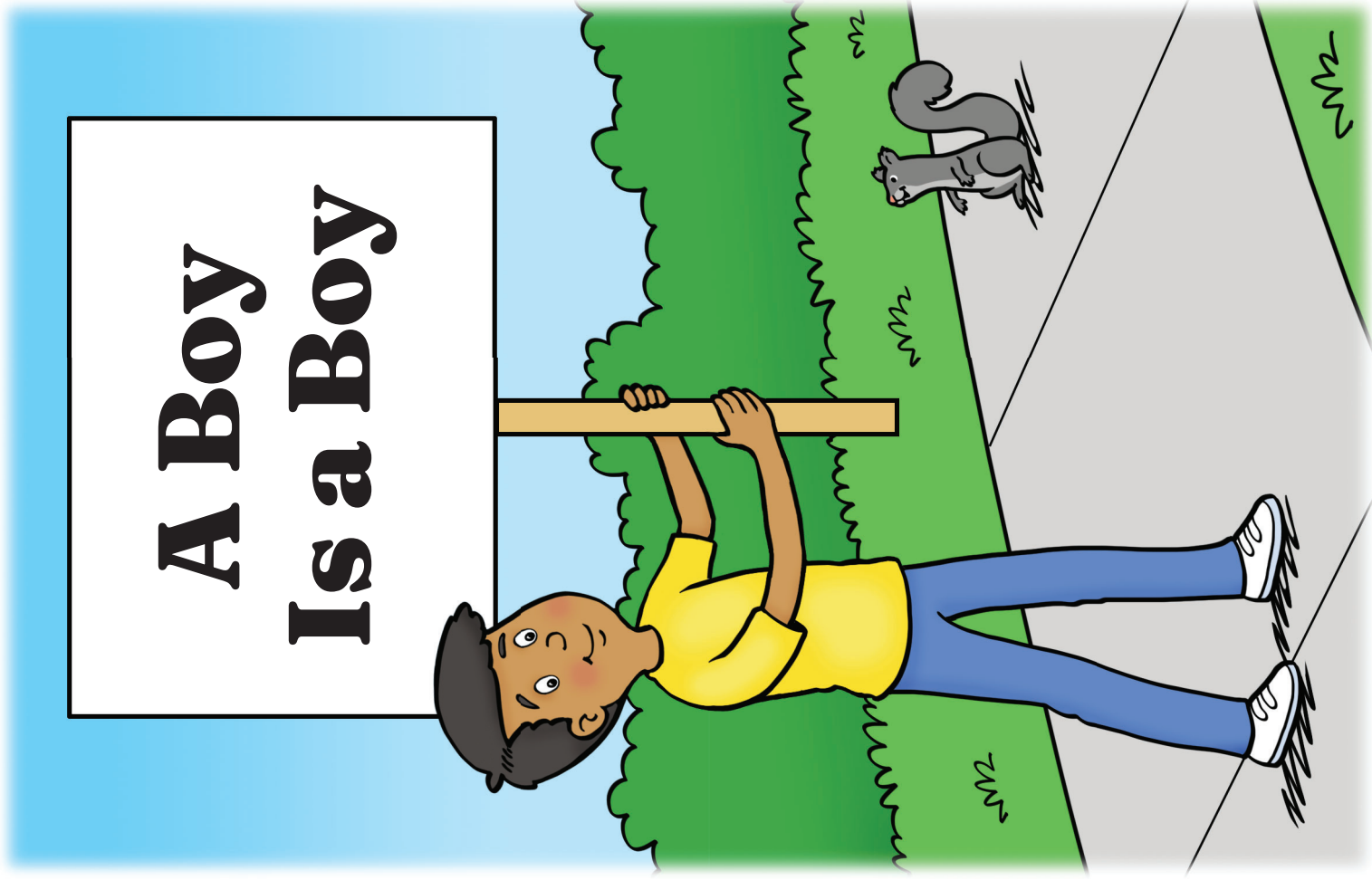
- M.** Ask if anyone knows what dignity means. Explain that dignity means we are valuable and good. Every human being has dignity. Why? Because we are made in the image and likeness of God. Our dignity does not depend on other people to affirm us, or even to like us! It does not depend on what we do, how smart we are, how many friends we have, how good at sports we are, or anything else. It comes from being made in God's image.
- N.** Continue to explain that as baptized Christians, we have the very special dignity of being adopted sons and daughters of God. This is our identity! This can never be taken away from us!
- O.** Close by naming each of your students, and sharing something you admire about them one by one. Emphasize that God loves them as He made them to be, and nothing can ever change that.

**A Boy  
Is a Boy**

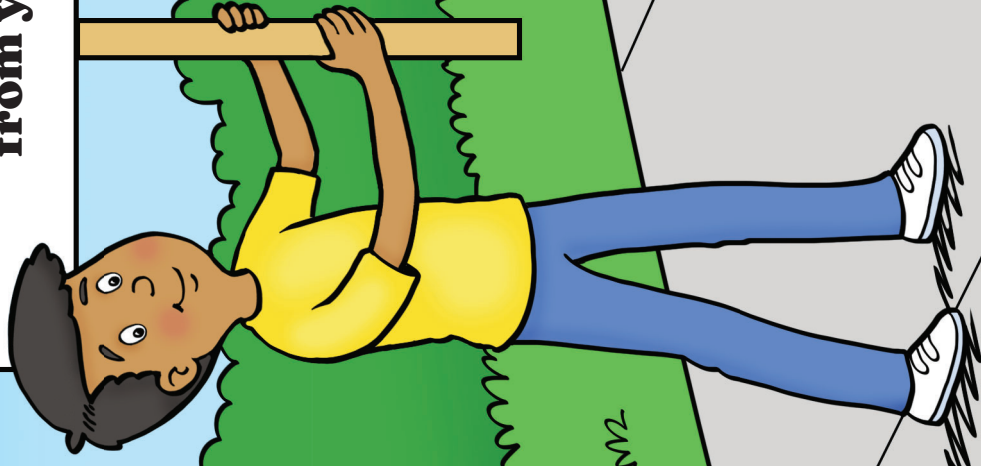


**SOPHIA**  
**Teachers**

**[SophiaTeachers.org](https://SophiaTeachers.org)**

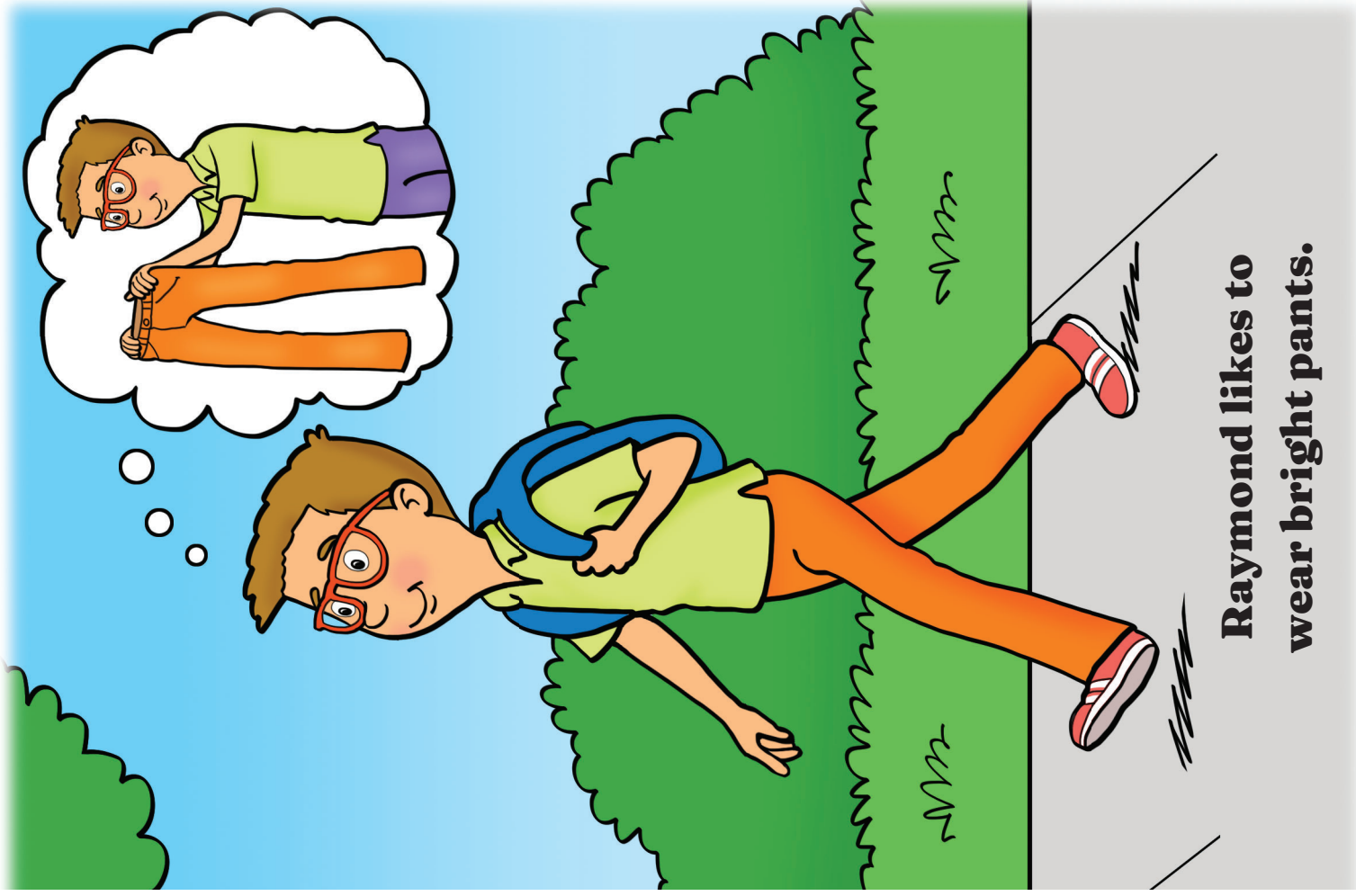


**You are a child of God,  
a son of the Most High,  
of infinite dignity and  
worth, and no one can  
ever take that away  
from you.**

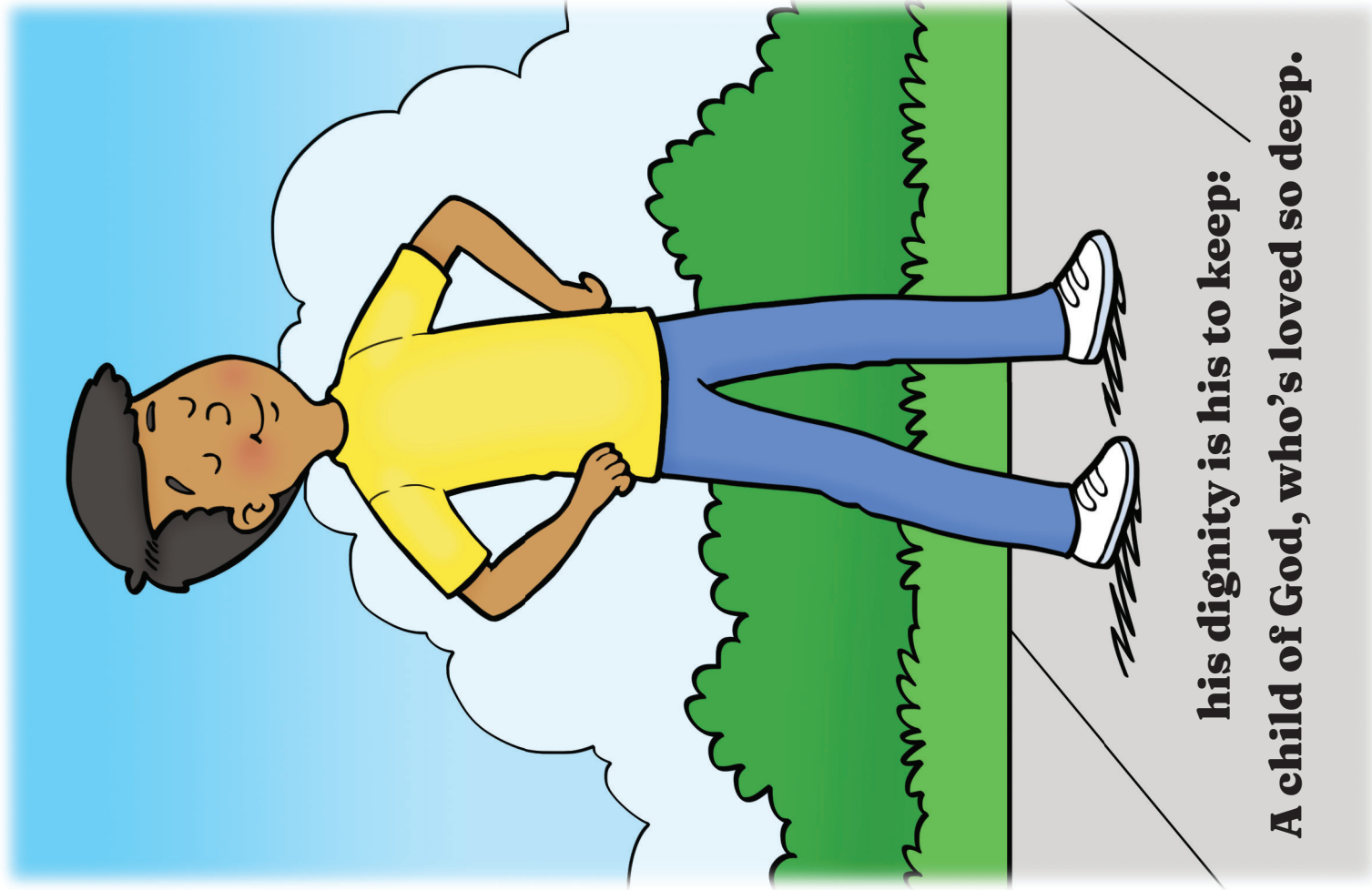


**Joe walks to school  
with his friends.**

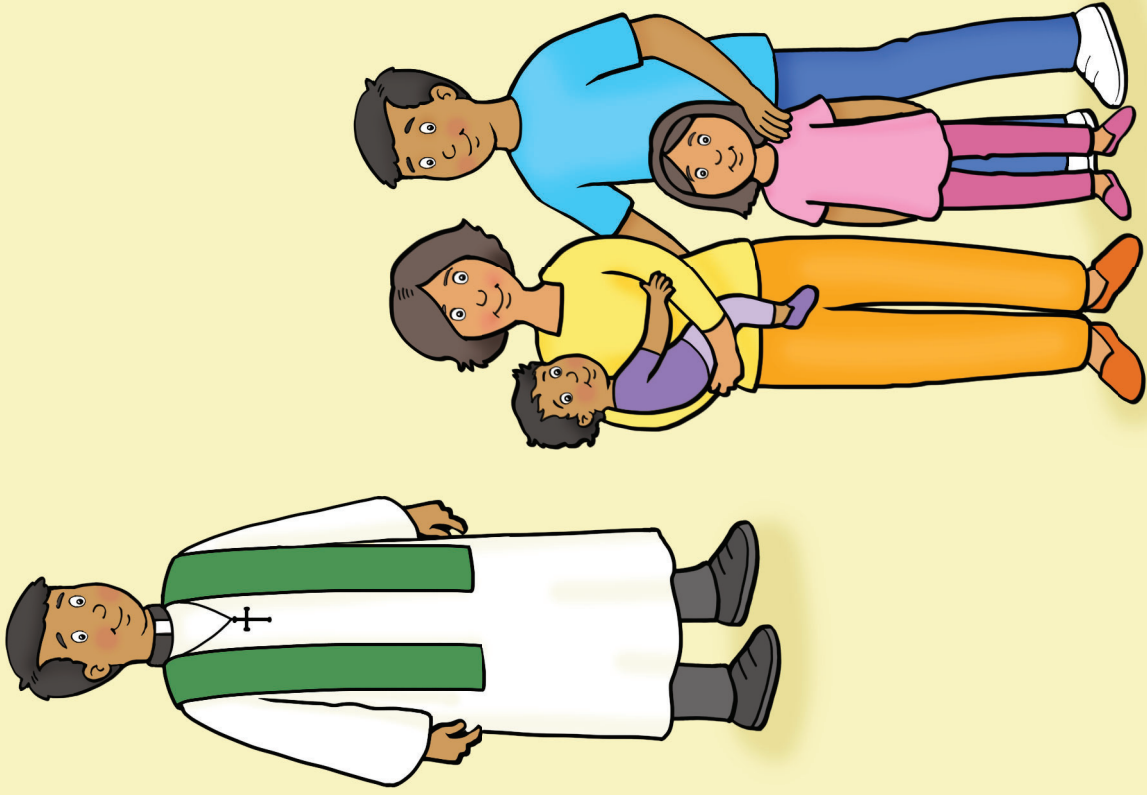
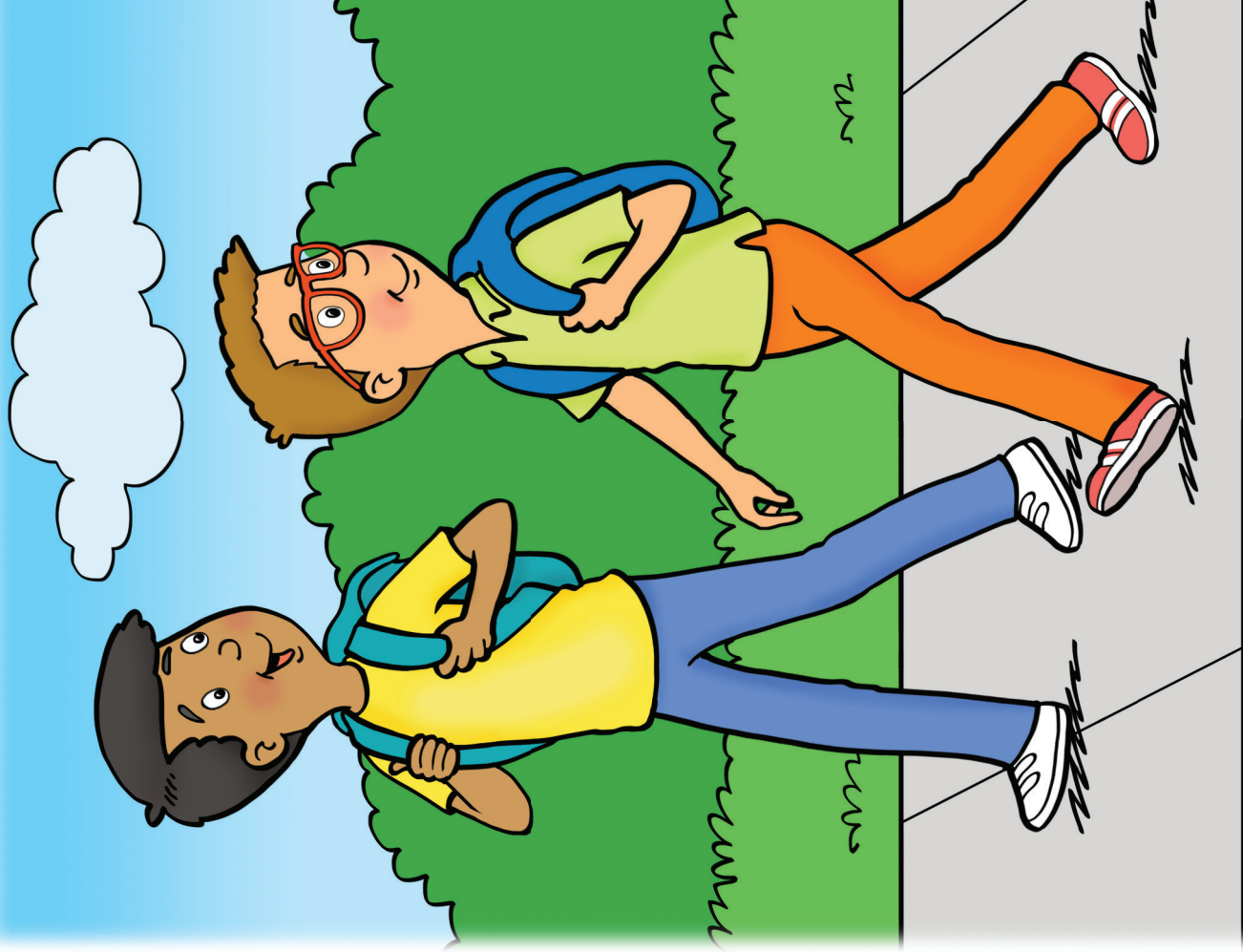




**Raymond likes to wear bright pants.**



**his dignity is his to keep:  
A child of God, who's loved so deep.**



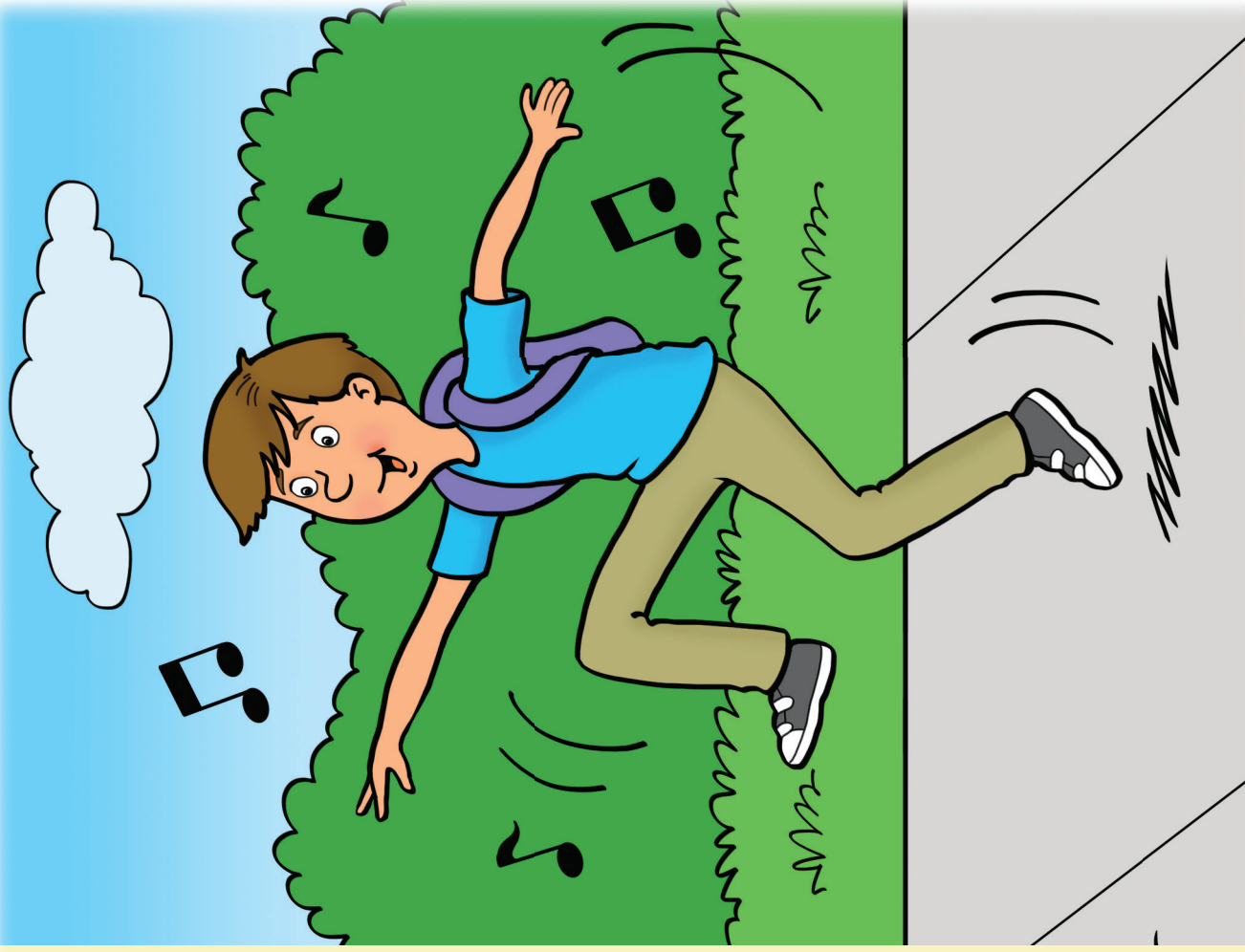
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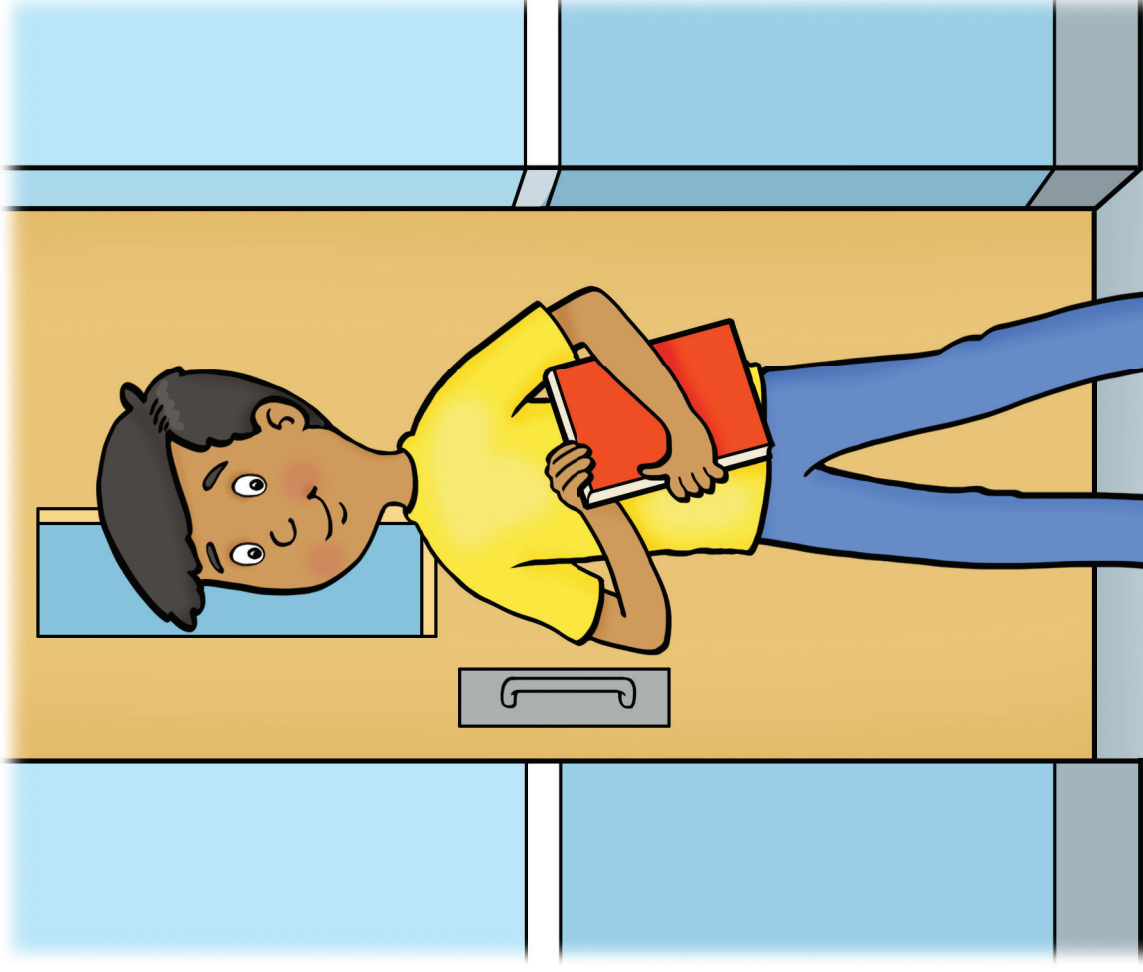
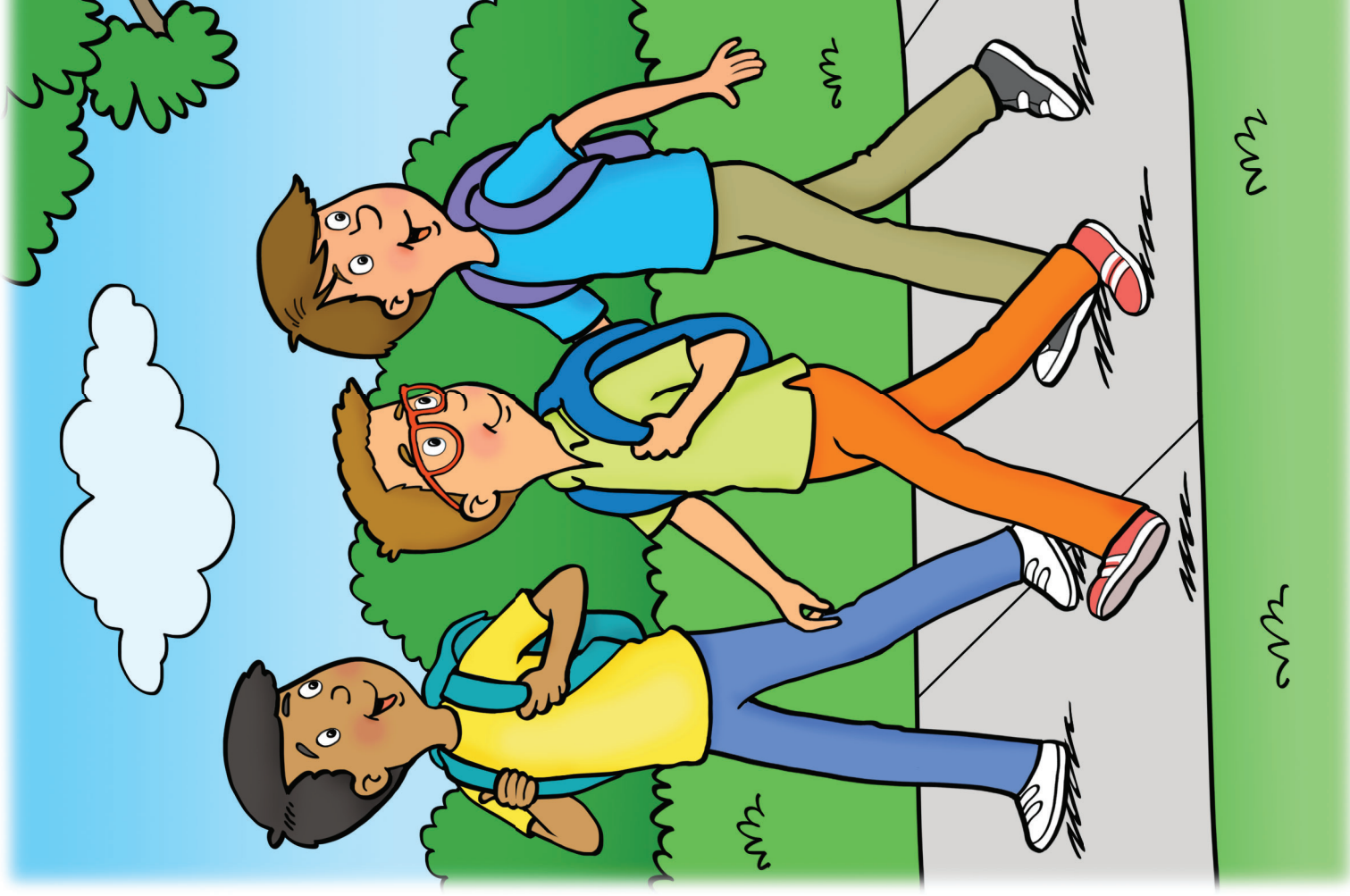
**or what life goals he may pursue**



**So whatever he decides to do,**



**Edmund like to sing and dance.**



**But something he will always know  
is that God loves the boy he is - and  
will be - as long as he lives.**

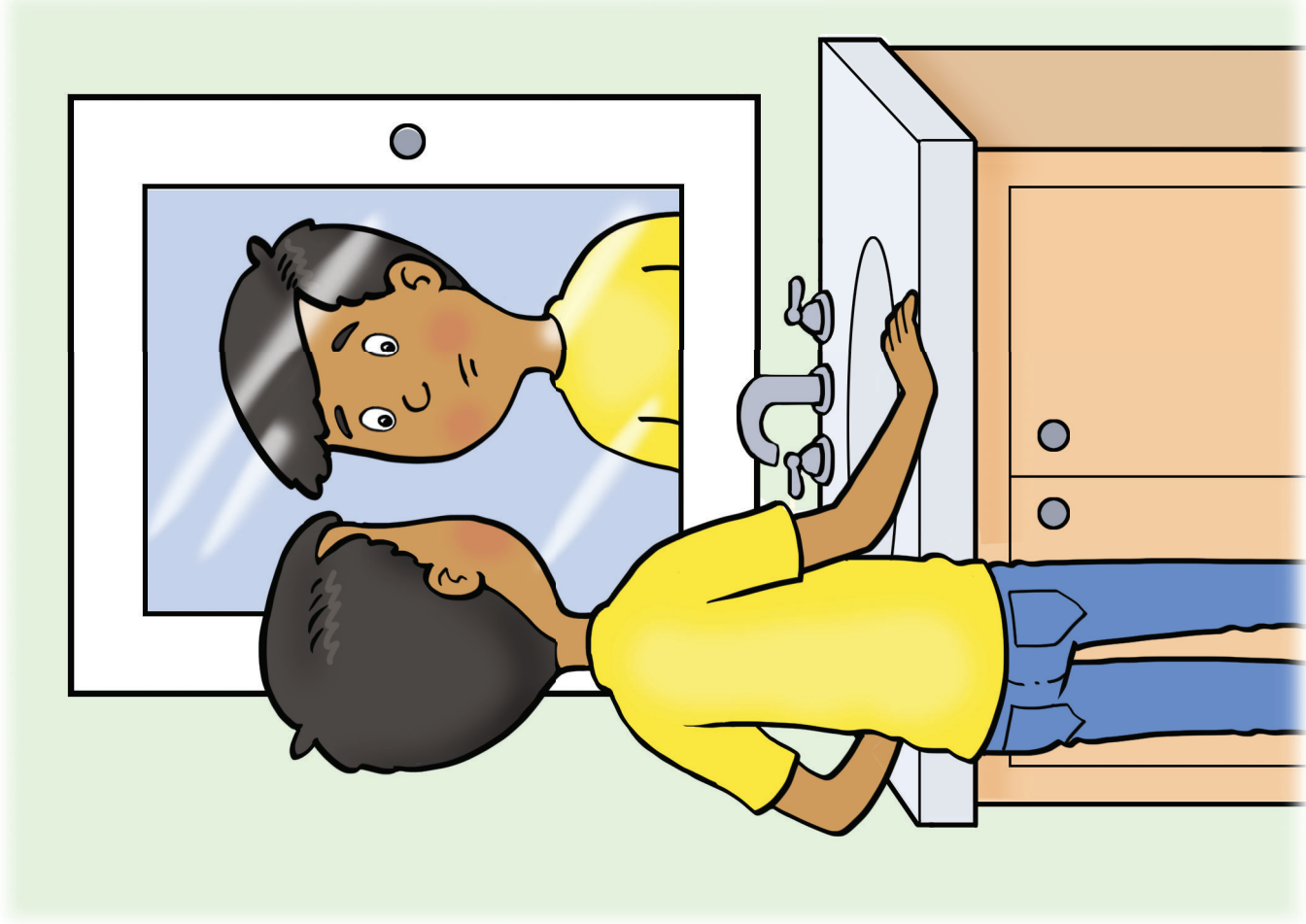
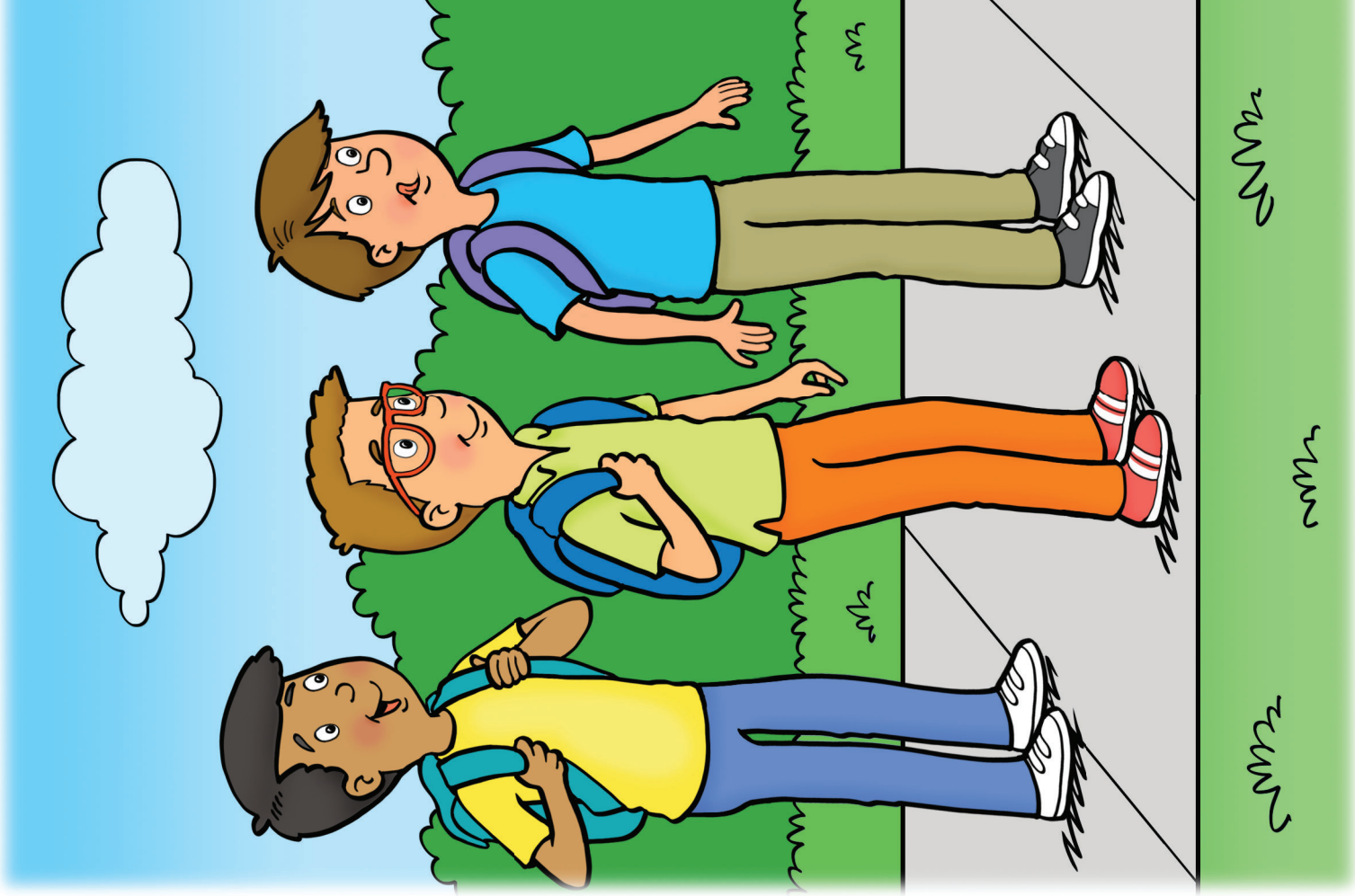




**Sean can climb up really high.**



**Feelings change, they come and go.**



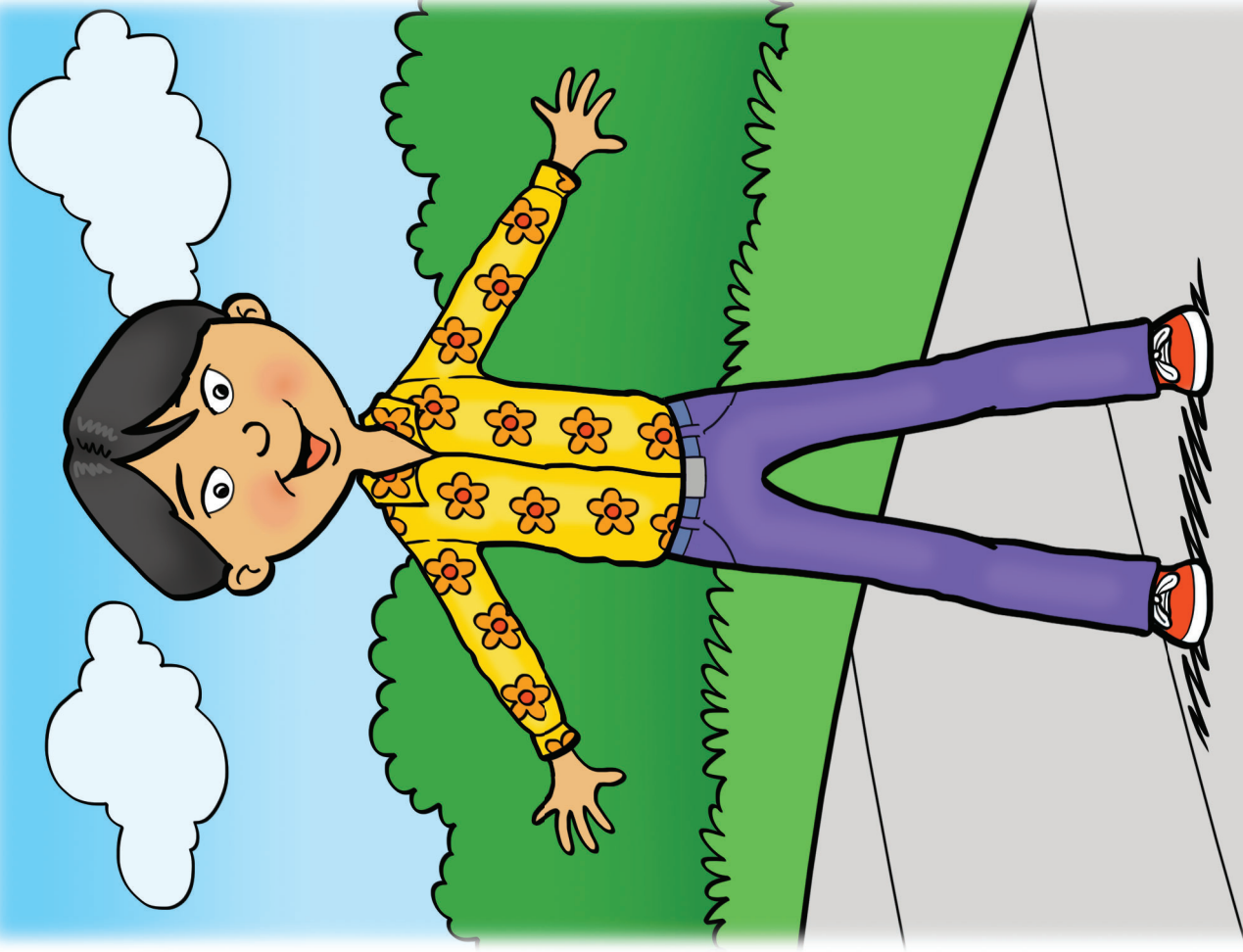
**No matter what his feelings say.**



**No matter how he likes to play.**

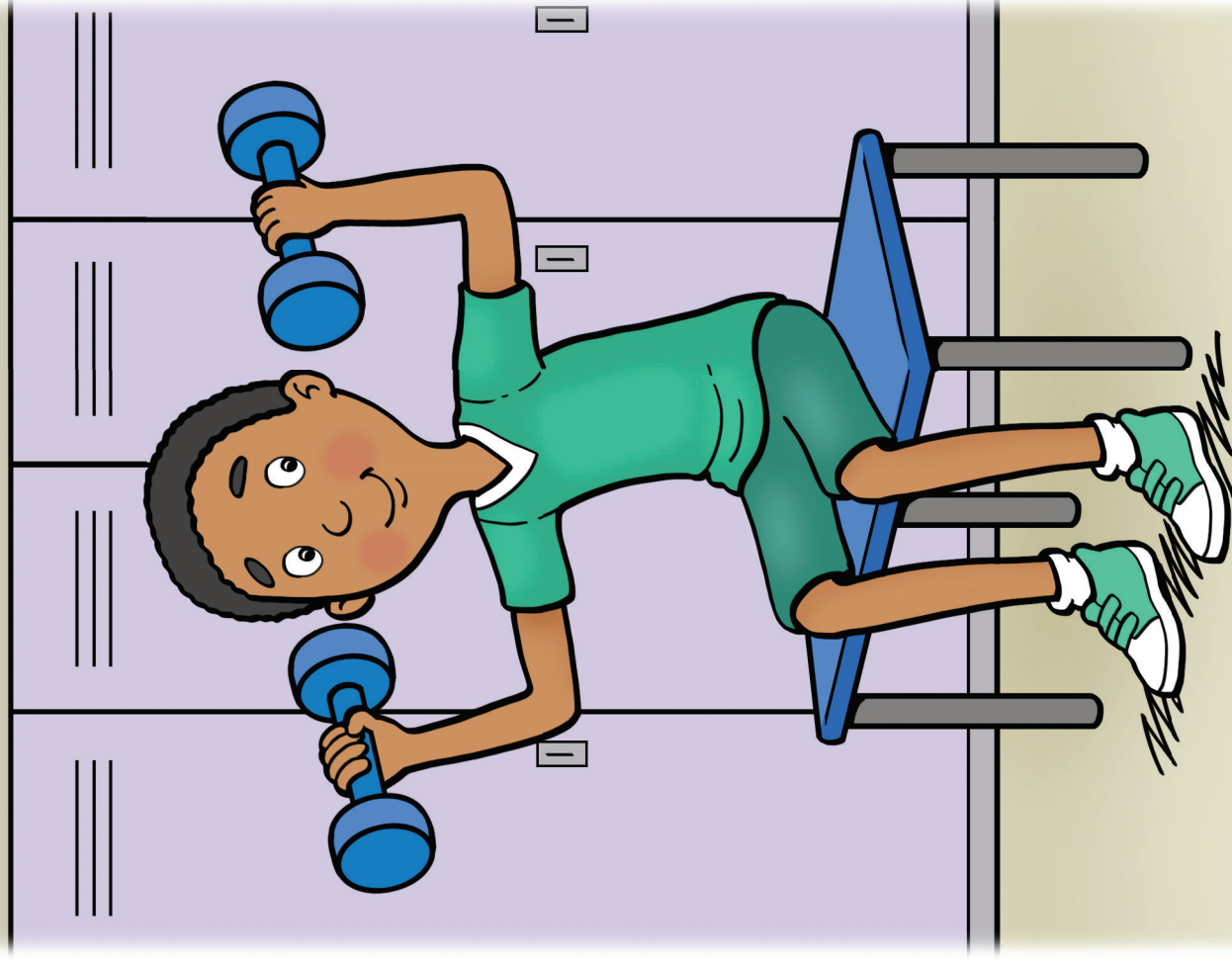


**Aidan bakes an apple pie.**



**A boy is a boy ....**

**No matter how he likes to dress**



**or if his lifting skills impress.**