



Lessons	Catechism Paragraphs	Vocabulary	Scripture Citations	Scripture Story Taught	Saints and Biblical Figures Studied	Prayers in This Lesson	Art Reflection
Unit 1: Personal Growth: Made for Communion							
Lesson 1: Reasons to Believe: God's Image and Near-Death Experiences	CCC 221, 355–358, 362–366, 369–372, 1016–1017, 1052, 1898, 1903, 1906, 1913–1915, 1934–1935	Trinity, Imago Dei, Dignity, Soul, Near-Death Experiences, Terminal Lucidity	Genesis 1:27, 1 John 4:16	Created in God's Image and Likeness		God, our Father	<i>The Holy Trinity</i> by Artus Wolffort (ca. 1601–1641), <i>The Flight of the Soul</i> , Poem of the Soul by Louis Janmot (1854)
Lesson 2: Vocation of Love	CCC 1822–1829, 2227–2228, 2331, 2337–2347, 2360	Charity, Chastity, Eros, Agape	Jeremiah 31:3, Romans 5:8	Christ died for Us	St. Scholastica	Act of Love	<i>A Sunday Afternoon on the Island of La Grande Jatte</i> by Georges-Pierre Seurat ca. 1884–1886, <i>Saint Scholastica</i> by Philippe Sauvan (18th century), <i>Statues of St. Benedict and his sister, St. Scholastica</i> above the entrance of the Church of the Annunciation in Prague-Smichov Czechia, <i>A Royal Marriage Scene</i> by Eugène Isabey (between 1803 and 1886)
Lesson 3: Society	CCC 1877–1888, 1936–1937, 1939–1942	Society, Solidarity	Luke 3:1, John 13:34–35	Love One Another	Elijah	Our Father	<i>The Holy Trinity</i> by Tommaso Donini (ca. 1625)
Lesson 4: Relationships Build the Kingdom	CCC 541–542, 767, 776, 1906–1910, 2045–2046, 2818	Kingdom Of God, Common Good	Matthew 6:9–13, John 14:15–18	How to Pray		Our Father	
Unit 2: Personal Growth: Holy Relationships							
Lesson 5: The Family in God's Plan	CCC 2201–2233	Family	Sirach 7:27–28, Ephesians 5:33	Honor your Father and Mother	Jesus, Mary, Joseph, Sts. Louis and Zélie Martin	Glory Be	<i>First Steps, after Millet</i> by Vincent van Gogh (1890), <i>Saint Joseph and the Christ Child</i> by Guido Reni (1640)
Lesson 6: Friendships	CCC 357, 374, 1939, 1972, 2346–2347	Friendship, Original Justice	Proverbs 27:17, Romans 12:10	Honor One Another	Adam and Eve	O God	<i>The Raising of Lazarus</i> by Sebastiano del Piombo (ca. 1517–1519)
Lesson 7: Reasons to Believe: Social Responsibility	CCC 516, 605, 616, 701, 1807, 1825, 1928–1938, 2302–2308, 2415–2418, 2447, 2608, 2793, 2843–2844	Abba, Golden Rule	Matthew 5:43–44, 1 Timothy 4:12	Love Your Enemies	St. Maria Goretti, St. Teresa of Calcutta	Prayer for Peace	
Lesson 8: God Loves Us and Calls Us to Be in Relationship with Him in the Church	CCC 44–45, 168, 301, 356, 639, 643–646, 651, 655, 757, 781	Resurrection Of The Body	Jeremiah 31:20, 1 Corinthians 15:20–21	Resurrection of the Dead	God the Father, Christ the Savior	Act of Love	<i>Madonna of the Recommended</i> by Lippo Memmi c. 1350s



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Unit 3: Church History: The First Millennium							
Lesson 9: The Nature and Mission of the Catholic Church	CCC 751–752, 760–766, 783–786, 873	<i>Ecclesia</i> , <i>Qahal</i> , Church, Church Militant, Church Suffering, Church Triumphant, Priest, Prophet, King, Liturgy, Doctrine, Hierarchy	Genesis 48:4, John 14:6	I am the Way	Jesus	Glory Be	<i>Central panel of the Maestà</i> by Duccio di Buoninsegna (1308–1311), <i>A Gothic Cathedral in a Medieval City</i> by Pieter Cornelis Dommersen (19th century), <i>Christ with Singing Angels</i> by Hans Memling (ca. 1480), <i>Christ among the Pharisees</i> by Jacob Jordans (between 1660 and 1670), <i>Speculum Romanae Magnificentiae: Council of Trent</i> by Claude Duchet (1565)
Lesson 10: Jesus to AD 100 History	CCC 731, 831, 881, 2473	Apostolic Fathers, <i>Didache</i> , Martyr, <i>Pater Noster</i> , <i>Pax Romana</i>	Matthew 28:19–20, Revelation 22:13	Make Disciples of All Nations	St. Paul, St. Peter, St. Stephen	Our Father	“ <i>Sator Square at Oppède</i> ” by M. Disdero, <i>The Stoning of St. Stephen</i> by Annibale Carracci (ca. 1604), <i>St. Paul Preaching at Athens</i> by Raphael (1515)
Lesson 11: Jesus to AD 100: Witness of the Saints	CCC 831, 881, 2473, 2683		Isaiah 22:22, Matthew 16:18–19	Upon this Rock I will Build My Church	St. Paul	Act of Hope	<i>Papal Insignia, The Conversion of St. Paul</i> by Bl. Fra Angelico ca. 1430, Broad overview of geography relevant to Paul of Tarsus
Lesson 12: AD 100–500 History	CCC 133, 799–801, 1174–1178, 2683–2684	Consubstantial, Heresy, Hypostatic Union, <i>Theotokos</i>	Deuteronomy 4:10, Matthew 24:9	Persecution in the Church		Father, in your	
Lesson 13: AD 100 to 500: Witness of the Saints	CCC 133, 799–801, 1174–1178, 2683–2684	Charism, Septuagint, Vulgate	Deuteronomy 4:10, Matthew 24:9	Persecution in the Church	St. Augustine of Hippo, St. Monica, St. Jerome, St. Benedict, St. Patrick	Prayer of St. Augustine to the Holy Spirit	
Lesson 14: AD 500–1000 History	CCC 618, 769, 798, 841, 849, 852, 1879–1880, 1884, 1897–1898, 1910, 2472	Holy Roman Empire, Monastery, Moors	Genesis 1:3, John 1:5, 2 Corinthians 4:6	Light of Christ	St. Gregory the Great, St. Benedict		<i>Saint Gregory the Great</i> by Francisco de Goya (ca. 1799), <i>Monasteries AD 500 to 1000</i>
Lesson 15: AD 500–1000: Witness of the Saints	CCC 849–851, 2106, 2687		Numbers 6:22–25, Matthew 9:37–38	Sending out of Laborers	St. Gregory, St. Augustine of Canterbury, St. Boniface	Offering to the Immaculate Heart of Mary	



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Lesson 16: Reasons to Believe: What is the Shroud of Turin?	CCC 606–630, 638–640, 651–655	Shroud Of Turin	Mark 15:46, John 20:6–7	The Empty Tomb	Jesus	O God Almighty	Shroud of Turin by Vernon Miller (1978)
Unit 4: Church History: The Second Millennium and the Modern Era							
Lesson 17: AD 1000–1500 History	CCC 247, 817–819, 822, 838	Schism, Great Schism, Crusades, Inquisition, Renaissance, Plague	Matthew 16:18–19, 1 Peter 5:13	Upon this Rock I will Build My Church	St. Gregory the Great	Eternal Father	Christ Triumphant over Death and Sin by Peter Paul Rubens (ca. 1615–1616), Christ Pantokrator by Dianelos Georgoulis ca. 1260–1261, Debate between Catholics and Oriental Christians by Unknown Artist (1290), Saint Francis of Assisi adoring the Crucifix by Bernardo Strozzi (1615), The citizens of Toumai bury their dead during the black death (Miniature from a 14th century Belgian manuscript), Gothic Cathedrals, Pope St. John Paul II and Ecumenical Patriarch of Constantinople Bartholomew I in St. Peter's Basilica at the Vatican
Lesson 18: AD 1000–1500: Witness of the Saints	CCC 133, 799–801, 1174–1178, 2683–2684	Five Ways	Isaiah 40:31, Matthew 25:35–36	I was Hungry and You Gave Me Food	St. Francis of Assisi, St. Dominic de Guzman, St. Thomas Aquinas, St. Catherine of Siena	Grant me	St. Francis Giving His Mantle to a Poor Man (Fresco in the Upper Church of San Francesco at Assisi) ca. 1297–1300, Renunciation of Worldly Goods (Fresco in the Upper Church of San Francesco at Assisi) ca. 1297–1300, Dream of Innocent III (Fresco in the Upper Church of San Francesco at Assisi) ca. 1297–1300
Lesson 19: AD 1500–1800 History	CCC 37–38, 159, 817–819, 838, 891, 2126, 2293–2294, 2467	Canon, Protestant Reformation, Enlightenment, Deuterocanonical Books	Galatians 4:8–9, Ephesians 4:4–6	One Hope of Your Call		Come, Holy Spirit	Posthumous Portrait of Martin Luther as an Augustine Monk by Lucas Cranach the Elder and workshop (after 1546), Session of the Council of Trent in "Tyrolischer Adler," vol.IX by Matthias Burglechner (ca. 1620), A Philosopher Giving that Lecture on the Orrery, in which a Lamp is put in place of the Sun by Joseph Wright of Derby (1766)
Lesson 20: AD 1500–1800: Witness of the Saints	CCC 227, 313, 1821, 2473, 2709	Counter-Reformation	Matthew 10:28, 1 John 5:14	Confidence in Him	St. Ignatius of Loyola, St. Thomas More, St. Theresa of Avila, St. Peter Claver	A Prayer by st. Thomas More	



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Lesson 21: AD 1800 to Present History	CCC 159–160, 816, 1929, 1947, 2425, 2832	Eugenics, Industrial Revolution, Communism, Marxism, Socialism, Capitalism, Catholic Social Teaching, Apparition, Ecumenism, Encyclical	1 Corinthians 13:3, 1 Timothy 6:17–19	Be Rich in Good Works	Our Lady of Fatima	Act of Love	<i>The Iron Rolling Mill (Modern Cyclopes)</i> by Adolph von Menzel (1875). <i>Work by Ford Maddox Brown (ca. 1852–1865), Waiting to be Shot by Nikolai Getman (ca. 1953–1993).</i> © Victims of Communism Memorial Foundation
Lesson 22: 1800 to Present: Witness of the Saints	CCC 159–160, 816, 1929, 1947, 2425, 2832	Genocide	Psdm 113:7–8, Matthew 5:5–6	Blessed are the Meek	St. Maximilian Kolbe, Bl. Miguel Pro, St. John XIII, Servant of God Dorothy Day, St. John Paul II	Act of Love	Gatehouse of Auschwitz–Birkenau concentration camp
Lesson 23: "To the End of the Age": The Future of the Church	CCC 2, 543, 730, 767, 783–786, 831, 849–860, 881, 888–896, 1120, 1122–1223, 1816	Indefectible, Disciple, Great Commission, Netherworld	Matthew 16:18, Matthew 28:18–20	Upon this Rock I will Build My Church		O my Jesus	
Lesson 24: The Universal Call to Holiness	CCC 31, 357, 362, 1700, 1716–1729, 1733, 2013	Christian Anthropology	Jeremiah 1:5, John 17:3	Before I formed you in the womb	St. Gianna Molla, Jeremiah	Breathe in me	<i>God the Father Blessing</i> by Lorenzo Garbieri (ca. 1635–654), <i>The Coronation of the Virgin</i> by Fra Angelico (1434–1436)
Lesson 25: Reasons to Believe: Is the Shroud of Turin a Forgery?	CCC 606–630, 638–640, 651–655	Facecloth Of Oviedo	Mark 15:46, John 20:6–7	The Empty Tomb		O God Almighty	<i>Secondo Pia's 1898 negative of the image on the Shroud of Turin, Photo of the Facecloth of Oviedo (Santa Sudario Oviedo)</i>
Unit 5: The Foundations of Moral Living							
Lesson 26: What is Morality?	CCC 1749, 1954, 1956	Moral, Will	Joshua 24:15, Matthew 19:21	The Rich Young Man		St. Thomas Aquinas' prayer for the virtue of prudence	<i>Ancient of Days</i> by William Blake ca. 1794, <i>Christ and the Rich Young Man</i> by Andrey Mironov (2024)



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Lesson 27: Reasons to Believe: Freedom and Choice: The Human Person	CCC 357, 1700–1715, 1730–1742	Freedom, Responsibility, Human Person	John 8:31–32, Galatians 5:1	Freedom in Christ		O Spirit of God	
Lesson 28: Conscience and Our Obligation to Form It	CCC 1776, 1778, 1783–1785, 1792, 1796, 2039	Conscience, Law	Matthew 6:22–23, Ephesians 4:25	Speak the Truth		I praise you Lord	<i>King David</i> by Vladimir Borovikovsky (1785), <i>Lady Macbeth</i> by Charles Soubre (1877)
Lesson 29: The Ten Commandments	CCC 2052–2082	Ten Commandments, Great Commandments, Idolatry, Adoration, Worship, Holy Days Of Obligation, Covet, Adultery, Golden Rule	Exodus 19:4–6, Exodus 20:2	God gives the Ten Commandments	Moses	May it please	<i>God the Father</i> by Bernardino Campi (ca. 1567–1570), <i>God the Father, Surrounded by Angels</i> by Baldassarre Carrari (late 15th or early 16th century), <i>Moses Receiving the Tablets of the Law</i> by Benjamin West (after 1777), <i>Moses with the Ten Commandments</i> by Philippe de Champaigne (1648)
Lesson 30: Jesus' Teaching on the Ten Commandments	CCC 577–582, 1950–1986, 2054–2055, 2084–2141, 2197–2257		Deuteronomy 6:3, Matthew 5:17	Jesus as Fulfillment of the Law	Jesus, St. Thomas Aquinas	May it please	<i>The Seven Virtues: Charity</i> by Pieter Brueghel the Elder (1559)
Lesson 31: Jesus Teaches Us to Love	CCC 1805–1845	Storge, Philia, Virtue, Theological Virtues, Cardinal Virtues	Matthew 22:37–40, 1 Corinthians 13:13	The Greatest Commandment	Jesus	Our Father	<i>The Wedding at Cana</i> by Paolo Veronese (1563), <i>The Theological Virtues: Faith, Charity, Hope</i> by Umbrian Painter (ca. 1495–1505)
Lesson 32: Jesus Gives Us the Beatitudes	CCC 581, 1716–1729, 1965–1986	Beatitudes, Happiness, Sermon On The Mount, Grace, Blessing	Matthew 5:1–12, Matthew 5:13–16	Sermon on the Mount	Jesus	Come, Holy Spirit	



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Unit 6: Living a Moral Life							
Lesson 33: Elements of a Good Moral Decision	CCC 1749–1761	Object, Ontological, Intention, Circumstances	Sirach 15:17, Galatians 5:13	Called for Freedom		Our Father	<i>Jesus and his Disciples on the Sea of Galilee</i> by Carl Oesterley (1833)
Lesson 34: The Process of Making a Good Moral Choice	CCC 386, 1755–1756, 1780, 1849	Sin, Relativism, Consequentialism	Psalms 51:3–4, 1 Corinthians 13:12	Mercy of God		Our Father	<i>Madonna del Magnificat (detail)</i> by Sandro Boticelli (ca. 1483–1485), <i>The Triumph of Death</i> by Pieter Brueghel (1562)
Lesson 35: Reasons to Believe: Temptation and Sin	CCC 332, 391–395, 397, 402–409, 413–421, 538–540, 566, 1808, 2113, 2119, 2157, 2340	Angels, Lucifer, Satan, Devil, Temptation, Fortitude, Temperance, Confiteor, Concupiscence, Mortal Sin, Venial Sin, Original Sin	1 John 3:8, 1 Corinthians 15:54–55	Death is swallowed up in victory	Satan, Jesus	St. Michael the Archangel	Angel bearing a cross by Ercole Ferrata, eastern side of the Ponte Sant'Angelo à Rome, The Temptation of Christ by Ary Scheffer (1854), The Expulsion of Adam and Eve from Paradise by Benjamin West (1791)
Lesson 36: Structure of Sin and Social Sin	CCC 1849–1876, 1939–1942	Personal Sins, Social Sins, Capital Sins	Hebrews 4:15, 1 John 1:8	Sin		Our Father	<i>The Expulsion of Adam and Eve from Paradise</i> by Benjamin West (1791), Christ's Descent into Limbo by Andrea Mantegna (ca. 1470–1475), Christ in the Wilderness by Ivan Kramskoi (1872), Pope John Paul II at St Peter's Square, Vatican (1987)
Lesson 37: Justification, God's Mercy, and Grace	CCC 1987–2005, 2011	Justification, Mercy, Merit, Sanctify	Ezekiel 36:26–27, Romans 6:8	Eternal Life in Christ		Come, Holy Spirit	
Lesson 38: Support for Moral Living: Personal Prayer and Openness to the Holy Spirit	CCC 687–688, 2559–2565, 2725–2741	Prayer, Covenant, Communion	Psalms 107:28–30, John 4:13–14	Springs of Eternal Life	St. Therese	Come, Holy Spirit	<i>The Lord's Prayer</i> by James Tissot (ca. 1886–1894), <i>The Annunciation</i> by Philippe de Champaigne (ca. 1644)
Lesson 39: Support for Moral Living: The Church and the Saints	CCC 770–771, 777–780, 830–856, 960–962	Sacrament, Precepts Of The Church, Abstinence, Fasting	Psalms 16:3, 2 Peter 3:11	Holiness and devotion	St. George	O God Almighty	<i>Last Judgment (detail of saints in Heaven)</i> by F. Kavertzas (ca. 1640), <i>A Family Going to Mass</i> by Eduard Hildebrandt (1846–1849)



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Unit 7: The Citizen and the Government							
Lesson 40: The Citizen and Government	CCC 672, 1700, 1706, 1738, 1890, 1892, 1895, 1905–1909, 1920–1927, 2242, 2253–2257, 2309, 2321–2325	Citizenship, Government, Natural Law, Right, Sacramental	2 Chronicles 20:6, Romans 13:1	Authority of God		God our Father	<i>Christ Mocked and Crowned with Thorns</i> by Jan Miense Molenaer (1639), <i>Justice</i> by Charles Meynier (1814), <i>Moses with the Tablets of the Law</i> by Moritz Daniel Oppenheim (1817), <i>Sketch to the Painting "Conversation"</i> by Józef Mehoffer (1895), <i>Mary, Untier of Knots</i> by Johann Georg Schmidtner (ca. 1700)
Lesson 41: Just War	CCC 672, 1909, 2309, 2327–2329	Just War Doctrine	Isaiah 9:6, Matthew 5:9	Blessed are the Peacemakers		God our Father	<i>General George Washington Resigning His Commission</i> by John Trumbull (1817)
Unit 8: God's Plan for Love and Marriage							
Lesson 42: Male and Female: The Imago Dei	CCC 42, 341, 359, 200–202, 218–221, 234, 237, 253–260, 298, 355–373, 990–991, 1004, 1605, 2331–2335, 2393	Anthropology, Sex, Wonder, Mystery	Genesis 1:26–27, 1 Corinthians 6:20	Created in God's Image and Likeness		Glory Be	<i>The Starry Night</i> by Vincent Van Gogh (1889), <i>Studies for the Libyan Sibyl</i> by Michelangelo Buonarroti (1511), <i>Cape Cod Morning</i> by Edward Hopper (1950)
Lesson 43: Theology of the Body	CCC 234, 237, 355–373, 1605, 1610, 1614, 1644, 2331–2336, 2364, 2382	Theology Of The Body, Shame	Matthew 19:8, Genesis 2:23–25	Creation of Man and Woman	Adam and Eve, St. John Paul II	Glory Be	<i>The Kiss</i> by Gustav Klimt (1907–1908)
Lesson 44: Expressions of Love	CCC 238–267, 364, 369–373, 1762–1775, 2331–2345, 2360–2361	Passions, Reason	1 Peter 2:24, Matthew 5:8	Blessed are the Pure of Heart		Come, Holy Spirit	<i>Grey Passion: Christ Carrying the Cross</i> by Hans Holbein the Elder (between 1494 and 1500), <i>Christ Cleansing the Temple</i> by Bernardino Mei (ca. 1655)
Lesson 45: The Sacrament of Marriage	CCC 1601–1617, 1640, 1643–1655, 1660	Holy Matrimony, Goods Of Marriage	John 2:10, Revelation 19:7–9	Wedding Feast of the Lamb		Prayer for Married Couples	<i>Mosaic of the Wedding at Cana at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C.</i> , <i>The Heavenly and Earthly Trinities</i> by Bartolomé Esteban Murillo (1681), <i>The Marriage of Tobias and Sarah: The Signing of the Contract of Marriage</i> by Jan Steen (ca. 1667), <i>The Marriage of the Virgin</i> by Raphael (1504), <i>Tondo Doni</i> by Michelangelo (1506)



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Lesson 46: Reasons to Believe: Friendship and Romantic Feelings	CCC 609, 1878–1879, 2347, 2351	Friendship Of Utility, Friendship Of Pleasure, Friendship Of Virtue	Matthew 5:27–28, John 15:11–13	Sacrificial Love		Most High	<i>The Exhortation to the Apostles</i> by James Tissot (between 1886 and 1894)
Lesson 47: Resisting Temptation and Relying on God and His Grace	CCC 369, 384, 1784, 1802–1829, 2013, 2207, 2221–2224, 2331– 2345, 2558–2561, 2848–2849, 2863	Self-Denial	Matthew 5:8, 1 Thessalonians 4:3–7	Call to Holiness		Our Father	<i>Temptation of Christ in the Wilderness</i> by Juan de Flandes (ca. 1500)